

09/17/17



JOSHUA BLACK

1
00:00:09,180 --> 00:00:21,750

[Music]

2
00:00:29,130 --> 00:00:25,000

you're in the para cast the gold

3
00:00:32,160 --> 00:00:29,140

standard of paranormal radio now here's

4
00:00:35,080 --> 00:00:32,170

gene Stein

5
00:00:39,040 --> 00:00:35,090

thanks to care.com for supporting the

6
00:00:41,470 --> 00:00:39,050

para cast you can save 30% off care.com

7
00:00:46,420 --> 00:00:41,480

premium membership when you subscribe by

8
00:00:48,579 --> 00:00:46,430

going to care comm slash para cast mr.

9
00:00:51,459 --> 00:00:48,589

Chris O'Brien is on special assignment

10
00:00:54,760 --> 00:00:51,469

this week we called in Jay Randall

11
00:00:55,420 --> 00:00:54,770

Murphy known as usual suspect in our

12
00:00:57,869 --> 00:00:55,430

forums

13
00:01:01,240 --> 00:00:57,879

Randall welcome back but before we go on

14

00:01:03,580 --> 00:01:01,250

for those who wonder the change used to

15

00:01:05,859 --> 00:01:03,590

call yourself ufology in the forums and

16

00:01:09,430 --> 00:01:05,869

then you said one day can I be usual

17

00:01:11,529 --> 00:01:09,440

suspect why is that well what was

18

00:01:13,600 --> 00:01:11,539

happening was that there was a number of

19

00:01:16,210 --> 00:01:13,610

subjects besides ufology that I would be

20

00:01:19,389 --> 00:01:16,220

commenting on and I often found myself

21

00:01:23,530 --> 00:01:19,399

in hot water with people getting into

22

00:01:25,780 --> 00:01:23,540

debates pro and con and you know at some

23

00:01:27,700 --> 00:01:25,790

point I thought you know just to just to

24

00:01:30,490 --> 00:01:27,710

round things out I should change my

25

00:01:31,749 --> 00:01:30,500

profile so that it would apply to more

26
00:01:34,270 --> 00:01:31,759
of the discussions I was getting myself

27
00:01:36,929 --> 00:01:34,280
involved in and kind of have sort of a

28
00:01:40,359 --> 00:01:36,939
tongue-in-cheek feel to it as well so

29
00:01:44,440 --> 00:01:40,369
I'm kind of the usual suspect too as the

30
00:01:48,580 --> 00:01:44,450
mo of being sometimes a bit of a stir up

31
00:01:51,100 --> 00:01:48,590
of controversy well we'll certainly stir

32
00:01:53,080 --> 00:01:51,110
up some now last week we had Daniel

33
00:01:56,499 --> 00:01:53,090
lists better known as the dark

34
00:01:58,590 --> 00:01:56,509
journalists on the power cast and he got

35
00:02:00,940 --> 00:01:58,600
into Vike for about a segment so

36
00:02:02,980 --> 00:02:00,950
political talk and then those of you who

37
00:02:05,289 --> 00:02:02,990
heard after the power cast which is part

38
00:02:07,899 --> 00:02:05,299

powerful gas plus we had more of it

39

00:02:09,759 --> 00:02:07,909

there I shut down most of it as many of

40

00:02:12,850 --> 00:02:09,769

our listeners know because I don't want

41

00:02:15,100 --> 00:02:12,860

partisan political discussions except

42

00:02:17,860 --> 00:02:15,110

insofar as it covers our paranormal

43

00:02:19,630 --> 00:02:17,870

universe and I think our listeners kind

44

00:02:21,220 --> 00:02:19,640

of prefer that if they want a political

45

00:02:23,229 --> 00:02:21,230

discussion there are plenty of talk

46

00:02:26,080 --> 00:02:23,239

shows that do that you know we'll talk

47

00:02:27,979 --> 00:02:26,090

about well what presidents might know

48

00:02:30,440 --> 00:02:27,989

with regard to UFOs

49

00:02:33,199 --> 00:02:30,450

we once had a discussion about a book

50

00:02:36,069 --> 00:02:33,209

called the president's vampire alright

51
00:02:40,490 --> 00:02:36,079
and then I think there was a movie about

52
00:02:42,920 --> 00:02:40,500
Lincoln being a vampire killer handle

53
00:02:45,080 --> 00:02:42,930
yeah that was pretty entertaining kind

54
00:02:47,899 --> 00:02:45,090
of a dumb movie though right yeah

55
00:02:49,970 --> 00:02:47,909
sometimes you just want to let go of all

56
00:02:51,740 --> 00:02:49,980
of your critical thinking and just be

57
00:02:53,750 --> 00:02:51,750
entertained let it go in one ear and out

58
00:02:55,459 --> 00:02:53,760
the other chew on some popcorn

59
00:02:57,140 --> 00:02:55,469
there's nothing wrong with that I

60
00:02:59,330 --> 00:02:57,150
thought the last row was absolutely

61
00:03:01,970 --> 00:02:59,340
fabulous was list on and you know you

62
00:03:03,909 --> 00:03:01,980
brought it back to the paranormal and

63
00:03:07,039 --> 00:03:03,919

ufology by when you were mentioning

64

00:03:09,199 --> 00:03:07,049

Hilary's interest in UFOs and her

65

00:03:10,970 --> 00:03:09,209

connection with Podesta which you know

66

00:03:13,069 --> 00:03:10,980

that really tied it back and brought it

67

00:03:15,319 --> 00:03:13,079

back into the show and and that was

68

00:03:17,030 --> 00:03:15,329

really good but she did know when she

69

00:03:22,339 --> 00:03:17,040

appeared on one of the late-night TV

70

00:03:24,170 --> 00:03:22,349

shows to refer to UFOs as you APs so she

71

00:03:24,890 --> 00:03:24,180

obviously had kept up with the

72

00:03:27,800 --> 00:03:24,900

scuttlebutt

73

00:03:29,330 --> 00:03:27,810

maybe privately she does read a lot

74

00:03:31,610 --> 00:03:29,340

about the subject but she would not

75

00:03:33,409 --> 00:03:31,620

admit that on the other hand we have no

76
00:03:35,390 --> 00:03:33,419
idea what Donald Trump might think about

77
00:03:38,420 --> 00:03:35,400
it because nobody has thought to ask him

78
00:03:41,270 --> 00:03:38,430
hey Hillary Clinton wanted to look into

79
00:03:43,399 --> 00:03:41,280
UFOs what do you think that would be a

80
00:03:45,500 --> 00:03:43,409
question that would be worth asking for

81
00:03:47,210 --> 00:03:45,510
anyone all right so any journalists out

82
00:03:49,640 --> 00:03:47,220
there who are this thing to the power

83
00:03:51,319 --> 00:03:49,650
cast and understand our interests the

84
00:03:54,949 --> 00:03:51,329
fact that we've talked about presidents

85
00:03:55,640 --> 00:03:54,959
and UFOs in the past as Trump let's see

86
00:04:00,219 --> 00:03:55,650
what he says

87
00:04:03,619 --> 00:04:00,229
what do you think he would say oh gee I

88
00:04:06,140 --> 00:04:03,629

don't know I think he tried to walk away

89

00:04:10,309 --> 00:04:06,150

from it or he'd say something kind of

90

00:04:13,330 --> 00:04:10,319

wacky or because he's unpredictable he

91

00:04:18,259 --> 00:04:13,340

might say something absolutely totally

92

00:04:20,479 --> 00:04:18,269

positive on the subject yeah yeah that's

93

00:04:22,249 --> 00:04:20,489

true he is very unpredictable so I mean

94

00:04:24,980 --> 00:04:22,259

he could say oh that's a complete waste

95

00:04:27,290 --> 00:04:24,990

of my time or he could say something oh

96

00:04:28,850 --> 00:04:27,300

that's what that crazy Hillary was into

97

00:04:31,010 --> 00:04:28,860

and you know what I think of her or he

98

00:04:31,580 --> 00:04:31,020

could he could say well we should look

99

00:04:33,920 --> 00:04:31,590

into that

100

00:04:35,719 --> 00:04:33,930

his aides and his press people will be

101
00:04:38,180 --> 00:04:35,729
trying to say well he didn't mean it

102
00:04:41,360 --> 00:04:38,190
that way he was just trying to be

103
00:04:43,790 --> 00:04:41,370
friendly of course he would refer to

104
00:04:45,620 --> 00:04:43,800
raising Hillary as crooked Hillary you

105
00:04:47,840 --> 00:04:45,630
know we decided here because you've had

106
00:04:49,879 --> 00:04:47,850
so many discussions about UFOs and MUFON

107
00:04:52,780 --> 00:04:49,889
everything to go into a totally

108
00:04:56,629 --> 00:04:52,790
different direction so I got a letter

109
00:05:00,620 --> 00:04:56,639
maybe a week ago from Joshua Black who's

110
00:05:05,150 --> 00:05:00,630
a PhD candidate from Canada and you're

111
00:05:08,620 --> 00:05:05,160
into Joshua grief dreams is that where

112
00:05:12,320 --> 00:05:08,630
you dream of your long-lost loved one

113
00:05:17,300 --> 00:05:12,330

yes that's part of the the definition

114

00:05:18,950 --> 00:05:17,310

that I'm investigating explain it more

115

00:05:21,409 --> 00:05:18,960

though is there anything about this

116

00:05:24,159 --> 00:05:21,419

where there's a perception that they

117

00:05:28,040 --> 00:05:24,169

might be in communication with their

118

00:05:30,080 --> 00:05:28,050

loved one who was passed on oh yeah like

119

00:05:32,600 --> 00:05:30,090

that that's something that I hear all

120

00:05:34,939 --> 00:05:32,610

the time but if we I guess go back to

121

00:05:36,920 --> 00:05:34,949

what Creve dreams is and how people

122

00:05:38,870 --> 00:05:36,930

label it there's many names

123

00:05:41,090 --> 00:05:38,880

it goes by and you go by bereavement

124

00:05:43,370 --> 00:05:41,100

draining with dreams after loss dreams

125

00:05:45,500 --> 00:05:43,380

of deceased visitation dreams which is

126

00:05:48,050 --> 00:05:45,510

what you're talking about but all these

127

00:05:50,839 --> 00:05:48,060

all these themes are what people are

128

00:05:52,820 --> 00:05:50,849

talking about is your have a dream after

129

00:05:55,100 --> 00:05:52,830

the loss and so there's three types of

130

00:05:57,170 --> 00:05:55,110

dreams that people can have and I'll

131

00:05:59,960 --> 00:05:57,180

share them so the first one is when the

132

00:06:01,640 --> 00:05:59,970

deceased isn't mentioned or even present

133

00:06:04,279 --> 00:06:01,650

so these are the dreams that more

134

00:06:06,589 --> 00:06:04,289

reflect your grief so here maybe like a

135

00:06:09,020 --> 00:06:06,599

mountain falls on you it could reflect

136

00:06:11,960 --> 00:06:09,030

the heaviness of your grief or maybe

137

00:06:13,850 --> 00:06:11,970

you're searching for something which

138

00:06:16,129 --> 00:06:13,860

reflect you you know like you lost

139

00:06:18,080 --> 00:06:16,139

something in waking life and there's the

140

00:06:21,830 --> 00:06:18,090

other one where the second theme is that

141

00:06:26,150 --> 00:06:21,840

these dreams that have people talking

142

00:06:27,680 --> 00:06:26,160

about the deceased or there's monuments

143

00:06:29,510 --> 00:06:27,690

or something that resembled a deceased

144

00:06:32,510 --> 00:06:29,520

maybe like where they maybe passed away

145

00:06:34,400 --> 00:06:32,520

like a hospital so this is like the

146

00:06:36,469 --> 00:06:34,410

second type and sometimes in this one

147

00:06:38,960 --> 00:06:36,479

you'll have sometimes God or angels talk

148

00:06:40,969 --> 00:06:38,970

about the deceased loved one saying

149

00:06:43,100 --> 00:06:40,979

they're okay and then the last one this

150

00:06:45,770 --> 00:06:43,110

is what most people want to talk about

151
00:06:47,540 --> 00:06:45,780
and share and know more information on

152
00:06:49,490 --> 00:06:47,550
is when deceased is actually present in

153
00:06:51,549 --> 00:06:49,500
the dream and so it can be in human form

154
00:06:53,409 --> 00:06:51,559
or it could be

155
00:06:56,079 --> 00:06:53,419
in non-human form so I've seen one where

156
00:06:58,509 --> 00:06:56,089
it's a cloud and the cloud talks to the

157
00:06:59,219 --> 00:06:58,519
individual and they know it's they know

158
00:07:02,739 --> 00:06:59,229
it's them

159
00:07:05,889 --> 00:07:02,749
now I've had dreams where say my late

160
00:07:08,049 --> 00:07:05,899
brother and our listeners know my late

161
00:07:10,539 --> 00:07:08,059
brother was Wallace Herbert Steinberg

162
00:07:11,679 --> 00:07:10,549
you can look him up on Google because he

163
00:07:14,919 --> 00:07:11,689

was well-known in the health care

164

00:07:19,229 --> 00:07:14,929

industry I have a dream where he's just

165

00:07:23,919 --> 00:07:19,239

part of it we're basically having a

166

00:07:28,589 --> 00:07:23,929

normal dream and suddenly you know I'm

167

00:07:32,529 --> 00:07:28,599

talking to him as if he is just part of

168

00:07:35,319 --> 00:07:32,539

the routine he's alive he's part of our

169

00:07:39,249 --> 00:07:35,329

normal life is that considered a grief

170

00:07:41,649 --> 00:07:39,259

dream yeah if it's he's deceased so that

171

00:07:44,739 --> 00:07:41,659

would be a grief dream how much of it

172

00:07:46,329 --> 00:07:44,749

represents your waking grief is you know

173

00:07:48,219 --> 00:07:46,339

it's hard to determine it's just based

174

00:07:49,929 --> 00:07:48,229

on your understanding of that and since

175

00:07:51,669 --> 00:07:49,939

it's more of he's just a character in

176
00:07:53,639 --> 00:07:51,679
the background it probably doesn't have

177
00:07:55,779 --> 00:07:53,649
much to do with your your grief

178
00:07:58,449 --> 00:07:55,789
most of these dreams that people have

179
00:08:01,109 --> 00:07:58,459
after loss and so some of my research is

180
00:08:03,519 --> 00:08:01,119
finding it's usually one-on-one that

181
00:08:05,469 --> 00:08:03,529
that they have these images with people

182
00:08:06,429 --> 00:08:05,479
that have passed on and I think that's

183
00:08:09,100 --> 00:08:06,439
very interesting

184
00:08:12,159 --> 00:08:09,110
so in the one study I did do looking at

185
00:08:14,409 --> 00:08:12,169
a grief Journal of someone's what

186
00:08:18,039 --> 00:08:14,419
happened was as time progressed forward

187
00:08:19,869 --> 00:08:18,049
more dream characters start to appear

188
00:08:21,399 --> 00:08:19,879

and more deceased relatives are to

189

00:08:23,949 --> 00:08:21,409

appear but in the beginning of the loss

190

00:08:27,009 --> 00:08:23,959

it's usually one-on-one and so if you're

191

00:08:28,419 --> 00:08:27,019

if it's just like the characters in the

192

00:08:30,759 --> 00:08:28,429

dream there's a lot of other stuff going

193

00:08:32,649 --> 00:08:30,769

on it probably doesn't reflect much of

194

00:08:33,999 --> 00:08:32,659

your grief but it's probably a lot of

195

00:08:37,269 --> 00:08:34,009

people say it's nice to see them again

196

00:08:40,899 --> 00:08:37,279

in this case it's weird because my

197

00:08:42,969 --> 00:08:40,909

brother died 22 years ago I don't think

198

00:08:45,160 --> 00:08:42,979

of him that much not being rude or

199

00:08:46,990 --> 00:08:45,170

anything it's just that you accept the

200

00:08:50,669 --> 00:08:47,000

fact that he's gone and so we have these

201
00:08:53,829 --> 00:08:50,679
dreams my father died in 1988 and

202
00:08:56,739 --> 00:08:53,839
occasionally he's part of the dream so

203
00:08:59,769 --> 00:08:56,749
is that part of the same thing yeah I'd

204
00:09:01,240 --> 00:08:59,779
say like it's it's interesting to just

205
00:09:02,319 --> 00:09:01,250
talk about the top like the subject

206
00:09:04,650 --> 00:09:02,329
because there's not a lot of information

207
00:09:06,329 --> 00:09:04,660
out there which is you know

208
00:09:09,059 --> 00:09:06,339
very surprising and when I started this

209
00:09:10,650 --> 00:09:09,069
journey I was basically left to my own

210
00:09:12,210 --> 00:09:10,660
devices because there's really nothing

211
00:09:13,170 --> 00:09:12,220
out there and so everything that we're

212
00:09:14,819 --> 00:09:13,180
talking about it's something that

213
00:09:18,059 --> 00:09:14,829

probably should been analyzed and looked

214

00:09:21,629 --> 00:09:18,069

at you know 40 years ago but they just

215

00:09:23,249 --> 00:09:21,639

really haven't so but what I've heard so

216

00:09:24,990 --> 00:09:23,259

a lot of this a lot of my understanding

217

00:09:28,199 --> 00:09:25,000

is from stories people tell and my own

218

00:09:30,240 --> 00:09:28,209

experiences and I think there's people

219

00:09:33,869 --> 00:09:30,250

say there's a really a big difference in

220

00:09:36,240 --> 00:09:33,879

the dream quality as like what they call

221

00:09:37,710 --> 00:09:36,250

it a visitation or not but what you're

222

00:09:41,189 --> 00:09:37,720

talking about they're part of a dream

223

00:09:44,550 --> 00:09:41,199

we have Joshua black talking about grief

224

00:09:51,360 --> 00:09:44,560

dreams and their significance with gene

225

00:09:51,370 --> 00:09:57,070

[Music]

226

00:10:03,590 --> 00:10:00,320

we also have swag you know we have all

227

00:10:04,430 --> 00:10:03,600

these exclusive para cast things that

228

00:10:06,380 --> 00:10:04,440

you can buy

229

00:10:09,200 --> 00:10:06,390

we've got like I guess 60 or so

230

00:10:12,800 --> 00:10:09,210

different items and entails t-shirts

231

00:10:16,100 --> 00:10:12,810

sleeves for notebook computers iPad

232

00:10:18,440 --> 00:10:16,110

cases mouse pads the para cast jumbo

233

00:10:20,270 --> 00:10:18,450

tote bag all sorts of t-shirts and

234

00:10:23,510 --> 00:10:20,280

jackets and stuff like that for men and

235

00:10:26,060 --> 00:10:23,520

women we have a para cast aluminum water

236

00:10:29,900 --> 00:10:26,070

bottle all the stuff you go to store dot

237

00:10:32,840 --> 00:10:29,910

^ cast comm store dot the power cast com

238

00:10:35,090 --> 00:10:32,850

what makes special is that the items are

239

00:10:37,670 --> 00:10:35,100

the best quality of great t-shirts

240

00:10:38,930 --> 00:10:37,680

fabrics and they have our official logo

241

00:10:41,690 --> 00:10:38,940

on them that's what makes them special

242

00:10:44,330 --> 00:10:41,700

in multiple sizes and colors we even

243

00:10:46,610 --> 00:10:44,340

have stuff for children stuff for

244

00:10:49,460 --> 00:10:46,620

women's stuff for men we have all sorts

245

00:10:51,620 --> 00:10:49,470

of sizes like small up 2x large a lot of

246

00:10:54,770 --> 00:10:51,630

good stuff that's the swag from the para

247

00:10:57,710 --> 00:10:54,780

cast to go to steward da ^ cast comm

248

00:11:00,110 --> 00:10:57,720

stop by and take a shopping tour it's

249

00:11:02,630 --> 00:11:00,120

been said any society is only three

250

00:11:05,150 --> 00:11:02,640

missed meals away from chaos those times

251
00:11:06,830 --> 00:11:05,160
may be near think about it our country

252
00:11:08,840 --> 00:11:06,840
faces multiple terrorist threats and

253
00:11:11,090 --> 00:11:08,850
aggressions from Russia and North Korea

254
00:11:12,920 --> 00:11:11,100
social unrest and violent marches yet

255
00:11:14,870 --> 00:11:12,930
again may lead to looting of stores and

256
00:11:16,460 --> 00:11:14,880
city shutdowns and a crumbling

257
00:11:18,440 --> 00:11:16,470
infrastructure leaves our power grid

258
00:11:20,840 --> 00:11:18,450
vulnerable to long term outages from a

259
00:11:22,550 --> 00:11:20,850
single cyberattack when the chaos from

260
00:11:24,620 --> 00:11:22,560
any one of these threats arises the

261
00:11:26,840 --> 00:11:24,630
government knows it can't provide during

262
00:11:28,270 --> 00:11:26,850
a widespread national emergency that's

263
00:11:31,010 --> 00:11:28,280

why you need your own plan for

264

00:11:33,710 --> 00:11:31,020

self-reliance that's where my Patriot

265

00:11:35,720 --> 00:11:33,720

supply comes in get a four week survival

266

00:11:37,700 --> 00:11:35,730

food supply for only ninety nine dollars

267

00:11:40,760 --> 00:11:37,710

that includes breakfast lunches and

268

00:11:41,630 --> 00:11:40,770

dinners order online at prepare with GCN

269

00:11:43,370 --> 00:11:41,640

dot-com

270

00:11:45,560 --> 00:11:43,380

ninety nine bucks for four weeks of

271

00:11:48,380 --> 00:11:45,570

survival food that tastes like homemade

272

00:11:50,990 --> 00:11:48,390

cooking and lasts up to 25 years from my

273

00:11:53,810 --> 00:11:51,000

Patriot supply get your kits today at

274

00:11:59,019 --> 00:11:53,820

prepare with GC and comm free shipping

275

00:12:03,620 --> 00:12:01,999

North Korea openly threatens the US and

276

00:12:05,930 --> 00:12:03,630

launches a new missile every other week

277

00:12:06,410 --> 00:12:05,940

their warhead of choice electromagnetic

278

00:12:07,879 --> 00:12:06,420

pulse

279

00:12:09,590 --> 00:12:07,889

such an event would the u.s.

280

00:12:10,340 --> 00:12:09,600

power grid for years and leave millions

281

00:12:12,379 --> 00:12:10,350

in the dark

282

00:12:14,809 --> 00:12:12,389

are you ready you can be with a so large

283

00:12:16,579 --> 00:12:14,819

EMP hardened solar generator so lark

284

00:12:18,350 --> 00:12:16,589

works day in and day out to keep your

285

00:12:20,360 --> 00:12:18,360

essentials protected you can have peace

286

00:12:22,100 --> 00:12:20,370

of mind knowing your power will be there

287

00:12:24,980 --> 00:12:22,110

when you most need it visit portable

288

00:12:27,769 --> 00:12:24,990

solar llc.com to see EMP testing that's

289

00:12:28,759 --> 00:12:27,779

portable solar LLC calm energy insurance

290

00:12:30,829 --> 00:12:28,769

for your family

291

00:12:32,660 --> 00:12:30,839

are you happy washing your hands with

292

00:12:34,759 --> 00:12:32,670

harsh chemicals are you happy doing

293

00:12:36,889 --> 00:12:34,769

laundry with detergents are you happy

294

00:12:39,439 --> 00:12:36,899

paying high prices find your happiness

295

00:12:41,540 --> 00:12:39,449

with pure soap these all-natural earth

296

00:12:45,139 --> 00:12:41,550

friendly pure soaps are the very best

297

00:12:47,420 --> 00:12:45,149

you've ever used buy in bulk get a 12 36

298

00:12:49,670 --> 00:12:47,430

or 48 month's supply or get items

299

00:12:51,470 --> 00:12:49,680

individually and still save big you're

300

00:12:53,689 --> 00:12:51,480

getting soap products twice as good as

301
00:12:56,269 --> 00:12:53,699
what you're using now earth friendly and

302
00:12:56,660 --> 00:12:56,279
natural soaps your family deserves the

303
00:12:59,870 --> 00:12:56,670
best

304
00:13:01,819 --> 00:12:59,880
happiness is five-star soap.com why not

305
00:13:04,579 --> 00:13:01,829
put your money up the drain for a change

306
00:13:06,980 --> 00:13:04,589
see them at five star soap calm we're

307
00:13:09,350 --> 00:13:06,990
call 1-800 three four zero seven zero

308
00:13:11,000 --> 00:13:09,360
nine one four a catalog cow bends soap

309
00:13:13,100 --> 00:13:11,010
company can save you thousands of

310
00:13:15,620 --> 00:13:13,110
dollars and give you good old-fashioned

311
00:13:17,660 --> 00:13:15,630
real soaps that are triple concentrated

312
00:13:19,879 --> 00:13:17,670
soaps made from vegetable and coconut

313
00:13:22,970 --> 00:13:19,889

oils see their full selection of soaps

314

00:13:25,579 --> 00:13:22,980

at five star soap calm that's f I V e

315

00:13:27,860 --> 00:13:25,589

star soap calm or call one eight hundred

316

00:13:30,139 --> 00:13:27,870

three four zero seven zero nine one four

317

00:13:32,600 --> 00:13:30,149

eight catalog water is the single most

318

00:13:34,550 --> 00:13:32,610

important thing your body needs so you

319

00:13:37,129 --> 00:13:34,560

want to be sure it's the best for you

320

00:13:38,840 --> 00:13:37,139

and your family since 2005

321

00:13:41,210 --> 00:13:38,850

thousands have depended on Berkey

322

00:13:43,579 --> 00:13:41,220

purified water the Berkey guy provides

323

00:13:45,740 --> 00:13:43,589

the lowest priced filtration systems and

324

00:13:49,040 --> 00:13:45,750

every size for incredibly delicious

325

00:13:51,620 --> 00:13:49,050

water now and in an emergency get to go

326

00:13:53,360 --> 00:13:51,630

Bertie calm or call eight seven seven

327

00:13:55,699 --> 00:13:53,370

eight eight six three six five three

328

00:14:00,570 --> 00:13:55,709

eight seven seven eight eight six three

329

00:14:05,519 --> 00:14:03,509

we'd like to hear from you if you have a

330

00:14:09,480 --> 00:14:05,529

comment or question about the para cast

331

00:14:12,990 --> 00:14:09,490

sent it to news at the para cast com

332

00:14:14,910 --> 00:14:13,000

that's news at the para cast calm and

333

00:14:18,120 --> 00:14:14,920

don't forget to visit our famous para

334

00:14:22,530 --> 00:14:18,130

cast community forums at forum dot the

335

00:14:24,269 --> 00:14:22,540

para cast calm a reminder we have a

336

00:14:26,610 --> 00:14:24,279

second radio show called after the power

337

00:14:29,519 --> 00:14:26,620

cast and you can only hear it if you

338

00:14:31,740 --> 00:14:29,529

join the power on cast Plus and in

339

00:14:34,440 --> 00:14:31,750

recent weeks we've been continuing shows

340

00:14:36,990 --> 00:14:34,450

on after the power cast so last week the

341

00:14:39,810 --> 00:14:37,000

dark journalist Daniel list was featured

342

00:14:42,840 --> 00:14:39,820

we had further uninhibited discussions

343

00:14:44,579 --> 00:14:42,850

on after the power cast you also get the

344

00:14:46,949 --> 00:14:44,589

commercial free version of this show and

345

00:14:49,889 --> 00:14:46,959

more and it's available for a low

346

00:14:54,030 --> 00:14:49,899

subscription price our price a dollar

347

00:14:56,370 --> 00:14:54,040

forty nine a week \$4.99 a month and it

348

00:14:59,040 --> 00:14:56,380

goes from there for more information go

349

00:15:03,720 --> 00:14:59,050

to plus dot the para cast com that's PL

350

00:15:06,840 --> 00:15:03,730

us dot the para cast calm we're talking

351

00:15:11,460 --> 00:15:06,850

about grief dreams here were you dream

352

00:15:13,590 --> 00:15:11,470

about a loved one family member who's no

353

00:15:16,530 --> 00:15:13,600

longer here with Joshua black who was a

354

00:15:18,780 --> 00:15:16,540

PhD candidate Joshua before we get

355

00:15:22,110 --> 00:15:18,790

further into the discussion of all the

356

00:15:25,680 --> 00:15:22,120

things one could be in looking for a PhD

357

00:15:27,690 --> 00:15:25,690

why this subject good question it wasn't

358

00:15:29,010 --> 00:15:27,700

on my to-do list when I was growing up I

359

00:15:31,440 --> 00:15:29,020

wasn't in school saying you know what I

360

00:15:34,260 --> 00:15:31,450

want to be well I want to be a

361

00:15:37,500 --> 00:15:34,270

researcher on these great dreams no what

362

00:15:38,940 --> 00:15:37,510

happened was I was in undergrad and I

363

00:15:41,130 --> 00:15:38,950

actually wanted to be a elementary

364

00:15:42,750 --> 00:15:41,140

school teacher so that was my path and

365

00:15:46,380 --> 00:15:42,760

then my father passed away

366

00:15:49,620 --> 00:15:46,390

and my second last year and that changed

367

00:15:51,120 --> 00:15:49,630

changed a lot for me for basically my

368

00:15:53,100 --> 00:15:51,130

understanding of grief since he was the

369

00:15:55,620 --> 00:15:53,110

first one that I really cared for the

370

00:15:58,620 --> 00:15:55,630

passed away and the power of these

371

00:16:00,060 --> 00:15:58,630

dreams can have after loss and so what

372

00:16:01,949 --> 00:16:00,070

happened was you know he passed away

373

00:16:04,380 --> 00:16:01,959

very suddenly I was actually waiting for

374

00:16:06,840 --> 00:16:04,390

him and he never showed up for to take

375

00:16:09,449 --> 00:16:06,850

me to a hockey game and so I get a call

376

00:16:12,210 --> 00:16:09,459

about three days later saying he was

377

00:16:14,460 --> 00:16:12,220

found dead is in his place I was

378

00:16:16,770 --> 00:16:14,470

heartbroken to say the least and

379

00:16:19,140 --> 00:16:16,780

you know just the emotion that just came

380

00:16:21,180 --> 00:16:19,150

out of that I just really have had a

381

00:16:22,350 --> 00:16:21,190

hard time processing it and so I

382

00:16:23,820 --> 00:16:22,360

wouldn't write I was in school so you

383

00:16:25,740 --> 00:16:23,830

just go back to school you try to go

384

00:16:28,260 --> 00:16:25,750

back to your routine and I still wasn't

385

00:16:30,270 --> 00:16:28,270

feeling myself you know you put on a

386

00:16:32,910 --> 00:16:30,280

happy face you do your thing

387

00:16:35,670 --> 00:16:32,920

but then as I moved forward about three

388

00:16:37,500 --> 00:16:35,680

months later I had a dream and he was a

389

00:16:39,810 --> 00:16:37,510

part of it and I'll talk to share the

390

00:16:41,760 --> 00:16:39,820

dream so I was sitting in my in my room

391

00:16:44,460 --> 00:16:41,770

so I'm dreaming so I'm sit in my room

392

00:16:47,160 --> 00:16:44,470

and everything my room's the same detail

393

00:16:49,080 --> 00:16:47,170

as it was in waking life and at that

394

00:16:51,480 --> 00:16:49,090

time my room was pretty cluttered so

395

00:16:54,090 --> 00:16:51,490

it's amazing for all the images to be

396

00:16:56,010 --> 00:16:54,100

accurate I saw my dad at the at the end

397

00:16:58,050 --> 00:16:56,020

of my room and he was looking through

398

00:17:01,260 --> 00:16:58,060

some of my clutter and then he turned

399

00:17:03,270 --> 00:17:01,270

around smiling and I I walked up to him

400

00:17:05,520 --> 00:17:03,280

and I said I'm going to miss you

401
00:17:07,730 --> 00:17:05,530
acknowledging the loss I said I loved

402
00:17:09,840 --> 00:17:07,740
them and I hugged him and I woke up and

403
00:17:12,660 --> 00:17:09,850
fascinating thing was when I woke up I

404
00:17:14,700 --> 00:17:12,670
felt different than prior and so

405
00:17:17,280 --> 00:17:14,710
something changed in that moment and

406
00:17:18,900 --> 00:17:17,290
looking back I sort of think that I had

407
00:17:22,380 --> 00:17:18,910
a block because I never got a chance to

408
00:17:24,780 --> 00:17:22,390
say goodbye and that gave me that

409
00:17:27,180 --> 00:17:24,790
experience and from then on I always

410
00:17:29,820 --> 00:17:27,190
valued these dreams and I had a series

411
00:17:31,590 --> 00:17:29,830
of dreams on how they changed and how

412
00:17:33,630 --> 00:17:31,600
they stopped focusing on my grief per se

413
00:17:35,040 --> 00:17:33,640

but other things in my life so I was

414

00:17:37,680 --> 00:17:35,050

done school I didn't really know what to

415

00:17:39,660 --> 00:17:37,690

do you know with my education so you try

416

00:17:40,680 --> 00:17:39,670

to work you do things and so I

417

00:17:42,360 --> 00:17:40,690

volunteered with the brief because I

418

00:17:43,950 --> 00:17:42,370

liked helping people and they start

419

00:17:45,750 --> 00:17:43,960

talking with these dreams it brought

420

00:17:46,890 --> 00:17:45,760

back all the dreams I had and so the

421

00:17:48,270 --> 00:17:46,900

interesting thing is when I had these

422

00:17:50,130 --> 00:17:48,280

dreams and I've really told anyone I

423

00:17:51,210 --> 00:17:50,140

just sort of kept in private and so when

424

00:17:53,700 --> 00:17:51,220

these people started talking about the

425

00:17:54,840 --> 00:17:53,710

subject I was very curious about it so I

426

00:17:58,230 --> 00:17:54,850

went to the literature and there wasn't

427

00:18:00,420 --> 00:17:58,240

anything there to help them so I had a

428

00:18:02,490 --> 00:18:00,430

choice either I just sit back and say

429

00:18:04,440 --> 00:18:02,500

hopefully they do the research or you

430

00:18:07,370 --> 00:18:04,450

know do the legwork yourself and do the

431

00:18:10,080 --> 00:18:07,380

research and so the way life works is

432

00:18:12,780 --> 00:18:10,090

where I was living in the university

433

00:18:14,490 --> 00:18:12,790

Trent University there was a woman who

434

00:18:16,050 --> 00:18:14,500

actually did research on dreams so I

435

00:18:18,090 --> 00:18:16,060

spoke with her and she was excited about

436

00:18:20,700 --> 00:18:18,100

the topic and that's how it all sort of

437

00:18:22,740 --> 00:18:20,710

came about and then when I was in my ma

438

00:18:24,960 --> 00:18:22,750

that's when I really understood this

439

00:18:26,700 --> 00:18:24,970

topic what the needs were of the

440

00:18:28,019 --> 00:18:26,710

bereaved and what the challenges that

441

00:18:29,759 --> 00:18:28,029

they're facing

442

00:18:31,979 --> 00:18:29,769

is really interesting I kind of like to

443

00:18:34,409 --> 00:18:31,989

sort of tie this in with the theme of

444

00:18:35,940 --> 00:18:34,419

the para cast as well if I could ask you

445

00:18:38,700 --> 00:18:35,950

a question do you think to these sorts

446

00:18:40,830 --> 00:18:38,710

of subjective experiences with realistic

447

00:18:42,509 --> 00:18:40,840

imagery can be misinterpreted so that

448

00:18:44,279 --> 00:18:42,519

the characters are interpreted as

449

00:18:46,649 --> 00:18:44,289

objectively real rather than as a

450

00:18:48,209 --> 00:18:46,659

psychological manifestation so you're

451

00:18:50,159 --> 00:18:48,219

saying like if the I think the

452

00:18:52,799 --> 00:18:50,169

visitations are not no what I'm saying

453

00:18:55,560 --> 00:18:52,809

is that when people see something in a

454

00:18:57,930 --> 00:18:55,570

setting that looks like it's real to

455

00:18:59,459 --> 00:18:57,940

them for example we have people that say

456

00:19:01,950 --> 00:18:59,469

they they wake up and they're still

457

00:19:04,320 --> 00:19:01,960

seeing images from their dream world

458

00:19:05,999 --> 00:19:04,330

while they're in their waking State I'm

459

00:19:08,759 --> 00:19:06,009

sure you've run across that in your

460

00:19:11,909 --> 00:19:08,769

studies and so if you've got a situation

461

00:19:14,159 --> 00:19:11,919

where in your dream you're already in a

462

00:19:16,049 --> 00:19:14,169

situation that looks to you to be pretty

463

00:19:19,019 --> 00:19:16,059

much identical to what's objectively

464

00:19:20,849 --> 00:19:19,029

real outside do you think that people

465

00:19:23,789 --> 00:19:20,859

could confuse those two things and then

466

00:19:26,190 --> 00:19:23,799

use that to draw the conclusion that

467

00:19:28,109 --> 00:19:26,200

well there really are people who are

468

00:19:29,639 --> 00:19:28,119

separate objective entities that have

469

00:19:32,969 --> 00:19:29,649

gone on and passed over to some other

470

00:19:35,099 --> 00:19:32,979

reality so if I hear you correctly so

471

00:19:36,690 --> 00:19:35,109

when the dream imagery is very real in

472

00:19:38,669 --> 00:19:36,700

the sense of what would be in waking

473

00:19:41,190 --> 00:19:38,679

life how does that how would the mind

474

00:19:43,109 --> 00:19:41,200

sort of interpret that so what's very

475

00:19:45,389 --> 00:19:43,119

interesting is in most dreams we don't

476

00:19:48,629 --> 00:19:45,399

really know that they're not real until

477

00:19:50,789 --> 00:19:48,639

we wake up and so in the moment usually

478

00:19:54,149 --> 00:19:50,799

unless you're lucid everything seems

479

00:19:56,369 --> 00:19:54,159

real and so I don't think that changes a

480

00:19:59,099 --> 00:19:56,379

lot but I think what happens is there's

481

00:20:02,579 --> 00:19:59,109

a feeling that comes about in the dream

482

00:20:05,789 --> 00:20:02,589

that maybe is different than a normal

483

00:20:07,589 --> 00:20:05,799

dream and and when that occurs I think

484

00:20:09,419 --> 00:20:07,599

people will start seeing it a certain

485

00:20:12,239 --> 00:20:09,429

way when they talk about sort of

486

00:20:14,399 --> 00:20:12,249

visitations or afterlife or spirits and

487

00:20:15,959 --> 00:20:14,409

that is sort of probably a similar

488

00:20:17,879 --> 00:20:15,969

feeling they get when they see that in

489

00:20:19,229 --> 00:20:17,889

waking life if it's a spirit or

490

00:20:21,419 --> 00:20:19,239

something in front of them there's a

491

00:20:24,690 --> 00:20:21,429

feeling I think that you get that breaks

492

00:20:27,389 --> 00:20:24,700

your idea of what reality may be okay so

493

00:20:29,669 --> 00:20:27,399

do you personally believe that there is

494

00:20:30,989 --> 00:20:29,679

some sort of afterlife or are you

495

00:20:34,259 --> 00:20:30,999

looking at this from a purely

496

00:20:37,560 --> 00:20:34,269

psychological perspective yes oh well a

497

00:20:39,450 --> 00:20:37,570

good question I would say I do believe

498

00:20:40,409 --> 00:20:39,460

in the afterlife is just part of sort of

499

00:20:43,139 --> 00:20:40,419

who I am

500

00:20:45,539 --> 00:20:43,149

it's hard to investigate that with you

501
00:20:48,239 --> 00:20:45,549
know the scientific method so I'm

502
00:20:50,759 --> 00:20:48,249
looking at more a psychological research

503
00:20:53,369 --> 00:20:50,769
study to really I think shed some light

504
00:20:55,169 --> 00:20:53,379
on this because I as we sort of we'll

505
00:20:58,409 --> 00:20:55,179
talk about the issues that come about

506
00:21:00,060 --> 00:20:58,419
from this from people like who think all

507
00:21:02,090 --> 00:21:00,070
these dreams or visitations who think

508
00:21:04,710 --> 00:21:02,100
these rooms are hauntings to people who

509
00:21:07,440 --> 00:21:04,720
don't think any of these or visitations

510
00:21:10,529 --> 00:21:07,450
how it can block and actually impede the

511
00:21:12,389 --> 00:21:10,539
process of those who are grieving so in

512
00:21:13,919 --> 00:21:12,399
my own life yeah it's like I definitely

513
00:21:16,769 --> 00:21:13,929

believe the first one with the one I

514

00:21:19,019 --> 00:21:16,779

have my father was a visitation and I

515

00:21:21,659 --> 00:21:19,029

think that helps me as I move forward in

516

00:21:23,639 --> 00:21:21,669

this topic to really I think understand

517

00:21:25,590 --> 00:21:23,649

the topic in a new level not all my

518

00:21:28,560 --> 00:21:25,600

dreams I would say with my father or a

519

00:21:30,930 --> 00:21:28,570

visitation but there are certain ones

520

00:21:33,180 --> 00:21:30,940

that have a really distinct feel to them

521

00:21:34,889 --> 00:21:33,190

that it's hard to really sort top like

522

00:21:37,440 --> 00:21:34,899

really explain but they're just they're

523

00:21:39,960 --> 00:21:37,450

very different and you hear a lot of

524

00:21:42,419 --> 00:21:39,970

people have these experiences and what

525

00:21:45,180 --> 00:21:42,429

I'm finding though is that even if you

526

00:21:46,499 --> 00:21:45,190

don't believe that they're visitations

527

00:21:49,379 --> 00:21:46,509

and you had these dreams and it's just

528

00:21:51,269 --> 00:21:49,389

nice to see them again because maybe the

529

00:21:54,239 --> 00:21:51,279

last time you saw in their jaundiced or

530

00:21:57,509 --> 00:21:54,249

they're unwell in some way or they're

531

00:21:59,249 --> 00:21:57,519

dead in an open casket you see them

532

00:22:00,810 --> 00:21:59,259

healthy and happy talking even that

533

00:22:03,419 --> 00:22:00,820

experience can actually help people

534

00:22:05,970 --> 00:22:03,429

through the grieving process and unblock

535

00:22:07,710 --> 00:22:05,980

a lot of things which is I think a lot

536

00:22:09,539 --> 00:22:07,720

of people think oh I got a for the

537

00:22:11,879 --> 00:22:09,549

visitation then then it'll help me

538

00:22:14,669 --> 00:22:11,889

actually I think the opposite I think

539

00:22:16,229 --> 00:22:14,679

that it that may be true but also just

540

00:22:18,599 --> 00:22:16,239

having these dreams in general can

541

00:22:21,359 --> 00:22:18,609

actually affect you whatever your belief

542

00:22:24,389 --> 00:22:21,369

system I think the big question here is

543

00:22:26,669 --> 00:22:24,399

do you feel that there's an connection

544

00:22:29,220 --> 00:22:26,679

with these dreams and some kind of

545

00:22:31,769 --> 00:22:29,230

external reality such as the afterlife

546

00:22:34,099 --> 00:22:31,779

which you express a belief in we'll have

547

00:22:36,779 --> 00:22:34,109

more in a moment we have Joshua black

548

00:22:39,659 --> 00:22:36,789

we're talking about grief dreams and

549

00:22:50,080 --> 00:22:39,669

their implications with gene and Randall

550

00:22:57,150 --> 00:22:53,410

thank you for listening to GCN

551
00:22:59,920 --> 00:22:57,160
be sure to visit GCN live.com today

552
00:23:01,600 --> 00:22:59,930
fully cooks ready to eat bacon I'm

553
00:23:03,820 --> 00:23:01,610
talking thick meaty center-cut

554
00:23:07,180 --> 00:23:03,830
presidential bacon savory and delicious

555
00:23:09,670 --> 00:23:07,190
I buy some I use some I store some

556
00:23:11,170 --> 00:23:09,680
awesome no refrigeration needed with a

557
00:23:14,080 --> 00:23:11,180
10 year shelf-life

558
00:23:16,480 --> 00:23:14,090
NASA pack technology bacon fully cooked

559
00:23:18,780 --> 00:23:16,490
fully hydrated ready-to-eat right from

560
00:23:21,610 --> 00:23:18,790
the pack bacon or warm and served

561
00:23:24,280 --> 00:23:21,620
life-saving ready to eat bacon ten year

562
00:23:27,370 --> 00:23:24,290
shelf-life bacon ships free at fully

563
00:23:29,920 --> 00:23:27,380

cooked bacon com fully cooked bacon calm

564

00:23:31,900 --> 00:23:29,930

the answer to being in control of your

565

00:23:34,150 --> 00:23:31,910

own health care is freedom from

566

00:23:36,340 --> 00:23:34,160

insurance become part of a group of

567

00:23:38,260 --> 00:23:36,350

self-pay patients that come together to

568

00:23:40,930 --> 00:23:38,270

share in each other's medical expenses

569

00:23:43,480 --> 00:23:40,940

individual share amounts begin at 107

570

00:23:45,010 --> 00:23:43,490

dollars a month and 347 for families

571

00:23:46,810 --> 00:23:45,020

choose from three health sharing

572

00:23:48,730 --> 00:23:46,820

programs ballistic treatments may be

573

00:23:50,800 --> 00:23:48,740

eligible for sharing see guidelines

574

00:23:53,290 --> 00:23:50,810

discount programs available for dental

575

00:23:54,130 --> 00:23:53,300

vision and pharmacy go to everyday on

576
00:24:01,390 --> 00:23:54,140
call org

577
00:24:02,920 --> 00:24:01,400
business owners and independent

578
00:24:05,470 --> 00:24:02,930
contractors this is a money-saving

579
00:24:07,420 --> 00:24:05,480
message from tax mediation services if

580
00:24:09,520 --> 00:24:07,430
your business owes twenty thousand

581
00:24:12,610 --> 00:24:09,530
dollars or more in taxes we can help you

582
00:24:14,860 --> 00:24:12,620
today right now listen dealing with the

583
00:24:17,590 --> 00:24:14,870
IRS is no picnic it's an intimidating

584
00:24:18,880 --> 00:24:17,600
and extremely stressful process and you

585
00:24:21,790 --> 00:24:18,890
don't want to go it alone

586
00:24:24,340 --> 00:24:21,800
our attorneys know every law every tax

587
00:24:26,680 --> 00:24:24,350
break and every possible opportunity to

588
00:24:28,780 --> 00:24:26,690

help you resolve and reduce your tax

589

00:24:30,490 --> 00:24:28,790

debt and if you owe more than twenty

590

00:24:32,620 --> 00:24:30,500

thousand dollars you may be at the top

591

00:24:34,960 --> 00:24:32,630

of their hit list so don't take your tax

592

00:24:37,450 --> 00:24:34,970

debt lightly because it will not go away

593

00:24:39,700 --> 00:24:37,460

on its own the IRS can seize your bank

594

00:24:42,550 --> 00:24:39,710

accounts your home and even shut down

595

00:24:44,980 --> 00:24:42,560

your business call our tax experts today

596

00:24:47,920 --> 00:24:44,990

at one eight hundred seven six five nine

597

00:24:50,440 --> 00:24:47,930

six eight one and let us deal with the

598

00:24:52,720 --> 00:24:50,450

IRS while you focus on your business

599

00:24:55,420 --> 00:24:52,730

that's one eight hundred seven six five

600

00:24:57,910 --> 00:24:55,430

nine six eight one again that's eight

601
00:25:00,310 --> 00:24:57,920
hundred seven six five nine six eight

602
00:25:02,350 --> 00:25:00,320
one attention business owners and

603
00:25:04,180 --> 00:25:02,360
independent contractors this is a money

604
00:25:06,590 --> 00:25:04,190
saving message from tax mediation

605
00:25:08,630 --> 00:25:06,600
services if your business owes twenty

606
00:25:11,840 --> 00:25:08,640
thousand dollars or more in taxes we can

607
00:25:13,760 --> 00:25:11,850
help you today right now listen dealing

608
00:25:15,950 --> 00:25:13,770
with the IRS is no picnic it's an

609
00:25:18,049 --> 00:25:15,960
intimidating and extremely stressful

610
00:25:18,560 --> 00:25:18,059
process and you don't want to go it

611
00:25:21,260 --> 00:25:18,570
alone

612
00:25:23,810 --> 00:25:21,270
our attorneys know every law every tax

613
00:25:26,150 --> 00:25:23,820

break and every possible opportunity to

614

00:25:28,880 --> 00:25:26,160

help you resolve and reduce your tax

615

00:25:30,620 --> 00:25:28,890

debt and if you owe more than \$20,000

616

00:25:32,720 --> 00:25:30,630

you may be at the top of their hit list

617

00:25:35,029 --> 00:25:32,730

so don't take your tax debt lightly

618

00:25:37,370 --> 00:25:35,039

because it will not go away on its own

619

00:25:39,890 --> 00:25:37,380

the IRS can seize your bank accounts

620

00:25:42,470 --> 00:25:39,900

your home and even shut down your

621

00:25:45,350 --> 00:25:42,480

business call our tax experts today at

622

00:25:47,870 --> 00:25:45,360

1-800 seven seven four three one four

623

00:25:49,940 --> 00:25:47,880

nine and let us deal with the IRS while

624

00:25:52,340 --> 00:25:49,950

you focus on your business that's one

625

00:25:55,789 --> 00:25:52,350

eight hundred seven seven four three one

626

00:25:59,180 --> 00:25:55,799

four nine again that's 800 seven seven

627

00:26:01,730 --> 00:25:59,190

four three one four nine investing is a

628

00:26:03,289 --> 00:26:01,740

long term process how many times can you

629

00:26:05,120 --> 00:26:03,299

think of in the last decade that the

630

00:26:06,890 --> 00:26:05,130

stock market has destroyed retirement

631

00:26:09,230 --> 00:26:06,900

funds for people just like you and me

632

00:26:11,090 --> 00:26:09,240

for your existing IRA you need the

633

00:26:11,720 --> 00:26:11,100

security that gold has provided for

634

00:26:14,029 --> 00:26:11,730

centuries

635

00:26:16,159 --> 00:26:14,039

remember gold has never been worth zero

636

00:26:18,560 --> 00:26:16,169

capital gold would like to introduce you

637

00:26:20,899 --> 00:26:18,570

to the home storage gold IRA

638

00:26:22,730 --> 00:26:20,909

it's a self-directed IRA setup with all

639

00:26:25,610 --> 00:26:22,740

the protection and tax benefits of an

640

00:26:27,620 --> 00:26:25,620

LLC but the big difference in this IRA

641

00:26:29,419 --> 00:26:27,630

is you invest in gold and you hold it in

642

00:26:32,029 --> 00:26:29,429

your possession you can't do that with

643

00:26:34,730 --> 00:26:32,039

stocks that's security you can transfer

644

00:26:36,980 --> 00:26:34,740

any type of IRA hassle-free in days

645

00:26:39,560 --> 00:26:36,990

please call right now I learn more and

646

00:26:41,870 --> 00:26:39,570

will waive the \$500 setup fee and give

647

00:26:44,270 --> 00:26:41,880

you a free safe to store your gold eight

648

00:26:47,270 --> 00:26:44,280

hundred five three five seven seven

649

00:26:50,240 --> 00:26:47,280

eight nine eight hundred five three five

650

00:26:52,640 --> 00:26:50,250

seven seven eight nine eight hundred

651
00:26:54,919 --> 00:26:52,650
five three five seven seven eight nine

652
00:27:02,810 --> 00:26:54,929
that's eight hundred five thirty five

653
00:27:07,710 --> 00:27:05,430
[Music]

654
00:27:09,749 --> 00:27:07,720
this is the wrong player co-author of

655
00:27:15,810 --> 00:27:09,759
the UFO on Cyclopes in other books

656
00:27:20,500 --> 00:27:18,760
so we continue with this discussion and

657
00:27:23,770 --> 00:27:20,510
we learned that guess what I've had

658
00:27:25,090 --> 00:27:23,780
dreams of this nature but just coming

659
00:27:28,630 --> 00:27:25,100
back to this and certainly as an

660
00:27:31,090 --> 00:27:28,640
academic it's hard to get scientists to

661
00:27:34,419 --> 00:27:31,100
look at something like life after death

662
00:27:38,470 --> 00:27:34,429
and after life so do you at all feel

663
00:27:41,260 --> 00:27:38,480

personally that when people think of

664

00:27:43,450 --> 00:27:41,270

being visited by a deceased loved one

665

00:27:47,080 --> 00:27:43,460

that there's some reality behind it that

666

00:27:50,049 --> 00:27:47,090

maybe that individual is contacting them

667

00:27:52,180 --> 00:27:50,059

yeah I can't deny it and I said if we

668

00:27:53,500 --> 00:27:52,190

can't study it scientifically doesn't

669

00:27:56,110 --> 00:27:53,510

mean it's not true it just means we

670

00:27:59,230 --> 00:27:56,120

can't study it as I said as long as the

671

00:28:01,510 --> 00:27:59,240

person who had the experience finds it a

672

00:28:04,270 --> 00:28:01,520

positive and comforting experience Who

673

00:28:06,130 --> 00:28:04,280

am I to say and you know if it's helping

674

00:28:07,270 --> 00:28:06,140

them in their process and helping them

675

00:28:10,240 --> 00:28:07,280

through their journey like I have

676

00:28:12,580 --> 00:28:10,250

nothing against that at all so you know

677

00:28:15,100 --> 00:28:12,590

I think that's why I can come in and do

678

00:28:16,930 --> 00:28:15,110

the topic I think justice because I you

679

00:28:19,080 --> 00:28:16,940

know like I don't mind them saying now

680

00:28:23,320 --> 00:28:19,090

it's not there's no negative negative

681

00:28:24,760 --> 00:28:23,330

reality for them to believe that it's

682

00:28:26,710 --> 00:28:24,770

only when they think it's a negative

683

00:28:29,140 --> 00:28:26,720

haunting then I sort of educate him on

684

00:28:31,330 --> 00:28:29,150

dream research and I don't you want me

685

00:28:32,830 --> 00:28:31,340

to go into that on what that can

686

00:28:33,310 --> 00:28:32,840

actually represent in your grieving

687

00:28:37,150 --> 00:28:33,320

process

688

00:28:39,789 --> 00:28:37,160

well what about supposed hauntings yes

689

00:28:42,820 --> 00:28:39,799

take us to that well this is the thing

690

00:28:44,680 --> 00:28:42,830

when it comes to dreams so just dream

691

00:28:47,320 --> 00:28:44,690

research in general a lot of her dreams

692

00:28:48,730 --> 00:28:47,330

in in general are are negative in nature

693

00:28:50,230 --> 00:28:48,740

so the average most people have more

694

00:28:52,840 --> 00:28:50,240

negative dreams and positive dreams and

695

00:28:55,270 --> 00:28:52,850

what they're finding is that your waking

696

00:28:56,799 --> 00:28:55,280

life actually has a big impact in the

697

00:29:00,970 --> 00:28:56,809

dreams you have and so it's called the

698

00:29:02,980 --> 00:29:00,980

continuity hypothesis and so after loss

699

00:29:05,169 --> 00:29:02,990

or any after trauma or anything your

700

00:29:06,820 --> 00:29:05,179

dreams become even more negative so

701
00:29:09,370 --> 00:29:06,830
anything that's going on your life is

702
00:29:13,030 --> 00:29:09,380
actually manipulating your dream imagery

703
00:29:15,430 --> 00:29:13,040
so after loss you would expect your

704
00:29:16,810 --> 00:29:15,440
dreams to be negative and if the disease

705
00:29:19,390 --> 00:29:16,820
is present that's something you would

706
00:29:21,310 --> 00:29:19,400
expect so it's probably something to do

707
00:29:23,169 --> 00:29:21,320
with the at your actually grief and

708
00:29:24,730 --> 00:29:23,179
block so you've had and I can share a

709
00:29:27,220 --> 00:29:24,740
ton of different dreams that I've

710
00:29:28,820 --> 00:29:27,230
collected and had talks with people but

711
00:29:32,720 --> 00:29:28,830
negative dreams they had and how

712
00:29:36,019 --> 00:29:32,730
relates to usually anger of the death or

713
00:29:37,730 --> 00:29:36,029

feelings of guilt stuff like that and so

714

00:29:39,649 --> 00:29:37,740

I think that's a good way to process

715

00:29:41,570 --> 00:29:39,659

rather than say it's a haunting and you

716

00:29:43,970 --> 00:29:41,580

know they're attacking me let's actually

717

00:29:45,590 --> 00:29:43,980

look at your grief and maybe that is the

718

00:29:46,970 --> 00:29:45,600

reason why it's happening and what I'm

719

00:29:49,370 --> 00:29:46,980

finding my research is people who have

720

00:29:51,950 --> 00:29:49,380

these negative dreams of loved ones also

721

00:29:54,680 --> 00:29:51,960

I tend to have positive dreams later on

722

00:29:56,060 --> 00:29:54,690

so I think the bigger question is you

723

00:29:58,669 --> 00:29:56,070

know why are these negative dreams going

724

00:30:00,830 --> 00:29:58,679

on because most dreams people have of

725

00:30:02,870 --> 00:30:00,840

the loved ones are positive in nature so

726

00:30:04,820 --> 00:30:02,880

it I would always bring people back to

727

00:30:06,379 --> 00:30:04,830

their grief and if it's an issue with

728

00:30:07,970 --> 00:30:06,389

their grief - let's talk about that

729

00:30:11,840 --> 00:30:07,980

let's get that sorted out so these

730

00:30:15,350 --> 00:30:11,850

dreams become more positive okay so we

731

00:30:18,440 --> 00:30:15,360

can't really as you say study after

732

00:30:21,740 --> 00:30:18,450

lives from a scientific perspective for

733

00:30:23,060 --> 00:30:21,750

lack of physical material evidence but

734

00:30:25,190 --> 00:30:23,070

we can certainly look at it from a

735

00:30:27,080 --> 00:30:25,200

critical thinking perspective and you

736

00:30:28,700 --> 00:30:27,090

can decide what's logical or more

737

00:30:33,139 --> 00:30:28,710

logical and what's more likely to make

738

00:30:36,470 --> 00:30:33,149

sense than other things so me personally

739

00:30:40,100 --> 00:30:36,480

after reflecting quite extensively and

740

00:30:41,840 --> 00:30:40,110

that I've I'm of the belief that after

741

00:30:44,480 --> 00:30:41,850

lives are impossible and the way that

742

00:30:47,090 --> 00:30:44,490

people normally think of them but at the

743

00:30:50,330 --> 00:30:47,100

same time like Jean like yourself I've

744

00:30:52,669 --> 00:30:50,340

also had loss and I've had the kind of

745

00:30:55,549 --> 00:30:52,679

dreams actually exactly like you're

746

00:30:58,940 --> 00:30:55,559

describing but there's one type of dream

747

00:31:02,450 --> 00:30:58,950

that is a particular interest to me here

748

00:31:06,200 --> 00:31:02,460

and that's sort of Premanand reams of

749

00:31:10,600 --> 00:31:06,210

deaths that happen later yeah like like

750

00:31:13,700 --> 00:31:10,610

I had one where my one of my relatives

751
00:31:17,539 --> 00:31:13,710
was meeting me to go to a funeral home

752
00:31:19,970 --> 00:31:17,549
to attend to my mother's death and she

753
00:31:22,879 --> 00:31:19,980
was alive and relatively healthy at the

754
00:31:24,200 --> 00:31:22,889
time and people that showed up were

755
00:31:25,970 --> 00:31:24,210
actually already dead they were

756
00:31:28,129 --> 00:31:25,980
grandparents and members of the family

757
00:31:30,560 --> 00:31:28,139
who were had already been deceased and

758
00:31:33,230 --> 00:31:30,570
they picked her up and took her away in

759
00:31:34,700 --> 00:31:33,240
the old family car and I remember waving

760
00:31:37,340 --> 00:31:34,710
goodbye to them all as they drove over

761
00:31:40,190 --> 00:31:37,350
the hill and I thought that is the

762
00:31:43,400 --> 00:31:40,200
weirdest dream and about two years later

763
00:31:45,830 --> 00:31:43,410

my mom she got really second and she

764

00:31:47,630 --> 00:31:45,840

died and the same person who was in that

765

00:31:49,640 --> 00:31:47,640

dream came to pick me up and we had to

766

00:31:51,890 --> 00:31:49,650

manage her estate and off she went into

767

00:31:56,510 --> 00:31:51,900

the you know for lack of a better term

768

00:31:58,220 --> 00:31:56,520

that afterlife with her mom and dad and

769

00:32:01,370 --> 00:31:58,230

the old family pet

770

00:32:04,790 --> 00:32:01,380

what about dreams that are premon Ettore

771

00:32:06,140 --> 00:32:04,800

and that sort of yeah this is very

772

00:32:08,060 --> 00:32:06,150

interesting this is something I didn't

773

00:32:10,910 --> 00:32:08,070

know much about until I got into the

774

00:32:13,250 --> 00:32:10,920

topic and once I started asking about

775

00:32:15,740 --> 00:32:13,260

these dreams like that comes up so it

776

00:32:18,410 --> 00:32:15,750

actually is common to for people to have

777

00:32:20,630 --> 00:32:18,420

these dreams prior to the person dying

778

00:32:22,370 --> 00:32:20,640

and it just makes me sit with the

779

00:32:24,320 --> 00:32:22,380

reality of life you know like the

780

00:32:26,090 --> 00:32:24,330

mystery of life because you know it's

781

00:32:27,800 --> 00:32:26,100

how do you explain that like you know I

782

00:32:30,320 --> 00:32:27,810

still don't know but I know what's

783

00:32:32,330 --> 00:32:30,330

happening as a scientist I all I can do

784

00:32:34,340 --> 00:32:32,340

is say yeah this is occurring and that's

785

00:32:37,220 --> 00:32:34,350

really as far as I can go as I sort of

786

00:32:38,870 --> 00:32:37,230

ponder like what that means for reality

787

00:32:41,080 --> 00:32:38,880

in this life but I've heard yeah I've

788

00:32:44,210 --> 00:32:41,090

heard stuff like that where people will

789

00:32:46,340 --> 00:32:44,220

dream of the deceased loved one yours

790

00:32:49,280 --> 00:32:46,350

was two years I had people I was like

791

00:32:50,600 --> 00:32:49,290

the day before they had no contact with

792

00:32:53,000 --> 00:32:50,610

the person they even know they were sick

793

00:32:55,160 --> 00:32:53,010

or anything they have a dream the person

794

00:32:57,620 --> 00:32:55,170

says goodbye or that they love them and

795

00:32:59,660 --> 00:32:57,630

they woke up like thinking it was weird

796

00:33:01,220 --> 00:32:59,670

and and some people felt that the person

797

00:33:03,980 --> 00:33:01,230

must have passed away then they get a

798

00:33:05,450 --> 00:33:03,990

phone call that day saying that the

799

00:33:07,760 --> 00:33:05,460

person died that's what's fascinating

800

00:33:10,460 --> 00:33:07,770

about this topic is that there's so much

801
00:33:12,770 --> 00:33:10,470
mystery behind it and I like that and I

802
00:33:15,140 --> 00:33:12,780
think a lot of people try to get too

803
00:33:17,420 --> 00:33:15,150
bogged down with science they run their

804
00:33:19,610 --> 00:33:17,430
lives through it they sort of push away

805
00:33:20,720 --> 00:33:19,620
that mystery aspect of life and I think

806
00:33:23,090 --> 00:33:20,730
it there's something beautiful about

807
00:33:25,730 --> 00:33:23,100
staying in the mysteries and these

808
00:33:27,800 --> 00:33:25,740
dreams these precognitive dreams is one

809
00:33:29,300 --> 00:33:27,810
of those things and so like precognitive

810
00:33:31,160 --> 00:33:29,310
dreams have been you know and all sorts

811
00:33:32,450 --> 00:33:31,170
of like religions and even one of my

812
00:33:34,340 --> 00:33:32,460
committee members at Trent University

813
00:33:36,350 --> 00:33:34,350

wrote a book called heads-up dreaming

814

00:33:38,720 --> 00:33:36,360

all about that and he looked at that

815

00:33:40,640 --> 00:33:38,730

from a scientific perspective and he

816

00:33:42,500 --> 00:33:40,650

found evidence of that people are doing

817

00:33:44,150 --> 00:33:42,510

this stuff and it's happening just we

818

00:33:45,530 --> 00:33:44,160

can't really explain it I think quantum

819

00:33:48,520 --> 00:33:45,540

physics I don't know much about it but I

820

00:33:51,020 --> 00:33:48,530

hear it might help understand it a bit

821

00:33:52,880 --> 00:33:51,030

but at the end the day if people have

822

00:33:54,050 --> 00:33:52,890

these dreams I'm always interested in

823

00:33:56,840 --> 00:33:54,060

knowing if it's comforting

824

00:33:58,220 --> 00:33:56,850

that they had it it's usually some

825

00:34:00,170 --> 00:33:58,230

people say it is other people say it's

826

00:34:03,650 --> 00:34:00,180

it was just you know it's mind-boggling

827

00:34:05,090 --> 00:34:03,660

how it even happened but the the the one

828

00:34:07,760 --> 00:34:05,100

thing I should note is that there are

829

00:34:10,540 --> 00:34:07,770

people that will have a dream of the

830

00:34:13,790 --> 00:34:10,550

person may be in trouble or dying and

831

00:34:17,150 --> 00:34:13,800

they wake up thinking it's precognitive

832

00:34:19,340 --> 00:34:17,160

and the poor Ali that's usually not and

833

00:34:20,900 --> 00:34:19,350

so it's I think it's a different quality

834

00:34:25,130 --> 00:34:20,910

to these dreams that are precognitive

835

00:34:26,750 --> 00:34:25,140

and you may agree or disagree but a lot

836

00:34:28,880 --> 00:34:26,760

of people if the person's sick already

837

00:34:31,700 --> 00:34:28,890

they'll have anticipatory grief dreams

838

00:34:33,350 --> 00:34:31,710

which could be similar where the person

839

00:34:34,400 --> 00:34:33,360

is dying but they don't actually you

840

00:34:36,650 --> 00:34:34,410

know they're not actually dead when they

841

00:34:38,480 --> 00:34:36,660

wake up and it could just be reflective

842

00:34:41,060 --> 00:34:38,490

of their grief and understand that they

843

00:34:44,290 --> 00:34:41,070

will die soon I think that's a really

844

00:34:48,410 --> 00:34:44,300

good way to describe it an anticipatory

845

00:34:50,540 --> 00:34:48,420

grief dream now that's a very neutral

846

00:34:53,210 --> 00:34:50,550

way of saying well these things happen

847

00:34:54,980 --> 00:34:53,220

and we're not exactly entirely sure why

848

00:34:56,870 --> 00:34:54,990

in every case but that makes a lot of

849

00:34:59,390 --> 00:34:56,880

sense actually what's that movie the

850

00:35:01,790 --> 00:34:59,400

monsters call it's about an anticipatory

851
00:35:03,980 --> 00:35:01,800
grief dream basically the whole movie so

852
00:35:05,600 --> 00:35:03,990
it's it's out there and like the you

853
00:35:07,700 --> 00:35:05,610
know media has you know picked it up a

854
00:35:09,410 --> 00:35:07,710
little bit but just the bereavement

855
00:35:11,810 --> 00:35:09,420
counselors and those people who are in

856
00:35:13,880 --> 00:35:11,820
charge just haven't really like received

857
00:35:15,350 --> 00:35:13,890
education on this topic yet and that's

858
00:35:18,110 --> 00:35:15,360
sort of the big thing that I'm trying to

859
00:35:19,460 --> 00:35:18,120
do by doing these interviews and doing

860
00:35:21,050 --> 00:35:19,470
the conferences and stuff and publishing

861
00:35:22,760 --> 00:35:21,060
the research is getting people start

862
00:35:24,470 --> 00:35:22,770
talking about this and allowing and

863
00:35:25,610 --> 00:35:24,480

asking the questions because a lot of

864

00:35:27,440 --> 00:35:25,620

people carry this stuff and they've no

865

00:35:28,850 --> 00:35:27,450

one to talk to and when they do talk to

866

00:35:31,670 --> 00:35:28,860

someone they usually are giving bad

867

00:35:36,410 --> 00:35:31,680

advice what's some of the bad advice

868

00:35:39,590 --> 00:35:36,420

people are typically given so one of

869

00:35:42,620 --> 00:35:39,600

them I just I have a group trans

870

00:35:44,180 --> 00:35:42,630

Facebook group and so I always you know

871

00:35:46,940 --> 00:35:44,190

when people post their dreams and

872

00:35:49,400 --> 00:35:46,950

sometimes they want answers or

873

00:35:50,480 --> 00:35:49,410

reflections on the dream imagery and so

874

00:35:51,980 --> 00:35:50,490

but there's a lot people in the group so

875

00:35:55,300 --> 00:35:51,990

they all sort of you know write stuff

876

00:35:57,650 --> 00:35:55,310

and one person had a dream and it was

877

00:36:00,710 --> 00:35:57,660

there's a bunch of deceased relatives

878

00:36:02,300 --> 00:36:00,720

around a table so she asked me what does

879

00:36:04,130 --> 00:36:02,310

this mean and so one of the group

880

00:36:06,230 --> 00:36:04,140

members I don't think she was the person

881

00:36:07,410 --> 00:36:06,240

was being you know intended to harm

882

00:36:10,410 --> 00:36:07,420

anyone she

883

00:36:12,240 --> 00:36:10,420

said oh I heard you know when when

884

00:36:13,799 --> 00:36:12,250

there's a bunch of deceased relatives in

885

00:36:16,980 --> 00:36:13,809

a dream I mean someone close to you is

886

00:36:19,559 --> 00:36:16,990

gonna die and then she's like all and

887

00:36:21,569 --> 00:36:19,569

the other the dreamer says oh I have a

888

00:36:23,789 --> 00:36:21,579

grandmother that's 90 you know it's

889

00:36:27,299 --> 00:36:23,799

probably her and then the other woman's

890

00:36:29,450 --> 00:36:27,309

like yeah that's probably right let's

891

00:36:32,730 --> 00:36:29,460

continue with this in our next segment

892

00:36:35,760 --> 00:36:32,740

more to come with Joshua black grief

893

00:36:39,390 --> 00:36:35,770

dreams and their implications an

894

00:36:49,349 --> 00:36:39,400

afterlife perhaps with Jean and Randall

895

00:36:52,960 --> 00:36:49,359

you're in the Barrett cast thank you for

896

00:37:01,270 --> 00:36:58,750

visit GP and live.com today do you need

897

00:37:03,990 --> 00:37:01,280

a website well you can get a great deal

898

00:37:06,700 --> 00:37:04,000

on hosting services with namecheap s--

899

00:37:08,859 --> 00:37:06,710

legendary coupon code they're offering

900

00:37:11,220 --> 00:37:08,869

substantial hosting discounts on shared

901
00:37:14,080 --> 00:37:11,230
hosting business hosting VPS hosting

902
00:37:16,330 --> 00:37:14,090
reseller hosting and even dedicated

903
00:37:18,520 --> 00:37:16,340
servers Namecheap is preferred by

904
00:37:22,180 --> 00:37:18,530
millions it's backed by a money-back

905
00:37:24,339 --> 00:37:22,190
guarantee use the coupon code legendary

906
00:37:27,970 --> 00:37:24,349
to cash in on this special deal at

907
00:37:29,470 --> 00:37:27,980
namecheap.com namecheap.com first game

908
00:37:31,510 --> 00:37:29,480
attack of the rockets and it was a

909
00:37:33,460 --> 00:37:31,520
critically acclaimed success and now

910
00:37:35,589 --> 00:37:33,470
there's the coming of the protectors a

911
00:37:37,870 --> 00:37:35,599
former military intelligence man is

912
00:37:39,700 --> 00:37:37,880
contacted by a space woman in a dream a

913
00:37:42,099 --> 00:37:39,710

dream that turns out to be a nightmare

914

00:37:44,140 --> 00:37:42,109

because evil forces on our distant

915

00:37:46,480 --> 00:37:44,150

planet are planning to conquer the earth

916

00:37:48,940 --> 00:37:46,490

this is gripping science fiction of the

917

00:37:51,010 --> 00:37:48,950

classic kind attack of the rock codes

918

00:37:53,770 --> 00:37:51,020

and the coming of the protectors find

919

00:37:55,630 --> 00:37:53,780

out more at Rocco's dot-com that's Rocko

920

00:37:59,020 --> 00:37:55,640

it's our Ock oids

921

00:38:01,540 --> 00:37:59,030

dot-com hi this is Ted Anderson I'm here

922

00:38:03,579 --> 00:38:01,550

to tell you about GCN telecare dot-com a

923

00:38:05,950 --> 00:38:03,589

team of board-certified doctors

924

00:38:08,470 --> 00:38:05,960

assisting you 24 hours a day seven days

925

00:38:11,109 --> 00:38:08,480

a week 365 days a year

926
00:38:13,510 --> 00:38:11,119
within 15 minutes of registration care

927
00:38:15,310 --> 00:38:13,520
your family can afford revolutionising

928
00:38:17,410 --> 00:38:15,320
the healthcare industry virtual

929
00:38:20,170 --> 00:38:17,420
consulting providing diagnosis of

930
00:38:22,810 --> 00:38:20,180
non-emergency medical issues by phone or

931
00:38:25,960 --> 00:38:22,820
secure video on computer or smart mobile

932
00:38:29,890 --> 00:38:25,970
devices GCN telecom virtual care

933
00:38:32,050 --> 00:38:29,900
anywhere anytime anyplace anywhere radio

934
00:38:33,349 --> 00:38:32,060
remains the most intimate of all forms

935
00:38:36,470 --> 00:38:33,359
of media at home

936
00:38:38,059 --> 00:38:36,480
work in the car on smartphones over 90

937
00:38:40,130 --> 00:38:38,069
percent of consumers still listen to

938
00:38:42,200 --> 00:38:40,140

radio every week that makes choosing

939

00:38:44,239 --> 00:38:42,210

radio as a place to advertise your

940

00:38:47,779 --> 00:38:44,249

business one of the best decisions you

941

00:38:50,630 --> 00:38:47,789

can make email advertise at GCN live.com

942

00:38:53,059 --> 00:38:50,640

and partner up with an experienced GCN

943

00:38:59,630 --> 00:38:53,069

representative advertise at GC and

944

00:39:01,400 --> 00:38:59,640

live.com easy affordable effective you

945

00:39:03,950 --> 00:39:01,410

want to save money in a place that gives

946

00:39:06,559 --> 00:39:03,960

you growth control and certainty without

947

00:39:07,970 --> 00:39:06,569

stock market risk or tax risk and you

948

00:39:10,849 --> 00:39:07,980

want guarantees and you want it all

949

00:39:12,890 --> 00:39:10,859

tax-free that's a tall order but you can

950

00:39:14,930 --> 00:39:12,900

get all of that with properly designed

951
00:39:16,759 --> 00:39:14,940
participating whole life insurance

952
00:39:19,009 --> 00:39:16,769
most people think life insurance pays

953
00:39:21,109 --> 00:39:19,019
after you're dead that's true but you

954
00:39:23,390 --> 00:39:21,119
can have tax-free access to use your

955
00:39:26,089 --> 00:39:23,400
life insurance while you're alive get

956
00:39:28,849 --> 00:39:26,099
the free book to find out how call seven

957
00:39:30,710 --> 00:39:28,859
zero two six six zero seven thousand

958
00:39:32,660 --> 00:39:30,720
have you checked your Google search

959
00:39:34,220 --> 00:39:32,670
results lately search results are

960
00:39:36,319 --> 00:39:34,230
usually the first impression that people

961
00:39:37,519 --> 00:39:36,329
form of you or your business so make

962
00:39:40,670 --> 00:39:37,529
sure that they create a positive

963
00:39:42,170 --> 00:39:40,680

impression with reputation defender com

964

00:39:43,849 --> 00:39:42,180

what the internet says about you can

965

00:39:45,460 --> 00:39:43,859

have a big impact on your life and your

966

00:39:47,690 --> 00:39:45,470

livelihood even if it's not true

967

00:39:50,059 --> 00:39:47,700

fortunately you can now control how you

968

00:39:53,569 --> 00:39:50,069

look online and in online search results

969

00:39:55,789 --> 00:39:53,579

with reputation defender comm call 881

970

00:39:57,229 --> 00:39:55,799

zero seven seventy one now that's eight

971

00:39:59,420 --> 00:39:57,239

hundred eight three one zero seven

972

00:40:01,670 --> 00:39:59,430

seventy one for your free reputation

973

00:40:03,620 --> 00:40:01,680

analysis if you have negative material

974

00:40:05,690 --> 00:40:03,630

from an ex-employee upset patient or

975

00:40:07,400 --> 00:40:05,700

former client newspaper article legal

976
00:40:09,019 --> 00:40:07,410
issue social media or other source

977
00:40:11,479 --> 00:40:09,029
showing up in your search results you

978
00:40:14,059 --> 00:40:11,489
can combine it with reputation defender

979
00:40:15,529 --> 00:40:14,069
com our dedicated experts in patented

980
00:40:17,930 --> 00:40:15,539
technology can help make your online

981
00:40:19,940 --> 00:40:17,940
search results look their best call 800

982
00:40:21,440 --> 00:40:19,950
a three one zero seven seventy one to

983
00:40:23,509 --> 00:40:21,450
learn more eight hundred eight three one

984
00:40:24,710 --> 00:40:23,519
zero seven seventy one that's eight

985
00:40:27,710 --> 00:40:24,720
hundred eighty three one zero seven

986
00:40:30,349 --> 00:40:27,720
seventy one or visit reputation defender

987
00:40:32,900 --> 00:40:30,359
com hunters anglers campers and

988
00:40:34,670 --> 00:40:32,910

survivalists get back to nature expand

989

00:40:36,859 --> 00:40:34,680

your horizons with the highest quality

990

00:40:38,809 --> 00:40:36,869

most versatile unique sling shots and

991

00:40:41,230 --> 00:40:38,819

sling bows on the market at slingbow

992

00:40:43,600 --> 00:40:41,240

comms levo products are compact

993

00:40:45,640 --> 00:40:43,610

models start from just 1798 they're

994

00:40:47,590 --> 00:40:45,650

perfect for your bug out bag or storing

995

00:40:49,540 --> 00:40:47,600

in your vehicle give yourself and your

996

00:40:51,850 --> 00:40:49,550

loved ones the excitement and tradition

997

00:40:53,920 --> 00:40:51,860

of slingbow a new frontier and archery

998

00:40:55,990 --> 00:40:53,930

and truly modern twist on this primitive

999

00:41:06,910 --> 00:40:56,000

survival tool feel the thrill

1000

00:41:09,490 --> 00:41:06,920

only at sleeve Oh calm it's greg cameron

1001
00:41:12,010 --> 00:41:09,500
from presidential UFO calm you're

1002
00:41:20,140 --> 00:41:12,020
listening to the para cast the gold

1003
00:41:21,900 --> 00:41:20,150
standard of paranormal so we were

1004
00:41:24,220 --> 00:41:21,910
talking about a dream here I guess

1005
00:41:27,520 --> 00:41:24,230
involving a group of deceased people

1006
00:41:30,400 --> 00:41:27,530
that may be precursor for someone dying

1007
00:41:32,710 --> 00:41:30,410
soon with Joshua Black and the subject

1008
00:41:33,640 --> 00:41:32,720
is grief dreams the afterlife and that

1009
00:41:35,260 --> 00:41:33,650
sort of thing

1010
00:41:38,350 --> 00:41:35,270
Jamie Randall Murphy is our guest

1011
00:41:41,200 --> 00:41:38,360
co-host Joshua so yeah so then what

1012
00:41:43,420 --> 00:41:41,210
happened was the woman which is very

1013
00:41:44,890 --> 00:41:43,430

interesting she then goes what happens

1014

00:41:46,900 --> 00:41:44,900

if it's not my grandma what happens if

1015

00:41:48,250 --> 00:41:46,910

it's me and so now she started to

1016

00:41:51,160 --> 00:41:48,260

fearing her own death and so this is

1017

00:41:53,080 --> 00:41:51,170

what the bad advice and then the person

1018

00:41:54,370 --> 00:41:53,090

was not you know the the person was

1019

00:41:55,690 --> 00:41:54,380

really like trying to encourage her that

1020

00:41:56,230 --> 00:41:55,700

it's someone else that someone's gonna

1021

00:41:59,260 --> 00:41:56,240

die

1022

00:42:00,849 --> 00:41:59,270

she became you know distant and not

1023

00:42:02,560 --> 00:42:00,859

answering anymore so when she asked me

1024

00:42:05,320 --> 00:42:02,570

that's something I was I was going to do

1025

00:42:08,320 --> 00:42:05,330

anyways and what I told her is that in

1026

00:42:09,730 --> 00:42:08,330

my research actually of the dream

1027

00:42:12,580 --> 00:42:09,740

journal the woman actually started

1028

00:42:14,560 --> 00:42:12,590

having more deceased relatives as she

1029

00:42:16,330 --> 00:42:14,570

started to heal I said that's actually a

1030

00:42:18,550 --> 00:42:16,340

probably sign of healing I have anything

1031

00:42:20,080 --> 00:42:18,560

else and so she was really happy with

1032

00:42:21,700 --> 00:42:20,090

that and she felt relieved and she also

1033

00:42:23,650 --> 00:42:21,710

felt like think comforted by the fact

1034

00:42:25,630 --> 00:42:23,660

that you know she was healing in her

1035

00:42:28,780 --> 00:42:25,640

grief too so this one type of like bad

1036

00:42:31,330 --> 00:42:28,790

advice another one be sometimes mediums

1037

00:42:32,680 --> 00:42:31,340

they'll say different things on maybe

1038

00:42:35,560 --> 00:42:32,690

why you're not dreaming of the deceased

1039

00:42:37,450 --> 00:42:35,570

and they'll say all sorts of different

1040

00:42:39,550 --> 00:42:37,460

things which isn't backed by research at

1041

00:42:42,040 --> 00:42:39,560

all but one of the comments is that

1042

00:42:44,680 --> 00:42:42,050

they're not coming to you because if

1043

00:42:46,420 --> 00:42:44,690

they do they'll open up your grief too

1044

00:42:49,330 --> 00:42:46,430

much and you'll just want more so they

1045

00:42:51,580 --> 00:42:49,340

decide not to do it I I heard that one a

1046

00:42:53,590 --> 00:42:51,590

couple times and I always look at that

1047

00:42:54,579 --> 00:42:53,600

very interesting because okay like maybe

1048

00:42:56,979 --> 00:42:54,589

after the first

1049

00:42:59,079 --> 00:42:56,989

but if the spirit hasn't actually came

1050

00:43:01,150 --> 00:42:59,089

the first time that's kind of weird

1051
00:43:02,769 --> 00:43:01,160
because that's all the what I'm finding

1052
00:43:05,950 --> 00:43:02,779
is most people that want these dreams

1053
00:43:08,109 --> 00:43:05,960
want to be reassured that the person

1054
00:43:10,239 --> 00:43:08,119
crossed over they want to know that

1055
00:43:13,180 --> 00:43:10,249
they're still loved which is sort of the

1056
00:43:15,249 --> 00:43:13,190
two big things and so one dream can sort

1057
00:43:16,690 --> 00:43:15,259
of heal all those things and unblock

1058
00:43:17,170 --> 00:43:16,700
some of those stuff that they're working

1059
00:43:19,120 --> 00:43:17,180
with

1060
00:43:20,859 --> 00:43:19,130
so one dream would actually help them

1061
00:43:22,959 --> 00:43:20,869
more than actually harm them yeah they

1062
00:43:25,329 --> 00:43:22,969
may cry and in the beginning but it's

1063
00:43:27,430 --> 00:43:25,339

actually beneficial that's actually you

1064

00:43:28,599 --> 00:43:27,440

know pretty bad advice because they're

1065

00:43:30,099 --> 00:43:28,609

saying you have to work on your grief

1066

00:43:31,630 --> 00:43:30,109

before you get these dreams where

1067

00:43:34,329 --> 00:43:31,640

actually that's why I actually start

1068

00:43:35,950 --> 00:43:34,339

doing the PhD is because that was my

1069

00:43:37,269 --> 00:43:35,960

first question is why are we why are

1070

00:43:39,549 --> 00:43:37,279

some people having these dreams and

1071

00:43:41,019 --> 00:43:39,559

other people aren't and what I can tell

1072

00:43:43,959 --> 00:43:41,029

you is it's because the more dream

1073

00:43:45,219 --> 00:43:43,969

recall so more people remember their

1074

00:43:47,620 --> 00:43:45,229

dreams and the more people are

1075

00:43:49,630 --> 00:43:47,630

remembering these types of dreams and so

1076

00:43:53,229 --> 00:43:49,640

it may not actually be sort of you know

1077

00:43:54,309 --> 00:43:53,239

that they're not coming it's probably

1078

00:43:56,440 --> 00:43:54,319

because you're just not remembering your

1079

00:43:57,819 --> 00:43:56,450

dreams in general and I think that's a

1080

00:43:59,079 --> 00:43:57,829

better way to approach the topic and

1081

00:44:01,180 --> 00:43:59,089

there's different ways to increase dream

1082

00:44:03,249 --> 00:44:01,190

recall as you move forward keeping a

1083

00:44:04,809 --> 00:44:03,259

dream journal is a good one

1084

00:44:06,249 --> 00:44:04,819

talking about your dreams a lot all

1085

00:44:08,109 --> 00:44:06,259

dreams aren't that just the ones you

1086

00:44:10,269 --> 00:44:08,119

want with that you're probably gonna be

1087

00:44:12,370 --> 00:44:10,279

dreaming or remembering more of the

1088

00:44:14,019 --> 00:44:12,380

dream and so I bring this up because a

1089

00:44:15,700 --> 00:44:14,029

lot of people my theory is that a lot of

1090

00:44:18,309 --> 00:44:15,710

people are probably dreaming of their

1091

00:44:19,539 --> 00:44:18,319

loved one and producing those images but

1092

00:44:22,660 --> 00:44:19,549

they're not just you're not remembering

1093

00:44:24,430 --> 00:44:22,670

it when they're waking up that makes a

1094

00:44:27,009 --> 00:44:24,440

lot of sense and it seems like a really

1095

00:44:30,519 --> 00:44:27,019

good way to go about it the course the

1096

00:44:32,170 --> 00:44:30,529

other problem with the type of thinking

1097

00:44:34,029 --> 00:44:32,180

that you described there is that it

1098

00:44:36,880 --> 00:44:34,039

presupposes that there is an afterlife

1099

00:44:40,209 --> 00:44:36,890

and there there are people on the other

1100

00:44:42,759 --> 00:44:40,219

side who have the intent of some sort of

1101

00:44:45,279 --> 00:44:42,769

intent of their own that is going to

1102

00:44:47,380 --> 00:44:45,289

have an impact on your life and so

1103

00:44:51,789 --> 00:44:47,390

instead of looking within to see if you

1104

00:44:55,059 --> 00:44:51,799

can find solutions there it sort of

1105

00:44:58,299 --> 00:44:55,069

offloads it on to a belief that is

1106

00:45:00,459 --> 00:44:58,309

wholly unsubstantiated really yeah and

1107

00:45:01,749 --> 00:45:00,469

you know like also go further too with

1108

00:45:03,339 --> 00:45:01,759

some other bad advice not just from

1109

00:45:07,079 --> 00:45:03,349

mediums and stuff but also from doctors

1110

00:45:08,190 --> 00:45:07,089

I had someone tell me that a doctor

1111

00:45:10,739 --> 00:45:08,200

they were having these dreams of the

1112

00:45:12,870 --> 00:45:10,749

ceased and the doctor said oh it's

1113

00:45:14,940 --> 00:45:12,880

because your medication and so they

1114

00:45:16,559 --> 00:45:14,950

basically reflect deflected it and say

1115

00:45:18,509 --> 00:45:16,569

it's because of medication and so they

1116

00:45:20,599 --> 00:45:18,519

actually minimized what they thought

1117

00:45:22,859 --> 00:45:20,609

these dreams this dream was to them and

1118

00:45:24,180 --> 00:45:22,869

that actually will harm them because

1119

00:45:25,769 --> 00:45:24,190

they thought it would meant something

1120

00:45:28,829 --> 00:45:25,779

and it was something beautiful to them

1121

00:45:32,069 --> 00:45:28,839

and I'll also go also to pastors there's

1122

00:45:33,900 --> 00:45:32,079

some pastors who will say these dreams

1123

00:45:35,880 --> 00:45:33,910

are meaningful that some of these dreams

1124

00:45:38,430 --> 00:45:35,890

are from God other ones will say it's

1125

00:45:40,229 --> 00:45:38,440

Satan and it's a trick and that sort of

1126

00:45:41,940 --> 00:45:40,239

stuff and so what I'm saying is bad

1127

00:45:44,130 --> 00:45:41,950

advice is you have to understand what

1128

00:45:46,380 --> 00:45:44,140

the person believes to understand what

1129

00:45:47,969 --> 00:45:46,390

advice you're giving so if someone who

1130

00:45:50,099 --> 00:45:47,979

has a comforting dream the person says

1131

00:45:52,019 --> 00:45:50,109

they love them they're okay and there

1132

00:45:54,180 --> 00:45:52,029

was Jesus or something and you tell them

1133

00:45:55,979 --> 00:45:54,190

that was Satan well all that benefit

1134

00:45:58,529 --> 00:45:55,989

that would have come from that dream you

1135

00:46:00,180 --> 00:45:58,539

have now actually crushed and now

1136

00:46:02,309 --> 00:46:00,190

they're afraid to sleep because they're

1137

00:46:04,019 --> 00:46:02,319

thinking maybe Satan's coming and

1138

00:46:05,670 --> 00:46:04,029

tricking them so that's what I'm saying

1139

00:46:07,289 --> 00:46:05,680

like there's so many people just cuz the

1140

00:46:09,089 --> 00:46:07,299

education isn't out there some people

1141

00:46:11,640 --> 00:46:09,099

giving bad advice in different areas and

1142

00:46:12,809 --> 00:46:11,650

it's really - really I think help people

1143

00:46:15,599 --> 00:46:12,819

you have to understand what they first

1144

00:46:18,839 --> 00:46:15,609

believe and then work with that so can

1145

00:46:20,900 --> 00:46:18,849

we say here that the dream is meant to

1146

00:46:23,160 --> 00:46:20,910

reinforce their beliefs whatever it is

1147

00:46:24,749 --> 00:46:23,170

yeah like for the most part that's what

1148

00:46:27,450 --> 00:46:24,759

I see so if people are dreaming with

1149

00:46:29,849 --> 00:46:27,460

this like I see dreams where there's I

1150

00:46:31,200 --> 00:46:29,859

say an individual description they'll

1151
00:46:32,819 --> 00:46:31,210
have a dream and sometimes they'll be

1152
00:46:34,680 --> 00:46:32,829
angels with them sometimes they'll be

1153
00:46:37,380 --> 00:46:34,690
talking about meeting Jesus sometimes

1154
00:46:40,049 --> 00:46:37,390
Jesus actually is in the imagery and so

1155
00:46:43,049 --> 00:46:40,059
I think you know what your your belief

1156
00:46:43,589 --> 00:46:43,059
is definitely will come into the dream a

1157
00:46:45,269 --> 00:46:43,599
lot

1158
00:46:47,370 --> 00:46:45,279
what's fasting about these dreams so

1159
00:46:48,959 --> 00:46:47,380
some people who have them will believe

1160
00:46:51,150 --> 00:46:48,969
that this and they would say they are

1161
00:46:53,430 --> 00:46:51,160
atheist I didn't believe in anything

1162
00:46:55,170 --> 00:46:53,440
they'll have this dream of the deceased

1163
00:46:57,359 --> 00:46:55,180

that just very overpowering and

1164

00:46:59,670 --> 00:46:57,369

emotional they wake up and then now they

1165

00:47:01,170 --> 00:46:59,680

feel like that was a visitation but you

1166

00:47:02,609 --> 00:47:01,180

didn't believe in before and now they're

1167

00:47:05,339 --> 00:47:02,619

actually trying to find a religion to

1168

00:47:07,410 --> 00:47:05,349

help understand what the afterlife is so

1169

00:47:10,410 --> 00:47:07,420

I think these dreams can actually not

1170

00:47:12,839 --> 00:47:10,420

only reflect our waking life but they

1171

00:47:14,910 --> 00:47:12,849

can also produce change and our waking

1172

00:47:17,969 --> 00:47:14,920

life depending on the feeling that you

1173

00:47:20,039 --> 00:47:17,979

get okay so they can be transformative

1174

00:47:22,769 --> 00:47:20,049

there's no doubt about that but

1175

00:47:24,359 --> 00:47:22,779

I think it depends on your point of view

1176

00:47:27,390 --> 00:47:24,369

as to whether or not a you know a

1177

00:47:30,839 --> 00:47:27,400

transformative experience that turns

1178

00:47:34,469 --> 00:47:30,849

someone religious is necessarily good so

1179

00:47:36,809 --> 00:47:34,479

I mean do we what such experiences are

1180

00:47:39,120 --> 00:47:36,819

good just because it makes the patient

1181

00:47:42,419 --> 00:47:39,130

feel good yeah

1182

00:47:45,179 --> 00:47:42,429

with grief it usually it's unblocking

1183

00:47:46,589 --> 00:47:45,189

something and if they go to religion

1184

00:47:48,209 --> 00:47:46,599

like I'm not here to debate religions

1185

00:47:51,359 --> 00:47:48,219

good or not but what I'm saying is that

1186

00:47:52,769 --> 00:47:51,369

that dream of the person having that and

1187

00:47:55,109 --> 00:47:52,779

believe that there's an afterlife then

1188

00:47:57,209 --> 00:47:55,119

wants to quantify it and try to figure

1189

00:47:58,559 --> 00:47:57,219

out what an afterlife is and so they go

1190

00:48:00,630 --> 00:47:58,569

to religions guess what religions sort

1191

00:48:02,880 --> 00:48:00,640

of talk about these afterlife so it's

1192

00:48:05,099 --> 00:48:02,890

more about their transformative but like

1193

00:48:08,009 --> 00:48:05,109

the belief is that there is an afterlife

1194

00:48:10,620 --> 00:48:08,019

I think that belief can help people as

1195

00:48:12,569 --> 00:48:10,630

you move forward in loss it's not as

1196

00:48:14,219 --> 00:48:12,579

permanent and they still feel loved

1197

00:48:16,410 --> 00:48:14,229

which is one of those things that grief

1198

00:48:17,939 --> 00:48:16,420

is a is really working with is how do

1199

00:48:19,890 --> 00:48:17,949

you still feel loved when the person

1200

00:48:21,779 --> 00:48:19,900

physically isn't there to give it to you

1201
00:48:22,739 --> 00:48:21,789
anymore there's nothing wrong I think I

1202
00:48:26,489 --> 00:48:22,749
don't think there's anything wrong with

1203
00:48:30,179 --> 00:48:26,499
that and so when if these dreams help

1204
00:48:31,469 --> 00:48:30,189
promote a positive transformation when

1205
00:48:33,269 --> 00:48:31,479
it comes to grief I think it's

1206
00:48:34,829 --> 00:48:33,279
beneficial it's only one that's negative

1207
00:48:36,569 --> 00:48:34,839
or if you're condemning yourself for

1208
00:48:37,949 --> 00:48:36,579
something then that you know you're

1209
00:48:40,380 --> 00:48:37,959
complicating your grief it's gonna take

1210
00:48:43,130 --> 00:48:40,390
longer for you to actually I think get

1211
00:48:45,419 --> 00:48:43,140
back into the world and share your love

1212
00:48:47,910 --> 00:48:45,429
right but I think you just kind of hand

1213
00:48:50,160 --> 00:48:47,920

waved a question there in that there are

1214

00:48:52,529 --> 00:48:50,170

people who think that becoming involved

1215

00:48:54,239 --> 00:48:52,539

in religion isn't the best thing to

1216

00:48:57,239 --> 00:48:54,249

become involved in for a variety of

1217

00:48:59,249 --> 00:48:57,249

really substantiative reasons so

1218

00:49:00,479 --> 00:48:59,259

therefore just saying well it's okay if

1219

00:49:03,029 --> 00:49:00,489

it makes you feel good I think that's

1220

00:49:04,919 --> 00:49:03,039

really a bit of a hand wave I don't

1221

00:49:06,630 --> 00:49:04,929

think so because everyone had like I'm

1222

00:49:08,819 --> 00:49:06,640

not here to debate religion if it's good

1223

00:49:10,469 --> 00:49:08,829

or not I'm just here as I had what's

1224

00:49:11,849 --> 00:49:10,479

exactly yet you're saying that if it

1225

00:49:14,669 --> 00:49:11,859

makes you feel good it's okay don't

1226

00:49:18,269 --> 00:49:14,679

debate it well on the other hand if

1227

00:49:19,919 --> 00:49:18,279

something else you think is sort of

1228

00:49:21,359 --> 00:49:19,929

negative then you say will you give your

1229

00:49:23,160 --> 00:49:21,369

advice that you think it's negative and

1230

00:49:25,169 --> 00:49:23,170

you shouldn't do it so and I think

1231

00:49:29,160 --> 00:49:25,179

that's really qualifies as a hand wave

1232

00:49:32,070 --> 00:49:29,170

there well okay so this is my more maybe

1233

00:49:33,720 --> 00:49:32,080

question if the your religion

1234

00:49:35,550 --> 00:49:33,730

actually helps you open your heart to

1235

00:49:37,860 --> 00:49:35,560

the world and to yourself and to others

1236

00:49:41,070 --> 00:49:37,870

around you and then that's a positive

1237

00:49:42,690 --> 00:49:41,080

sort of group for you to be a part of if

1238

00:49:44,010 --> 00:49:42,700

it closes your heart then it's not and

1239

00:49:45,510 --> 00:49:44,020

so same thing with the dreams if it

1240

00:49:48,780 --> 00:49:45,520

helps you open your heart to the world

1241

00:49:51,810 --> 00:49:48,790

and life itself then it's good like how

1242

00:49:53,220 --> 00:49:51,820

can not be and if it closes you up to

1243

00:49:54,480 --> 00:49:53,230

the world and others then it's a

1244

00:49:58,470 --> 00:49:54,490

negative thing so if that's something

1245

00:50:00,570 --> 00:49:58,480

more what you're looking for I don't

1246

00:50:03,180 --> 00:50:00,580

know I would think that at least from a

1247

00:50:04,590 --> 00:50:03,190

scientific perspective or at least any

1248

00:50:06,210 --> 00:50:04,600

attempt at science what we should be

1249

00:50:10,290 --> 00:50:06,220

looking for is the truth and what not

1250

00:50:12,810 --> 00:50:10,300

makes us feel good you know it's if you

1251
00:50:14,610 --> 00:50:12,820
get what I'm saying it's not about well

1252
00:50:17,190 --> 00:50:14,620
this I believe this and it feels good

1253
00:50:18,870 --> 00:50:17,200
and therefore it's real I think we

1254
00:50:20,250 --> 00:50:18,880
should be looking for explanations and

1255
00:50:21,650 --> 00:50:20,260
makes sense where other than what makes

1256
00:50:24,660 --> 00:50:21,660
us feel good

1257
00:50:26,310 --> 00:50:24,670
yeah that's it's your opinion as I said

1258
00:50:27,870 --> 00:50:26,320
it's about like for me and about it's

1259
00:50:29,670 --> 00:50:27,880
about how did you open your heart to

1260
00:50:32,400 --> 00:50:29,680
life now how do you open out your heart

1261
00:50:34,920 --> 00:50:32,410
to yourself because life it doesn't

1262
00:50:38,010 --> 00:50:34,930
matter what you believe if your

1263
00:50:39,570 --> 00:50:38,020

perspective and your and how you see the

1264

00:50:42,420 --> 00:50:39,580

world is negative you're just gonna be

1265

00:50:44,510 --> 00:50:42,430

doing a lot of injustice to yourself you

1266

00:50:47,690 --> 00:50:44,520

can be living and appropriately to

1267

00:50:50,220 --> 00:50:47,700

benefit you know having happiness and

1268

00:50:52,020 --> 00:50:50,230

helping others and that's what I see

1269

00:50:53,400 --> 00:50:52,030

life is about is about learning how to

1270

00:50:55,620 --> 00:50:53,410

love yourself and learning how to love

1271

00:50:59,010 --> 00:50:55,630

the world and religions you know have a

1272

00:51:00,540 --> 00:50:59,020

part in that and if taken by a certain

1273

00:51:02,850 --> 00:51:00,550

perspective it can really help you and

1274

00:51:05,640 --> 00:51:02,860

if people you know use it in a more

1275

00:51:07,200 --> 00:51:05,650

negative and fear-based it's not gonna

1276

00:51:09,180 --> 00:51:07,210

help you and so the same thing with

1277

00:51:10,830 --> 00:51:09,190

youth dreams like if if you see these

1278

00:51:13,740 --> 00:51:10,840

dreams as something that could be

1279

00:51:15,900 --> 00:51:13,750

beneficial for you if it helped you

1280

00:51:18,480 --> 00:51:15,910

believe more in afterlife that's not an

1281

00:51:20,040 --> 00:51:18,490

issue and I said we can't test if

1282

00:51:23,150 --> 00:51:20,050

there's an afterlife so we're left with

1283

00:51:25,980 --> 00:51:23,160

what is it doing towards you as a person

1284

00:51:27,900 --> 00:51:25,990

let's ask those questions our next

1285

00:51:30,600 --> 00:51:27,910

segment more to come with Joshua black

1286

00:51:34,960 --> 00:51:30,610

and Jean and Randall you're in the pear

1287

00:51:34,970 --> 00:51:38,820

[Music]

1288

00:51:47,300 --> 00:51:42,210

thank you for listening to GCS

1289

00:51:51,540 --> 00:51:49,770

attack of the rock AIDS has been

1290

00:51:53,460 --> 00:51:51,550

well-received by critics and readers

1291

00:51:56,310 --> 00:51:53,470

alike it's a thrill a minute story

1292

00:51:58,650 --> 00:51:56,320

you'll never forget a former US military

1293

00:52:00,930 --> 00:51:58,660

intelligence officer is haunted by

1294

00:52:03,570 --> 00:52:00,940

intense dreams about a beautiful woman

1295

00:52:06,300 --> 00:52:03,580

pleading for his help after a terrible

1296

00:52:08,430 --> 00:52:06,310

battle in outer space but the dreams

1297

00:52:10,410 --> 00:52:08,440

turn out to be true and thrust him into

1298

00:52:13,110 --> 00:52:10,420

a telepathic love affair with a woman

1299

00:52:15,450 --> 00:52:13,120

whose faraway planet is intent on

1300

00:52:18,300 --> 00:52:15,460

destroying the earth and now the

1301
00:52:20,730 --> 00:52:18,310
gripping tale continues in the coming of

1302
00:52:23,370 --> 00:52:20,740
the protectors it's the second book of

1303
00:52:25,560 --> 00:52:23,380
the rockets trilogy a galaxy spanning

1304
00:52:28,590 --> 00:52:25,570
adventure that pits our hapless heroes

1305
00:52:30,540 --> 00:52:28,600
against powerful fanatical enemies that

1306
00:52:33,120 --> 00:52:30,550
threaten the lives of freedom loving

1307
00:52:35,870 --> 00:52:33,130
beings everywhere attack of the rock

1308
00:52:38,600 --> 00:52:35,880
aids and the coming of the protectors

1309
00:52:41,490 --> 00:52:38,610
classic science fiction at its best

1310
00:52:43,320 --> 00:52:41,500
available now for more details visit

1311
00:52:50,550 --> 00:52:43,330
Rocko is calm

1312
00:52:52,170 --> 00:52:50,560
that's our Ock o IDs calm this is Dan

1313
00:52:54,420 --> 00:52:52,180

Pihl do you owe the IRS money you can't

1314

00:52:56,370 --> 00:52:54,430

pay our tax debts crippling you I've

1315

00:52:58,410 --> 00:52:56,380

defended people from the IRS for over 30

1316

00:53:00,510 --> 00:52:58,420

years I've helped thousands and I can

1317

00:53:01,950 --> 00:53:00,520

help you too I wrote the book on IRS

1318

00:53:04,190 --> 00:53:01,960

settlement and I'm telling you there's

1319

00:53:07,380 --> 00:53:04,200

no such thing as a hopeless case call

1320

00:53:09,120 --> 00:53:07,390

834 no tax to finally get free of IRS

1321

00:53:10,500 --> 00:53:09,130

debt with the IRS as new programs

1322

00:53:13,350 --> 00:53:10,510

there's never been a better time to

1323

00:53:17,160 --> 00:53:13,360

solve your problem call 834 no tax

1324

00:53:18,890 --> 00:53:17,170

that's 803 for no tax or my website Dan

1325

00:53:21,300 --> 00:53:18,900

:

1326
00:53:23,610 --> 00:53:21,310
you've heard the phrase you are what you

1327
00:53:25,470 --> 00:53:23,620
eat not true actually you are what you

1328
00:53:26,910 --> 00:53:25,480
can absorb so if the vitamins and

1329
00:53:28,950 --> 00:53:26,920
supplements you now take are not being

1330
00:53:30,810 --> 00:53:28,960
absorbed what good are they introducing

1331
00:53:32,670 --> 00:53:30,820
proto vite proprietary liquid system

1332
00:53:34,230 --> 00:53:32,680
that allows premium quality nutrients to

1333
00:53:36,210 --> 00:53:34,240
positively affect the blood in an

1334
00:53:38,040 --> 00:53:36,220
astonishing five minutes watch our

1335
00:53:40,320 --> 00:53:38,050
amazing 2-minute live blood cell video

1336
00:53:43,050 --> 00:53:40,330
at true health facts com that's true

1337
00:53:45,660 --> 00:53:43,060
health facts calm then call 502 for

1338
00:53:47,670 --> 00:53:45,670

10:30 411 prota bite is nutrition you

1339

00:53:52,840 --> 00:53:47,680

can feel Berto bite is nutrition that

1340

00:53:52,850 --> 00:53:56,270

[Music]

1341

00:54:04,310 --> 00:53:59,970

welcome back to the para cast the gold

1342

00:54:13,110 --> 00:54:04,320

standard of paranormal radio and now

1343

00:54:17,220 --> 00:54:13,120

here's Jane Steinberg so we asked the

1344

00:54:19,760 --> 00:54:17,230

questions posed by the belief or

1345

00:54:22,110 --> 00:54:19,770

expectation of an afterlife Joshua black

1346

00:54:23,730 --> 00:54:22,120

you were saying yeah they were

1347

00:54:25,770 --> 00:54:23,740

justifying belief and feel-good

1348

00:54:27,540 --> 00:54:25,780

psychology is what it sounded like to me

1349

00:54:31,110 --> 00:54:27,550

what's up feel-good psychology it's just

1350

00:54:32,550 --> 00:54:31,120

understanding what makes you be the most

1351
00:54:34,950 --> 00:54:32,560
productive citizen in this world and

1352
00:54:37,410 --> 00:54:34,960
that is when you can love yourself and

1353
00:54:38,250 --> 00:54:37,420
love the world around you and that you

1354
00:54:39,660 --> 00:54:38,260
know you could I don't know if you

1355
00:54:42,360 --> 00:54:39,670
wanted to beat that because I don't

1356
00:54:45,030 --> 00:54:42,370
think there that's debatable I think you

1357
00:54:46,980 --> 00:54:45,040
know and religion tries to help out in

1358
00:54:49,100 --> 00:54:46,990
different ways and I think these dreams

1359
00:54:52,950 --> 00:54:49,110
in itself if they're helping the person

1360
00:54:54,510 --> 00:54:52,960
believe in something more whether it be

1361
00:54:57,240 --> 00:54:54,520
an afterlife whether it be that they're

1362
00:54:59,160 --> 00:54:57,250
there say yeah if that's your belief and

1363
00:55:01,110 --> 00:54:59,170

it's a loving approach right it's

1364

00:55:03,720 --> 00:55:01,120

they're not it's not a haunting it's

1365

00:55:05,730 --> 00:55:03,730

it's more of a comforting message that

1366

00:55:07,380 --> 00:55:05,740

they're okay that they love them that's

1367

00:55:10,950 --> 00:55:07,390

what I'm talking about about love and

1368

00:55:13,440 --> 00:55:10,960

griefs about learning to love without

1369

00:55:16,320 --> 00:55:13,450

the person in front of you there to tell

1370

00:55:17,310 --> 00:55:16,330

you that you're lovable and so you have

1371

00:55:19,080 --> 00:55:17,320

that but you also have those other

1372

00:55:22,350 --> 00:55:19,090

dreams where it's just nice to see them

1373

00:55:25,500 --> 00:55:22,360

one more time in a positive way and that

1374

00:55:29,850 --> 00:55:25,510

is also a good thing because I see the

1375

00:55:31,670 --> 00:55:29,860

change in people from from this and you

1376
00:55:37,820 --> 00:55:31,680
know what we'll actually share a dream

1377
00:55:42,180 --> 00:55:37,830
that that I got from an individual and

1378
00:55:44,610 --> 00:55:42,190
so the individual what happened is his

1379
00:55:48,780 --> 00:55:44,620
friend passed away and he thought that

1380
00:55:51,840 --> 00:55:48,790
his friend was you know was happy and

1381
00:55:54,150 --> 00:55:51,850
then his friend commit suicide and it

1382
00:55:56,370 --> 00:55:54,160
really broke him and what happened was

1383
00:55:58,740 --> 00:55:56,380
he was just he's devastated for two

1384
00:56:01,770 --> 00:55:58,750
years he started drinking started doing

1385
00:56:04,020 --> 00:56:01,780
drugs and if it wasn't for his wife he

1386
00:56:06,350 --> 00:56:04,030
actually probably would've had suicide

1387
00:56:09,300 --> 00:56:06,360
himself he was just down and out and

1388
00:56:12,540 --> 00:56:09,310

then he one night he had this dream

1389

00:56:15,150 --> 00:56:12,550

and in the dream he was back in

1390

00:56:18,330 --> 00:56:15,160

elementary school and he was looking

1391

00:56:20,370 --> 00:56:18,340

around and everywhere he was a young age

1392

00:56:23,070 --> 00:56:20,380

everyone else around was was young back

1393

00:56:25,470 --> 00:56:23,080

then but then he realized he was in the

1394

00:56:26,940 --> 00:56:25,480

classroom that his friend may also be

1395

00:56:29,520 --> 00:56:26,950

there too and so he was looking around

1396

00:56:32,520 --> 00:56:29,530

for him and then he sat down and right

1397

00:56:33,960 --> 00:56:32,530

behind him was his friend and his friend

1398

00:56:35,850 --> 00:56:33,970

gave him a thumbs up and he was smiling

1399

00:56:39,150 --> 00:56:35,860

and he was the age he was when he passed

1400

00:56:41,940 --> 00:56:39,160

away and so in like an individual woke

1401
00:56:43,440 --> 00:56:41,950
up and he said that dream changed his

1402
00:56:45,480 --> 00:56:43,450
life after that he actually quit

1403
00:56:47,420 --> 00:56:45,490
drinking quit drugs and his relation

1404
00:56:50,520 --> 00:56:47,430
with his wife became much stronger and

1405
00:56:53,160 --> 00:56:50,530
for whatever reason whatever happened in

1406
00:56:54,600 --> 00:56:53,170
that dream actually saved him and helped

1407
00:56:54,990 --> 00:56:54,610
him a lot and so this what I'm talking

1408
00:56:58,320 --> 00:56:55,000
about

1409
00:57:00,330 --> 00:56:58,330
how powerful these dreams can be and for

1410
00:57:02,880 --> 00:57:00,340
me to say that this was a visitation

1411
00:57:05,700 --> 00:57:02,890
wasn't or whatnot I don't think it means

1412
00:57:07,680 --> 00:57:05,710
anything is it helping the person really

1413
00:57:10,410 --> 00:57:07,690

is it really helping you as you move

1414

00:57:13,740 --> 00:57:10,420

forward in life to you know get back to

1415

00:57:16,170 --> 00:57:13,750

loving life again and if that's yes well

1416

00:57:18,690 --> 00:57:16,180

then who might say that's wrong that's

1417

00:57:21,120 --> 00:57:18,700

actually what we're all I think going

1418

00:57:22,710 --> 00:57:21,130

towards is how do we you know live

1419

00:57:25,650 --> 00:57:22,720

better in this world and live with

1420

00:57:26,910 --> 00:57:25,660

others more peacefully the thing I'm

1421

00:57:32,340 --> 00:57:26,920

wondering about here and listening to

1422

00:57:34,800 --> 00:57:32,350

you is if the dream has a reality to it

1423

00:57:38,130 --> 00:57:34,810

it leads you to a proper decision is

1424

00:57:41,340 --> 00:57:38,140

that your subconscious giving you some

1425

00:57:43,350 --> 00:57:41,350

support or is it an external force and I

1426

00:57:45,360 --> 00:57:43,360

think that's the big mystery if there's

1427

00:57:48,090 --> 00:57:45,370

an external force involved are you

1428

00:57:51,620 --> 00:57:48,100

somehow subconsciously in contact with

1429

00:57:55,320 --> 00:57:51,630

it and is that force the afterlife a

1430

00:57:56,550 --> 00:57:55,330

universal consciousness what I don't

1431

00:57:58,620 --> 00:57:56,560

know and I think that's the question

1432

00:58:00,420 --> 00:57:58,630

that's something I can't answer through

1433

00:58:02,490 --> 00:58:00,430

the research all I can do is sort of

1434

00:58:05,250 --> 00:58:02,500

look at these dreams from a scientific

1435

00:58:06,600 --> 00:58:05,260

perspective as what themes are occurring

1436

00:58:08,810 --> 00:58:06,610

how many people actually having these

1437

00:58:11,010 --> 00:58:08,820

dreams is it making you feel better

1438

00:58:13,320 --> 00:58:11,020

helping your grief as you move forward

1439

00:58:15,000 --> 00:58:13,330

why are people having positive versus

1440

00:58:17,850 --> 00:58:15,010

negative themes that's really what I can

1441

00:58:20,070 --> 00:58:17,860

test for and help understand what

1442

00:58:22,109 --> 00:58:20,080

actually is going on you'd probably have

1443

00:58:23,999 --> 00:58:22,119

to find out like more you know

1444

00:58:25,920 --> 00:58:24,009

Oh science look at the brain what's

1445

00:58:28,589 --> 00:58:25,930

going on in there when these dreams

1446

00:58:29,789 --> 00:58:28,599

occur but who knows maybe in like ten

1447

00:58:32,039 --> 00:58:29,799

years we're gonna figure that question

1448

00:58:34,940 --> 00:58:32,049

out I think that's a really reasonable

1449

00:58:38,940 --> 00:58:34,950

point of view I mean if you sort of

1450

00:58:42,029 --> 00:58:38,950

demystify there's a whole thing and look

1451

00:58:44,880 --> 00:58:42,039

at it from as objective at position as

1452

00:58:46,259 --> 00:58:44,890

possible then what you're saying makes

1453

00:58:47,880 --> 00:58:46,269

quite a bit of sense I mean you're

1454

00:58:50,609 --> 00:58:47,890

talking to someone who you know like I

1455

00:58:53,220 --> 00:58:50,619

said I I don't believe after lives are

1456

00:58:57,509 --> 00:58:53,230

possible but in the dream that I had

1457

00:59:01,620 --> 00:58:57,519

with my dad it was very real and in

1458

00:59:05,089 --> 00:59:01,630

terms of my subjective experience it was

1459

00:59:08,069 --> 00:59:05,099

like having him there when I woke up I

1460

00:59:12,539 --> 00:59:08,079

felt as though I had actually gone to

1461

00:59:13,980 --> 00:59:12,549

visit with him and you know I know in my

1462

00:59:17,069 --> 00:59:13,990

own mind that that's not what happened

1463

00:59:18,630 --> 00:59:17,079

but your brain thinks the imagery and

1464

00:59:20,130 --> 00:59:18,640

what's happening to you in dream is

1465

00:59:21,480 --> 00:59:20,140

really it doesn't really know the

1466

00:59:24,109 --> 00:59:21,490

difference when you're dreaming at the

1467

00:59:27,539 --> 00:59:24,119

time and that releases chemicals

1468

00:59:29,789 --> 00:59:27,549

oxytocin and serotonin and other things

1469

00:59:33,299 --> 00:59:29,799

that give you that sense of well-being

1470

00:59:35,579 --> 00:59:33,309

and when that happens and it makes a

1471

00:59:38,069 --> 00:59:35,589

person feel better I mean it made me

1472

00:59:41,549 --> 00:59:38,079

feel much better about things for for

1473

00:59:44,370 --> 00:59:41,559

quite a while so I can see how these

1474

00:59:47,640 --> 00:59:44,380

transformative experiences can take

1475

00:59:49,680 --> 00:59:47,650

place on a biological level without the

1476

00:59:51,839 --> 00:59:49,690

necessity of having to believe in an

1477

00:59:53,400 --> 00:59:51,849

afterlife yeah and that's what I've been

1478

00:59:55,769 --> 00:59:53,410

saying like it doesn't really matter

1479

00:59:58,470 --> 00:59:55,779

like if you believe it that's great I'm

1480

00:59:59,700 --> 00:59:58,480

not here to sort of disprove that what

1481

01:00:02,029 --> 00:59:59,710

I'm here to say is like this is what's

1482

01:00:04,289 --> 01:00:02,039

going on and for people who are already

1483

01:00:06,450 --> 01:00:04,299

religious or spiritual these dreams can

1484

01:00:08,519 --> 01:00:06,460

affect them this way when they're not it

1485

01:00:10,380 --> 01:00:08,529

can still have benefits as you said to

1486

01:00:12,930 --> 01:00:10,390

yourself like it was a nice dream and

1487

01:00:15,089 --> 01:00:12,940

you woke up and it wasn't it didn't like

1488

01:00:16,680 --> 01:00:15,099

derail you at all and you said probably

1489

01:00:18,569 --> 01:00:16,690

maybe even helped you a little bit and a

1490

01:00:19,019 --> 01:00:18,579

lot of these dreams can and that's what

1491

01:00:20,849 --> 01:00:19,029

I'm saying

1492

01:00:22,710 --> 01:00:20,859

oh it doesn't matter like so my research

1493

01:00:24,210 --> 01:00:22,720

is showing it doesn't matter if you're

1494

01:00:26,460 --> 01:00:24,220

religious or not you're still having

1495

01:00:31,019 --> 01:00:26,470

these dreams and so it's not a factor

1496

01:00:34,499 --> 01:00:31,029

and you know so one of the numbers over

1497

01:00:35,970 --> 01:00:34,509

85% of people in my one study actually

1498

01:00:39,240 --> 01:00:35,980

within the first year had a dream of the

1499

01:00:42,300 --> 01:00:39,250

deceased and so a large amount of people

1500

01:00:43,770 --> 01:00:42,310

who lose their loved ones or actually

1501
01:00:45,900 --> 01:00:43,780
will have a dream at some point in their

1502
01:00:48,540 --> 01:00:45,910
grief journey I think that's amazing and

1503
01:00:50,340 --> 01:00:48,550
it doesn't just happen for adults it

1504
01:00:52,109 --> 01:00:50,350
happens for kids will also dream of

1505
01:00:53,730 --> 01:00:52,119
their loved ones it also happens if you

1506
01:00:55,440 --> 01:00:53,740
lose a pet you can dream with a pet and

1507
01:00:58,620 --> 01:00:55,450
also miscarriages I just finished a

1508
01:01:00,780 --> 01:00:58,630
study with that and you can dream of the

1509
01:01:02,520 --> 01:01:00,790
the pregnancy again or you can also

1510
01:01:05,010 --> 01:01:02,530
dream of the baby in different ways

1511
01:01:06,510 --> 01:01:05,020
positive or negative and some of it

1512
01:01:08,280 --> 01:01:06,520
could be reassuring other ones can be

1513
01:01:10,380 --> 01:01:08,290

more negative so just interesting the

1514

01:01:11,820 --> 01:01:10,390

really whatever like all the different

1515

01:01:14,520 --> 01:01:11,830

deaths and our attachments we have with

1516

01:01:16,020 --> 01:01:14,530

people in one way or another there it's

1517

01:01:17,430 --> 01:01:16,030

possible for us to actually have these

1518

01:01:19,680 --> 01:01:17,440

experiences continue have these

1519

01:01:22,800 --> 01:01:19,690

experiences with seem again in our

1520

01:01:25,109 --> 01:01:22,810

dreams I still have an issue though when

1521

01:01:28,770 --> 01:01:25,119

you say it doesn't matter if it

1522

01:01:32,910 --> 01:01:28,780

reinforces beliefs that are basically

1523

01:01:34,950 --> 01:01:32,920

nonsense well a problem with that I have

1524

01:01:36,840 --> 01:01:34,960

no idea because I have no idea why you

1525

01:01:38,400 --> 01:01:36,850

you what's it like you don't believe in

1526

01:01:41,010 --> 01:01:38,410

afterlife and that's fine like I'm not

1527

01:01:42,390 --> 01:01:41,020

here to sort of debate you on if an

1528

01:01:44,730 --> 01:01:42,400

afterlife is real I could really care

1529

01:01:47,609 --> 01:01:44,740

less tell you the truth but I'm talking

1530

01:01:50,760 --> 01:01:47,619

about the person yeah Joshua excuse me

1531

01:01:53,190 --> 01:01:50,770

you could care less if an afterlife is

1532

01:01:55,320 --> 01:01:53,200

real why is it care less if he believes

1533

01:01:57,800 --> 01:01:55,330

that the naps life is real okay yeah

1534

01:01:59,730 --> 01:01:57,810

yeah for myself right it's different and

1535

01:02:02,250 --> 01:01:59,740

like that's why I'm saying we're all

1536

01:02:04,050 --> 01:02:02,260

individual people trying to figure out

1537

01:02:06,120 --> 01:02:04,060

this world because at the end that this

1538

01:02:07,500 --> 01:02:06,130

could just be a real big dream you know

1539

01:02:09,660 --> 01:02:07,510

like I don't know if this is even

1540

01:02:12,599 --> 01:02:09,670

reality because everything that happens

1541

01:02:12,990 --> 01:02:12,609

in a dream world can also happen in this

1542

01:02:15,359 --> 01:02:13,000

world

1543

01:02:17,130 --> 01:02:15,369

so you've probably heard of that many

1544

01:02:18,720 --> 01:02:17,140

times where like how do we know this is

1545

01:02:21,210 --> 01:02:18,730

even real how do you know that this is

1546

01:02:24,210 --> 01:02:21,220

not a dream that we're in we don't but

1547

01:02:26,670 --> 01:02:24,220

what I can do is for myself as I think

1548

01:02:29,730 --> 01:02:26,680

I'm an entity in this world as myself

1549

01:02:31,800 --> 01:02:29,740

what can I do to benefit my life and so

1550

01:02:34,560 --> 01:02:31,810

if I want to believe in something when

1551

01:02:37,410 --> 01:02:34,570

it comes to religion that helps me love

1552

01:02:40,349 --> 01:02:37,420

myself more helps me love others more

1553

01:02:42,900 --> 01:02:40,359

and helps me actually do good for this

1554

01:02:47,609 --> 01:02:42,910

world you know like that's my own

1555

01:02:49,470 --> 01:02:47,619

personal thing and for for Randall if he

1556

01:02:49,680 --> 01:02:49,480

doesn't want to well that's okay like

1557

01:02:51,900 --> 01:02:49,690

I'm

1558

01:02:53,520 --> 01:02:51,910

here to say you have to or an afterlife

1559

01:02:57,450 --> 01:02:53,530

Srila something like I don't really care

1560

01:03:00,180 --> 01:02:57,460

it's like whatever you need to do to see

1561

01:03:02,310 --> 01:03:00,190

yourself as loveable to love the people

1562

01:03:04,710 --> 01:03:02,320

around you and help them and support

1563

01:03:06,510 --> 01:03:04,720

them in our community you know that

1564

01:03:08,100 --> 01:03:06,520

that's good you need to believe in an

1565

01:03:08,730 --> 01:03:08,110

afterlife to love yourself that's all

1566

01:03:11,040 --> 01:03:08,740

I'm saying

1567

01:03:12,870 --> 01:03:11,050

so when I talk about these you know bad

1568

01:03:14,640 --> 01:03:12,880

advice when it comes to grief dreams

1569

01:03:16,290 --> 01:03:14,650

that's what I'm saying is you have to

1570

01:03:17,730 --> 01:03:16,300

allow people to believe whatever they

1571

01:03:20,610 --> 01:03:17,740

need to believe and work with that

1572

01:03:22,200 --> 01:03:20,620

belief because if you try to hold them a

1573

01:03:23,490 --> 01:03:22,210

different way you're not gonna get

1574

01:03:25,770 --> 01:03:23,500

anywhere with them you're not gonna help

1575

01:03:28,050 --> 01:03:25,780

them so you you figure out what they

1576

01:03:29,730 --> 01:03:28,060

believe in whatever if it's religion if

1577

01:03:32,850 --> 01:03:29,740

it's not and you work with their grief

1578

01:03:35,610 --> 01:03:32,860

in that way we're exploring Reif dreams

1579

01:03:38,970 --> 01:03:35,620

and their implications with Joshua black

1580

01:03:47,140 --> 01:03:38,980

got more to come with Jeanne and Randall

1581

01:03:52,250 --> 01:03:50,000

hey let me tell you a few things the

1582

01:03:56,210 --> 01:03:52,260

number of elderly residents is expected

1583

01:04:00,260 --> 01:03:56,220

to nearly double by 2050 10,000 boomers

1584

01:04:04,370 --> 01:04:00,270

hit retirement age or turn 65 every day

1585

01:04:06,500 --> 01:04:04,380

one in six working adults cares for an

1586

01:04:09,530 --> 01:04:06,510

aging relative now let me tell you about

1587

01:04:12,590 --> 01:04:09,540

care comm you see care.com is the

1588

01:04:14,870 --> 01:04:12,600

world's largest digital marketplace for

1589

01:04:17,390 --> 01:04:14,880

finding and managing all kinds of family

1590

01:04:19,390 --> 01:04:17,400

care and it's especially good for

1591

01:04:21,710 --> 01:04:19,400

helping families find high-quality

1592

01:04:24,770 --> 01:04:21,720

senior care for their loved ones

1593

01:04:27,140 --> 01:04:24,780

you can browse local caregivers to find

1594

01:04:29,090 --> 01:04:27,150

the ones that meet your needs you know I

1595

01:04:31,450 --> 01:04:29,100

wish we had a service like Harrod I'd

1596

01:04:34,130 --> 01:04:31,460

come around when my mom became ill very

1597

01:04:37,100 --> 01:04:34,140

many years ago and here's a special

1598

01:04:40,490 --> 01:04:37,110

offer for para cast listeners you can

1599

01:04:47,720 --> 01:04:40,500

save 30 percent off a care.com premium

1600

01:04:52,160 --> 01:04:49,490

doesn't take vacations it never

1601
01:04:54,440 --> 01:04:52,170
celebrates holidays it's on the job 24/7

1602
01:04:56,900 --> 01:04:54,450
to keep your life exactly where it is in

1603
01:04:58,940 --> 01:04:56,910
limbo but it doesn't have to be that way

1604
01:05:00,440 --> 01:04:58,950
because Laser Spine Institute can help

1605
01:05:02,390 --> 01:05:00,450
you take back your life from chronic

1606
01:05:04,610 --> 01:05:02,400
neck and back pain with a less than

1607
01:05:06,290 --> 01:05:04,620
one-inch incision our minimally invasive

1608
01:05:09,230 --> 01:05:06,300
procedures have provided relief to over

1609
01:05:11,480 --> 01:05:09,240
60,000 patients with a 97% patient

1610
01:05:13,250 --> 01:05:11,490
satisfaction rate so get ready to stand

1611
01:05:15,470 --> 01:05:13,260
tall and live the life you've imagined

1612
01:05:17,090 --> 01:05:15,480
for yourself without pain are you or a

1613
01:05:19,640 --> 01:05:17,100

loved one suffering from a bulging disc

1614

01:05:21,710 --> 01:05:19,650

herniated disc spinal stenosis pinched

1615

01:05:24,410 --> 01:05:21,720

nerve or degenerative disc disease call

1616

01:05:27,200 --> 01:05:24,420

our spine care consultants now at eight

1617

01:05:29,480 --> 01:05:27,210

five five five one zero back for a no

1618

01:05:31,310 --> 01:05:29,490

cost MRI review and to learn more it's

1619

01:05:34,250 --> 01:05:31,320

time to say goodbye to chronic neck and

1620

01:05:35,900 --> 01:05:34,260

back pain call eight five five five one

1621

01:05:37,640 --> 01:05:35,910

zero back to see if laser spine

1622

01:05:39,910 --> 01:05:37,650

surgeries right for you that's eight

1623

01:05:42,130 --> 01:05:39,920

five five five one zero back

1624

01:05:43,990 --> 01:05:42,140

what have you got to lose Laser Spine

1625

01:05:50,230 --> 01:05:44,000

Institute the leader in minimally

1626
01:05:52,210 --> 01:05:50,240
invasive spine surgery water is the

1627
01:05:54,220 --> 01:05:52,220
single most important thing your body

1628
01:05:57,700 --> 01:05:54,230
needs so you want to be sure it's the

1629
01:05:59,410 --> 01:05:57,710
best for you and your family since 2005

1630
01:06:01,569 --> 01:05:59,420
thousands have depended on our key

1631
01:06:04,150 --> 01:06:01,579
purified water the perky guy provides

1632
01:06:06,309 --> 01:06:04,160
the lowest priced filtration systems and

1633
01:06:09,609 --> 01:06:06,319
every size for incredibly delicious

1634
01:06:12,309 --> 01:06:09,619
water now and in an emergency get to go

1635
01:06:13,930 --> 01:06:12,319
Bertie calm or call eight seven seven

1636
01:06:17,380 --> 01:06:13,940
eight eight six three six five three

1637
01:06:21,339 --> 01:06:17,390
eight seven seven eight eight six 36:53

1638
01:06:23,440 --> 01:06:21,349

go Bertie calm if you were 85 or younger

1639

01:06:25,450 --> 01:06:23,450

would you like peace of mind and comfort

1640

01:06:27,700 --> 01:06:25,460

for your family we're final expense

1641

01:06:29,980 --> 01:06:27,710

direct with an urgent message for you

1642

01:06:31,960 --> 01:06:29,990

the average funeral today costs over

1643

01:06:33,730 --> 01:06:31,970

eight thousand dollars but the most

1644

01:06:36,430 --> 01:06:33,740

you'll get from government benefits is

1645

01:06:38,920 --> 01:06:36,440

two hundred fifty five dollars how will

1646

01:06:41,200 --> 01:06:38,930

your family pay the difference we can

1647

01:06:43,660 --> 01:06:41,210

help our senior plans start as low as

1648

01:06:45,819 --> 01:06:43,670

just a dollar a day and pay up to thirty

1649

01:06:48,819 --> 01:06:45,829

thousand dollars for a funeral and other

1650

01:06:51,099 --> 01:06:48,829

final expenses peace of mind is easy

1651

01:06:53,710 --> 01:06:51,109

there's no medical exam you'll have

1652

01:06:55,420 --> 01:06:53,720

lifetime coverage and your plan can't be

1653

01:06:58,000 --> 01:06:55,430

canceled as long as you pay your

1654

01:07:00,339 --> 01:06:58,010

premiums call now for free information

1655

01:07:02,620 --> 01:07:00,349

about our senior plans answer a few

1656

01:07:04,990 --> 01:07:02,630

simple questions and receive approval

1657

01:07:06,400 --> 01:07:05,000

right on the phone plus call right now

1658

01:07:09,099 --> 01:07:06,410

and we'll give you a discount

1659

01:07:11,380 --> 01:07:09,109

prescription card for free call eight

1660

01:07:11,829 --> 01:07:11,390

hundred five five seven zero one fifty

1661

01:07:20,859 --> 01:07:11,839

eight

1662

01:07:23,680 --> 01:07:20,869

this is Ted Anderson I'm here to tell

1663

01:07:26,289 --> 01:07:23,690

you about GCN telecare dot-com a team of

1664

01:07:29,620 --> 01:07:26,299

board-certified doctors assisting you 24

1665

01:07:32,140 --> 01:07:29,630

hours a day seven days a week 365 days a

1666

01:07:34,079 --> 01:07:32,150

year within 15 minutes of registration

1667

01:07:36,130 --> 01:07:34,089

care your family can afford

1668

01:07:38,799 --> 01:07:36,140

revolutionising the health care industry

1669

01:07:41,440 --> 01:07:38,809

virtual consulting providing diagnosis

1670

01:07:43,930 --> 01:07:41,450

of non-emergency medical issues by phone

1671

01:07:47,500 --> 01:07:43,940

or secure video on computer or smart

1672

01:07:53,109 --> 01:07:47,510

mobile devices GCN telecom virtual care

1673

01:07:54,819 --> 01:07:53,119

anywhere we'd like to hear from you if

1674

01:07:58,059 --> 01:07:54,829

you have a comment or question about the

1675

01:08:01,480 --> 01:07:58,069

para cast sent it to news at the para

1676

01:08:03,970 --> 01:08:01,490

cast com that's news at the para cast

1677

01:08:06,700 --> 01:08:03,980

calm and don't forget to visit our

1678

01:08:12,249 --> 01:08:06,710

famous para cast community forums at

1679

01:08:15,339 --> 01:08:12,259

forum dot the para cast calm so Joshua

1680

01:08:18,300 --> 01:08:15,349

black I understand the practical thing

1681

01:08:21,399 --> 01:08:18,310

here but when we talked about dreams and

1682

01:08:23,530 --> 01:08:21,409

precognition and we normally think well

1683

01:08:26,439 --> 01:08:23,540

you predict possibly or expect the death

1684

01:08:28,660 --> 01:08:26,449

of somebody loved one or something are

1685

01:08:30,399 --> 01:08:28,670

there other areas of precognition that

1686

01:08:34,530 --> 01:08:30,409

these dreams lead to that may sometimes

1687

01:08:38,559 --> 01:08:34,540

be true yeah so I've heard other dreams

1688

01:08:41,729 --> 01:08:38,569

when it comes to not like deceased loved

1689

01:08:45,309 --> 01:08:41,739

one but let's say some like more

1690

01:08:47,140 --> 01:08:45,319

mystical kind of experiences so one

1691

01:08:49,899 --> 01:08:47,150

dream was shared where an individual was

1692

01:08:53,379 --> 01:08:49,909

having a court case so after the person

1693

01:08:56,349 --> 01:08:53,389

her father I died there was a lawsuit

1694

01:08:58,599 --> 01:08:56,359

going on and the individual needed these

1695

01:08:59,800 --> 01:08:58,609

papers to actually win the court case

1696

01:09:02,470 --> 01:08:59,810

but she couldn't find them anywhere

1697

01:09:04,510 --> 01:09:02,480

and so she's stressing out about it and

1698

01:09:08,289 --> 01:09:04,520

then also she had this dream and then in

1699

01:09:10,209 --> 01:09:08,299

the dream she had she was in this like

1700

01:09:12,970 --> 01:09:10,219

storage unit and there was all these

1701

01:09:15,789 --> 01:09:12,980

bins everywhere and there's this one bin

1702

01:09:17,399 --> 01:09:15,799

and on top of the bin was this kind of

1703

01:09:19,660 --> 01:09:17,409

like I think was like a leather jacket

1704

01:09:21,309 --> 01:09:19,670

anyways the deceased lifts up the

1705

01:09:23,709 --> 01:09:21,319

leather jacket and then the papers are

1706

01:09:25,539 --> 01:09:23,719

there and so she woke up she went to

1707

01:09:27,640 --> 01:09:25,549

that storage unit looked at that Ben

1708

01:09:29,289 --> 01:09:27,650

corsa jacket was there lifted it up in

1709

01:09:31,570 --> 01:09:29,299

the paper she needed to win the court

1710

01:09:32,439 --> 01:09:31,580

case we're actually in there and I've

1711

01:09:34,180 --> 01:09:32,449

heard this actually a couple different

1712

01:09:36,519 --> 01:09:34,190

times where sometimes this u s-- will

1713

01:09:38,439 --> 01:09:36,529

come if you're looking for something and

1714

01:09:39,820 --> 01:09:38,449

you can't find it or maybe they stashed

1715

01:09:41,649 --> 01:09:39,830

something this is a very interesting one

1716

01:09:43,419 --> 01:09:41,659

I've heard this a couple times they

1717

01:09:45,789 --> 01:09:43,429

stash something maybe it's money or it's

1718

01:09:47,499 --> 01:09:45,799

the will in a place where the deceased

1719

01:09:50,050 --> 01:09:47,509

where the living person didn't know

1720

01:09:52,689 --> 01:09:50,060

where it was they get the dream where it

1721

01:09:55,270 --> 01:09:52,699

shows the location and then they they go

1722

01:09:56,680 --> 01:09:55,280

to that and the thing is there so as I'm

1723

01:09:58,479 --> 01:09:56,690

saying like it it's the mystery of life

1724

01:10:01,180 --> 01:09:58,489

it just makes you sit there I can't you

1725

01:10:03,340 --> 01:10:01,190

know I'm trusting their word on the the

1726

01:10:05,860 --> 01:10:03,350

dreams themselves and all I can do so

1727

01:10:07,339 --> 01:10:05,870

acknowledge that that's that's what

1728

01:10:10,990 --> 01:10:07,349

they're telling me

1729

01:10:13,370 --> 01:10:11,000

if that's true that's a very interesting

1730

01:10:15,200 --> 01:10:13,380

interesting dream interesting event to

1731

01:10:18,589 --> 01:10:15,210

happen in this world

1732

01:10:20,930 --> 01:10:18,599

is it possible here in some cases before

1733

01:10:24,109 --> 01:10:20,940

dying the deceased person showed them

1734

01:10:27,410 --> 01:10:24,119

something they relate to what they're

1735

01:10:29,089 --> 01:10:27,420

looking for and in searching for it they

1736

01:10:31,700 --> 01:10:29,099

remember oh

1737

01:10:33,620 --> 01:10:31,710

they showed me that so they dream of the

1738

01:10:35,450 --> 01:10:33,630

individuals showing them this particular

1739

01:10:37,700 --> 01:10:35,460

item mm-hm

1740

01:10:39,530 --> 01:10:37,710

that could be or say like that it's hard

1741

01:10:41,689 --> 01:10:39,540

to really determine you're just trusting

1742

01:10:44,510 --> 01:10:41,699

the person's word and they're their

1743

01:10:46,819 --> 01:10:44,520

cognitive memory to sort of see have

1744

01:10:48,169 --> 01:10:46,829

they ever showed me that before and so

1745

01:10:50,750 --> 01:10:48,179

that's what I'm saying like when it

1746

01:10:53,359 --> 01:10:50,760

comes to - if someone ever shared that

1747

01:10:55,399 --> 01:10:53,369

to me I acknowledge that that's what

1748

01:10:57,260 --> 01:10:55,409

they believe occurred and that's okay

1749

01:10:58,790 --> 01:10:57,270

I'm like here did it sort of say you

1750

01:11:00,319 --> 01:10:58,800

know trying to like really debate you

1751

01:11:01,580 --> 01:11:00,329

know have you did you know it before and

1752

01:11:03,439 --> 01:11:01,590

that's her stuff because it's not really

1753

01:11:05,330 --> 01:11:03,449

going to get anywhere but just to

1754

01:11:07,819 --> 01:11:05,340

acknowledge that occurred for them and

1755

01:11:09,260 --> 01:11:07,829

what that made them feel right like and

1756

01:11:11,300 --> 01:11:09,270

how did that help them expression with

1757

01:11:12,919 --> 01:11:11,310

the woman the court case she was it was

1758

01:11:14,839 --> 01:11:12,929

just like a remarkable feeling that

1759

01:11:16,459 --> 01:11:14,849

actually helped her not only win the

1760

01:11:17,870 --> 01:11:16,469

court case and relieve live stress but

1761

01:11:20,810 --> 01:11:17,880

also feel loved that she was you know

1762

01:11:22,520 --> 01:11:20,820

she took it's a visitation that her

1763

01:11:24,919 --> 01:11:22,530

father was still with her and you know

1764

01:11:27,649 --> 01:11:24,929

that's cool don't get me wrong here I

1765

01:11:29,479 --> 01:11:27,659

tend to examine things from a skeptical

1766

01:11:31,609 --> 01:11:29,489

point of view and what you sort of are

1767

01:11:33,950 --> 01:11:31,619

seeing is debate for the purpose of

1768

01:11:36,970 --> 01:11:33,960

getting at what is more likely to be

1769

01:11:39,260 --> 01:11:36,980

true about specific kinds of claims and

1770

01:11:41,569 --> 01:11:39,270

therefore what we're having is is a

1771

01:11:43,850 --> 01:11:41,579

discussion that is truth-seeking we're

1772

01:11:46,280 --> 01:11:43,860

not necessarily having a debate we're

1773

01:11:48,729 --> 01:11:46,290

looking for the truth and so we have to

1774

01:11:51,589 --> 01:11:48,739

ask those kinds of questions in order to

1775

01:11:53,810 --> 01:11:51,599

help us make some sense of what you call

1776

01:11:55,970 --> 01:11:53,820

the mystery and you know I can't help

1777

01:11:58,010 --> 01:11:55,980

but think that it is the mystery it is

1778

01:12:00,319 --> 01:11:58,020

in fact that these things are happening

1779

01:12:03,140 --> 01:12:00,329

and then they do represent a mystery

1780

01:12:05,060 --> 01:12:03,150

that leads us to these types of

1781

01:12:07,729 --> 01:12:05,070

investigations we want to know why I

1782

01:12:11,330 --> 01:12:07,739

mean don't you have any curiosity as to

1783

01:12:12,979 --> 01:12:11,340

how these things are possible yeah and I

1784

01:12:15,109 --> 01:12:12,989

have no idea I said like if they are

1785

01:12:17,610 --> 01:12:15,119

especially the precognitive stuff how it

1786

01:12:19,500 --> 01:12:17,620

is possible I have no idea and

1787

01:12:22,500 --> 01:12:19,510

I don't have the tools to and we have

1788

01:12:25,770 --> 01:12:22,510

the scientific understanding yet even

1789

01:12:28,560 --> 01:12:25,780

the tools to research that in a way that

1790

01:12:31,680 --> 01:12:28,570

it needs to be done and so I'm okay with

1791

01:12:33,720 --> 01:12:31,690

leaving it as unknown and that it may be

1792

01:12:34,830 --> 01:12:33,730

possible I'm okay with that some people

1793

01:12:36,660 --> 01:12:34,840

aren't right like some people really

1794

01:12:38,940 --> 01:12:36,670

want to know and like have they ever

1795

01:12:40,890 --> 01:12:38,950

shown them you know where that was you

1796

01:12:42,810 --> 01:12:40,900

know okay okay that's who you are and

1797

01:12:44,280 --> 01:12:42,820

what you need and they may have or may

1798

01:12:46,230 --> 01:12:44,290

not look at the end the day like I'm

1799

01:12:48,930 --> 01:12:46,240

working with people in their grief and

1800

01:12:50,820 --> 01:12:48,940

that trying to understand that aspect

1801
01:12:52,650 --> 01:12:50,830
actually turning away from the grief

1802
01:12:54,810 --> 01:12:52,660
when I look at things when I'm speaking

1803
01:12:56,940 --> 01:12:54,820
to you today it's about those people who

1804
01:12:59,130 --> 01:12:56,950
are grieving and the sharing stuff to me

1805
01:13:00,840 --> 01:12:59,140
how can I approach them in a way that's

1806
01:13:03,360 --> 01:13:00,850
loving to help them through their

1807
01:13:04,650 --> 01:13:03,370
journey but like with you and me I say

1808
01:13:07,260 --> 01:13:04,660
like neither of us are talking about

1809
01:13:09,810 --> 01:13:07,270
someone's grief then yeah it's very

1810
01:13:11,370 --> 01:13:09,820
interesting and it could be what you're

1811
01:13:13,560 --> 01:13:11,380
talking about when you talk about what's

1812
01:13:16,320 --> 01:13:13,570
the truth it could be multiple things

1813
01:13:19,080 --> 01:13:16,330

but I don't know but I'm not against any

1814

01:13:24,380 --> 01:13:19,090

sort of approach on what it could be are

1815

01:13:27,540 --> 01:13:24,390

you never curious to find out why like

1816

01:13:28,620 --> 01:13:27,550

not really you know like it's it's very

1817

01:13:31,260 --> 01:13:28,630

interesting it depends what you're

1818

01:13:34,080 --> 01:13:31,270

focused on and when it comes to that

1819

01:13:36,060 --> 01:13:34,090

stuff I know that you can't know sign

1820

01:13:38,190 --> 01:13:36,070

like academically you can't study that

1821

01:13:40,680 --> 01:13:38,200

but I know it's possible it could be

1822

01:13:43,560 --> 01:13:40,690

memory right it definitely could be just

1823

01:13:45,390 --> 01:13:43,570

forgot and that's interesting but like

1824

01:13:47,130 --> 01:13:45,400

some of the stuff that you hear you're

1825

01:13:49,500 --> 01:13:47,140

like especially with the people dying

1826

01:13:52,860 --> 01:13:49,510

and stuff and I like sitting and the

1827

01:13:55,230 --> 01:13:52,870

unknown and what it could be and who

1828

01:13:57,300 --> 01:13:55,240

knows but it doesn't bother me

1829

01:13:59,730 --> 01:13:57,310

like I don't need to find the truth on

1830

01:14:02,220 --> 01:13:59,740

those things other things I do when it

1831

01:14:04,620 --> 01:14:02,230

comes to that I'm okay with just sitting

1832

01:14:06,480 --> 01:14:04,630

with whatever it may be given all the

1833

01:14:09,540 --> 01:14:06,490

possibilities it's not like I'm one over

1834

01:14:12,500 --> 01:14:09,550

the other I'm just wondering why you

1835

01:14:16,500 --> 01:14:12,510

feel that way it strikes me as kind of

1836

01:14:21,050 --> 01:14:16,510

incuriously facilities here of a

1837

01:14:23,250 --> 01:14:21,060

university to do all sorts of research

1838

01:14:25,680 --> 01:14:23,260

mm-hmm but you're willing to accept the

1839

01:14:28,080 --> 01:14:25,690

stories as opposed to saying hey what's

1840

01:14:30,950 --> 01:14:28,090

causing this is it memory is an

1841

01:14:32,510 --> 01:14:30,960

interaction with some supernatural force

1842

01:14:35,060 --> 01:14:32,520

in life after death there's so many

1843

01:14:39,709 --> 01:14:35,070

possibilities and if you don't want to

1844

01:14:42,590 --> 01:14:39,719

do it or it's not your area of expertise

1845

01:14:44,780 --> 01:14:42,600

maybe help encourage other people to

1846

01:14:45,800 --> 01:14:44,790

look into it yeah like at the end the

1847

01:14:48,080 --> 01:14:45,810

day if other people want it that's

1848

01:14:50,150 --> 01:14:48,090

that's fine but it's it like it's how

1849

01:14:52,340 --> 01:14:50,160

would we know like how do we know that's

1850

01:14:54,530 --> 01:14:52,350

what like I understand the topic and

1851
01:14:56,720 --> 01:14:54,540
enough that if someone shared that let's

1852
01:14:58,940 --> 01:14:56,730
say it was to try to find something that

1853
01:15:02,330 --> 01:14:58,950
you know they didn't know didn't think

1854
01:15:04,190 --> 01:15:02,340
they knew how would you even investigate

1855
01:15:05,930 --> 01:15:04,200
that you know like because if they're

1856
01:15:07,220 --> 01:15:05,940
not remembering if it's suppressed how

1857
01:15:08,750 --> 01:15:07,230
you supposed to even know that it was a

1858
01:15:11,030 --> 01:15:08,760
memory you know like we don't have the

1859
01:15:14,270 --> 01:15:11,040
tools to understand if it was memory to

1860
01:15:16,100 --> 01:15:14,280
begin with so I can understand the how

1861
01:15:17,060 --> 01:15:16,110
hard it would be to even try to find the

1862
01:15:21,140 --> 01:15:17,070
truth and that's what we're all trying

1863
01:15:22,520 --> 01:15:21,150

to say it's I'm not - we don't have the

1864

01:15:23,690 --> 01:15:22,530

tools yet and so because we don't the

1865

01:15:26,810 --> 01:15:23,700

tools is not something that's depressing

1866

01:15:31,550 --> 01:15:26,820

to me because to understand that

1867

01:15:33,680 --> 01:15:31,560

question if that was a actual you know

1868

01:15:36,410 --> 01:15:33,690

memory or if it was actually something

1869

01:15:39,470 --> 01:15:36,420

new from sort of the afterlife or or

1870

01:15:41,360 --> 01:15:39,480

whatnot you need different techniques

1871

01:15:43,760 --> 01:15:41,370

and tools to investigate this stuff that

1872

01:15:44,510 --> 01:15:43,770

we just don't have and so I came not

1873

01:15:46,729 --> 01:15:44,520

gonna invent it

1874

01:15:48,709 --> 01:15:46,739

that's not my my purpose it's not where

1875

01:15:50,270 --> 01:15:48,719

my heart is my heart is first just

1876

01:15:52,640 --> 01:15:50,280

really looking at these dreams to give

1877

01:15:55,220 --> 01:15:52,650

them I guess a voice and then if people

1878

01:15:57,530 --> 01:15:55,230

want to there's a ton of researchers yet

1879

01:15:58,910 --> 01:15:57,540

this haven't really focused on atomic if

1880

01:16:00,530 --> 01:15:58,920

they want to start focusing on these

1881

01:16:02,570 --> 01:16:00,540

dreams there's a lot of different areas

1882

01:16:04,430 --> 01:16:02,580

that you can and if this is something

1883

01:16:05,900 --> 01:16:04,440

that they want to do you know amazing

1884

01:16:08,720 --> 01:16:05,910

would be interesting to see what kind of

1885

01:16:10,910 --> 01:16:08,730

methods they use to try to to answer

1886

01:16:13,190 --> 01:16:10,920

their questions because I can't come up

1887

01:16:15,320 --> 01:16:13,200

with any in my head that would be valid

1888

01:16:17,300 --> 01:16:15,330

and that's when should I say it's it's

1889

01:16:20,000 --> 01:16:17,310

one of those questions that you know

1890

01:16:23,000 --> 01:16:20,010

we're just not ready to answer in a salt

1891

01:16:24,470 --> 01:16:23,010

scientific community I want to ask you

1892

01:16:26,540 --> 01:16:24,480

something else in our next segment and

1893

01:16:28,700 --> 01:16:26,550

we'll get to something our power cache

1894

01:16:30,709 --> 01:16:28,710

listeners will be familiar with with

1895

01:16:38,400 --> 01:16:30,719

gene and Randall you're in the Barry

1896

01:16:48,790 --> 01:16:42,340

you are listening to GCN

1897

01:16:51,820 --> 01:16:48,800

visit GCN live.com today maybe not today

1898

01:16:54,760 --> 01:16:51,830

maybe not tomorrow but soon you'll need

1899

01:16:56,410 --> 01:16:54,770

a plan and place to survive forget

1900

01:16:59,140 --> 01:16:56,420

bunkers you're not a live underground

1901

01:17:00,970 --> 01:16:59,150

Cofer you need survivalist camps the

1902

01:17:03,160 --> 01:17:00,980

ultimate fully functional off-the-grid

1903

01:17:05,200 --> 01:17:03,170

mobile survival bug outhouse that's well

1904

01:17:08,020 --> 01:17:05,210

equipped and custom-built to outlast any

1905

01:17:08,680 --> 01:17:08,030

other RV or trailer bold statement you

1906

01:17:11,020 --> 01:17:08,690

bet

1907

01:17:13,810 --> 01:17:11,030

see him now at survivalist camps calm

1908

01:17:15,790 --> 01:17:13,820

that's survivalist camp's calm trust

1909

01:17:19,270 --> 01:17:15,800

your family survival to survival is

1910

01:17:21,790 --> 01:17:19,280

Gamescom hunters anglers campers and

1911

01:17:23,350 --> 01:17:21,800

survivalists get back to nature expand

1912

01:17:25,780 --> 01:17:23,360

your horizons with the highest quality

1913

01:17:27,700 --> 01:17:25,790

most versatile unique sling shots and

1914

01:17:30,160 --> 01:17:27,710

sling bows on the market at slingbow

1915

01:17:32,530 --> 01:17:30,170

comms libo products are compact and

1916

01:17:34,540 --> 01:17:32,540

models start from just 1798 they're

1917

01:17:36,490 --> 01:17:34,550

perfect for your bug out bag or storing

1918

01:17:38,440 --> 01:17:36,500

in your vehicle give yourself and your

1919

01:17:40,750 --> 01:17:38,450

loved ones the excitement and tradition

1920

01:17:43,000 --> 01:17:40,760

of slingbow a new frontier and archery

1921

01:17:45,430 --> 01:17:43,010

and truly modern twist on this primitive

1922

01:17:50,980 --> 01:17:45,440

survival tool feel the thrill only at

1923

01:17:53,140 --> 01:17:50,990

sleep Oh calm hi Peter Picaro for

1924

01:17:55,300 --> 01:17:53,150

paranormal date.com are you looking for

1925

01:17:57,190 --> 01:17:55,310

love in all the wrong places now you

1926

01:17:59,770 --> 01:17:57,200

have a chance to change that by signing

1927

01:18:02,320 --> 01:17:59,780

up for free at the paranormal date calm

1928

01:18:04,210 --> 01:18:02,330

this incredible dating site puts people

1929

01:18:06,040 --> 01:18:04,220

of like minds together people were

1930

01:18:08,770 --> 01:18:06,050

interested in the strange the unusual

1931

01:18:10,000 --> 01:18:08,780

mysteries ghosts UFOs and the afterlife

1932

01:18:12,460 --> 01:18:10,010

and so much more

1933

01:18:14,440 --> 01:18:12,470

paranormal date.com was developed for

1934

01:18:17,500 --> 01:18:14,450

you people seeking a viable alternative

1935

01:18:19,450 --> 01:18:17,510

to the other dating services you can

1936

01:18:21,850 --> 01:18:19,460

join for free by going to paranormal

1937

01:18:23,800 --> 01:18:21,860

date.com and if you decide you like it

1938

01:18:26,440 --> 01:18:23,810

and want to connect with people use the

1939

01:18:28,840 --> 01:18:26,450

code Gorge for a substantial discount

1940

01:18:30,760 --> 01:18:28,850

mark Rawlings president of paranormal

1941

01:18:32,650 --> 01:18:30,770

bayt.com says so many people hunger to

1942

01:18:33,250 --> 01:18:32,660

share their experiences about the

1943

01:18:35,020 --> 01:18:33,260

paranormal

1944

01:18:37,660 --> 01:18:35,030

they got explainable for the afterlife

1945

01:18:39,640 --> 01:18:37,670

and so much more and this is the source

1946

01:18:41,800 --> 01:18:39,650

for them to meet and share that common

1947

01:18:42,790 --> 01:18:41,810

interest Society for free at paranormal

1948

01:18:45,610 --> 01:18:42,800

date com

1949

01:18:47,860 --> 01:18:45,620

paranormal date calm and use the code

1950

01:18:48,760 --> 01:18:47,870

George if you decide to connect with

1951

01:18:51,070 --> 01:18:48,770

someone you like

1952

01:18:52,900 --> 01:18:51,080

Kiyosaki Rogers and chef all concur

1953

01:18:54,970 --> 01:18:52,910

there's an economic calamity that we'll

1954

01:18:57,130 --> 01:18:54,980

be facing this country my question to

1955

01:18:59,020 --> 01:18:57,140

you is do you know when and are you

1956

01:19:00,730 --> 01:18:59,030

prepared most people don't but my

1957

01:19:02,770 --> 01:19:00,740

friends over at Republic monetary

1958

01:19:05,470 --> 01:19:02,780

exchange have been leading experts in

1959

01:19:07,660 --> 01:19:05,480

precious metals to help you offset the

1960

01:19:08,980 --> 01:19:07,670

coming economic collapse right now for a

1961

01:19:11,230 --> 01:19:08,990

limited time they have a free book

1962

01:19:12,850 --> 01:19:11,240

called the ten reasons you should own

1963

01:19:14,740 --> 01:19:12,860

gold you simply need to give them a call

1964

01:19:16,990 --> 01:19:14,750

at eight eight eight seven seven to

1965

01:19:19,660 --> 01:19:17,000

twenty nine twenty nine to get that in

1966

01:19:21,850 --> 01:19:19,670

your hands do not allow the insiders to

1967

01:19:24,970 --> 01:19:21,860

do what they did to you in 2008 putting

1968

01:19:27,310 --> 01:19:24,980

your IRAs 401ks and savings in jeopardy

1969

01:19:29,950 --> 01:19:27,320

you need this book and you need it now

1970

01:19:31,960 --> 01:19:29,960

the ten reasons you should own gold call

1971

01:19:33,670 --> 01:19:31,970

eight eight eight seven seven to twenty

1972

01:19:36,070 --> 01:19:33,680

nine twenty nine that's eight eight

1973

01:19:37,690 --> 01:19:36,080

eight seven seven to twenty nine twenty

1974

01:19:39,130 --> 01:19:37,700

nine there's a reason that the largest

1975

01:19:42,130 --> 01:19:39,140

investment Baking Company in the world

1976

01:19:44,380 --> 01:19:42,140

JP Morgan just purchased another fifty

1977

01:19:46,090 --> 01:19:44,390

million ounces of silver this free book

1978

01:19:48,340 --> 01:19:46,100

will explain it eight eight eight seven

1979

01:19:50,530 --> 01:19:48,350

seventy two twenty nine twenty nine we

1980

01:19:52,300 --> 01:19:50,540

all know that berkey water purification

1981

01:19:54,700 --> 01:19:52,310

systems are the most trusted name in

1982

01:19:56,590 --> 01:19:54,710

water filtration as an authorized Berkey

1983

01:19:58,420 --> 01:19:56,600

dealer for over 6 years in serving

1984

01:20:00,820 --> 01:19:58,430

thousands of satisfied customers

1985

01:20:03,010 --> 01:20:00,830

the Berkey guy offers amazing specials

1986

01:20:04,630 --> 01:20:03,020

for berkey water filtration systems the

1987

01:20:06,670 --> 01:20:04,640

Berkey light systems include a set of

1988

01:20:08,650 --> 01:20:06,680

self-sterilizing and re cleanable black

1989

01:20:11,080 --> 01:20:08,660

purification elements that purify water

1990

01:20:13,300 --> 01:20:11,090

by removing chlorine pathogenic bacteria

1991

01:20:15,520 --> 01:20:13,310

cysts and parasites to non detectable

1992

01:20:17,560 --> 01:20:15,530

levels and remove harmful chemicals such

1993

01:20:19,420 --> 01:20:17,570

as herbicides and pesticides order the

1994

01:20:21,280 --> 01:20:19,430

Berkey light system today complete with

1995

01:20:22,900 --> 01:20:21,290

two black per key elements for only two

1996

01:20:24,790 --> 01:20:22,910

hundred and thirty one dollars and the

1997

01:20:26,500 --> 01:20:24,800

burka guy will ship your order free of

1998

01:20:28,600 --> 01:20:26,510

charge with the purchase of a per key

1999

01:20:30,760 --> 01:20:28,610

light the burka guy is also offering a

2000

01:20:33,580 --> 01:20:30,770

set of fluoride and arsenic filters for

2001

01:20:34,420 --> 01:20:33,590

only \$39.99 that's over 30 percent off

2002

01:20:36,730 --> 01:20:34,430

the retail price

2003

01:20:38,890 --> 01:20:36,740

call the burqa guy at one eighty seventy

2004

01:20:41,020 --> 01:20:38,900

seven eight eight six three six five

2005

01:20:43,810 --> 01:20:41,030

three that's one eight seven seven eight

2006

01:20:46,420 --> 01:20:43,820

eight six three six five three or order

2007

01:20:55,520 --> 01:20:46,430

online at Gober Keep Calm that's Gober

2008

01:21:02,610 --> 01:20:59,220

this is actually you're listening to the

2009

01:21:13,710 --> 01:21:02,620

podcast the gold standard of paranormal

2010

01:21:18,760 --> 01:21:16,150

so our guest co-host is Jay Randall

2011

01:21:20,590 --> 01:21:18,770

Murphy Krishna Brian's on special

2012

01:21:22,390 --> 01:21:20,600

assignment Joshua Black is here talked

2013

01:21:25,150 --> 01:21:22,400

about grief dreams and we're questioning

2014

01:21:27,310 --> 01:21:25,160

him on things that maybe he doesn't get

2015

01:21:30,190 --> 01:21:27,320

involved in but just to kind of cover

2016

01:21:32,440 --> 01:21:30,200

where he's at so with regard to grief

2017

01:21:34,600 --> 01:21:32,450

dreams what about what people remember

2018

01:21:36,760 --> 01:21:34,610

when they have so-called near-death

2019

01:21:39,520 --> 01:21:36,770

experiences you know they're clinically

2020

01:21:41,470 --> 01:21:39,530

dead on the operating room table for a

2021

01:21:43,230 --> 01:21:41,480

short period of time and they come back

2022

01:21:45,610 --> 01:21:43,240

and they have some sort of dream

2023

01:21:48,250 --> 01:21:45,620

experience to relate do you look into

2024

01:21:50,350 --> 01:21:48,260

those no no I don't I just focus

2025

01:21:52,810 --> 01:21:50,360

strictly on when someone's actually

2026

01:21:55,300 --> 01:21:52,820

dreaming in their bed so I don't know

2027

01:21:57,070 --> 01:21:55,310

much about the information on that you

2028

01:21:59,820 --> 01:21:57,080

probably know more about it than I would

2029

01:22:04,170 --> 01:21:59,830

have you ever had a case where someone

2030

01:22:07,330 --> 01:22:04,180

has said that they've had a dream that

2031

01:22:09,340 --> 01:22:07,340

related to some loss of the you know

2032

01:22:13,240 --> 01:22:09,350

loss of a loved one in some way shape or

2033

01:22:15,190 --> 01:22:13,250

form that also involved some sort of

2034

01:22:16,840 --> 01:22:15,200

maybe the presence of an alien or

2035

01:22:21,130 --> 01:22:16,850

something along those lines something

2036

01:22:23,590 --> 01:22:21,140

highly unusual no like I haven't heard

2037

01:22:25,720 --> 01:22:23,600

any alien dreams the closest I've heard

2038

01:22:28,600 --> 01:22:25,730

was angels so there's a couple dreams

2039

01:22:31,150 --> 01:22:28,610

where it was a deceased child that died

2040

01:22:34,150 --> 01:22:31,160

and the child was floating on the

2041

01:22:36,820 --> 01:22:34,160

ceiling and there was an angel there and

2042

01:22:38,740 --> 01:22:36,830

bright light and the child was saying

2043

01:22:40,990 --> 01:22:38,750

that they were okay and there were Jesus

2044

01:22:43,540 --> 01:22:41,000

so that's probably them like what I've

2045

01:22:46,300 --> 01:22:43,550

seen but at the other day I haven't once

2046

01:22:48,640 --> 01:22:46,310

I survey more people that may come up I

2047

01:22:51,820 --> 01:22:48,650

don't know a lot of it could be based on

2048

01:22:53,470 --> 01:22:51,830

the way you perceive reality so I

2049

01:22:55,810 --> 01:22:53,480

haven't really looked into how other

2050

01:22:58,750 --> 01:22:55,820

cultures have what kind of dreams they

2051

01:23:00,460 --> 01:22:58,760

have so let's say this is like just the

2052

01:23:01,870 --> 01:23:00,470

starting blocks it's just really pioneer

2053

01:23:03,400 --> 01:23:01,880

in this research so there's so many

2054

01:23:06,520 --> 01:23:03,410

unanswered questions and so many things

2055

01:23:08,710 --> 01:23:06,530

I think once we collect more data and

2056

01:23:11,200 --> 01:23:08,720

more stories from people it should be

2057

01:23:14,320 --> 01:23:11,210

interesting to see what's possible how

2058

01:23:16,690 --> 01:23:14,330

many dreams have you actually physically

2059

01:23:18,030 --> 01:23:16,700

investigated in terms of talking to

2060

01:23:20,830 --> 01:23:18,040

people or collecting the information

2061

01:23:22,240 --> 01:23:20,840

yeah good question I'm just by like

2062

01:23:24,490 --> 01:23:22,250

reading a literature talking to people

2063

01:23:25,580 --> 01:23:24,500

over thousands when it came to my first

2064

01:23:29,030 --> 01:23:25,590

study there

2065

01:23:32,359 --> 01:23:29,040

around 77 dreams for my MA research and

2066

01:23:34,580 --> 01:23:32,369

then now I'm looking at dreams but also

2067

01:23:37,490 --> 01:23:34,590

just looking at you know how people like

2068

01:23:40,070 --> 01:23:37,500

what factors predict their dreams and so

2069

01:23:43,160 --> 01:23:40,080

I had almost 300 people for my dispels a

2070

01:23:46,160 --> 01:23:43,170

law study after pet law I was 175 and

2071

01:23:47,479 --> 01:23:46,170

miscarriages was around 250 so it's

2072

01:23:49,609 --> 01:23:47,489

getting up there and I'm hoping to do

2073

01:23:51,470 --> 01:23:49,619

another study with after spells of loss

2074

01:23:53,419 --> 01:23:51,480

when it comes to looking at what dreams

2075

01:23:54,500 --> 01:23:53,429

are and why do some positive dreams

2076

01:23:56,839 --> 01:23:54,510

worse' negative dreams and they'll

2077

01:23:58,070 --> 01:23:56,849

probably be around 200 of those but yeah

2078

01:23:59,780 --> 01:23:58,080

just by doing all the talks and

2079

01:24:01,939 --> 01:23:59,790

interviews I've been doing in the

2080

01:24:03,439 --> 01:24:01,949

workshops I've you know every time I go

2081

01:24:05,270 --> 01:24:03,449

there there's people just want to share

2082

01:24:07,100 --> 01:24:05,280

their dreams and when I do these

2083

01:24:09,919 --> 01:24:07,110

interviews people tend to email me after

2084

01:24:12,379 --> 01:24:09,929

and share their dreams and it's over

2085

01:24:14,689 --> 01:24:12,389

thousands of drains for sure they're all

2086

01:24:17,629 --> 01:24:14,699

unique in their own way based on who the

2087

01:24:19,939 --> 01:24:17,639

person was to them the relationship and

2088

01:24:20,930 --> 01:24:19,949

and you know their their lives and I

2089

01:24:23,089 --> 01:24:20,940

think that's what's fastening there's

2090

01:24:26,300 --> 01:24:23,099

common themes and I found different

2091

01:24:29,030 --> 01:24:26,310

common themes in the dreams of the

2092

01:24:30,859 --> 01:24:29,040

deceased and like so one of them would

2093

01:24:33,649 --> 01:24:30,869

be like rationalization

2094

01:24:34,760 --> 01:24:33,659

so the dreamer is there and they see the

2095

01:24:36,560 --> 01:24:34,770

deceased and they're trying to figure

2096

01:24:39,290 --> 01:24:36,570

out how they're even there because they

2097

01:24:41,270 --> 01:24:39,300

died and so the deceased usually will

2098

01:24:43,820 --> 01:24:41,280

say something like they didn't like

2099

01:24:45,169 --> 01:24:43,830

being dead or you know something in the

2100

01:24:46,760 --> 01:24:45,179

fire brought them back so they always

2101

01:24:48,169 --> 01:24:46,770

have like an excuse on why they're there

2102

01:24:50,330 --> 01:24:48,179

and then usually the story continues a

2103

01:24:52,220 --> 01:24:50,340

little bit after that but then the

2104

01:24:53,810 --> 01:24:52,230

disease helping crossing over dreams and

2105

01:24:56,899 --> 01:24:53,820

this is interesting so sometimes we'll

2106

01:24:58,550 --> 01:24:56,909

have I'll see dreams where the sees is

2107

01:25:00,740 --> 01:24:58,560

sometimes suffering in the dream and

2108

01:25:04,520 --> 01:25:00,750

then the dreamer will lay hands on or

2109

01:25:07,250 --> 01:25:04,530

pray and then for the soul to cross over

2110

01:25:11,060 --> 01:25:07,260

and they cross over and other ones I've

2111

01:25:14,450 --> 01:25:11,070

read from a culture Cambodian culture

2112

01:25:16,339 --> 01:25:14,460

and they have sometimes dreams where

2113

01:25:19,430 --> 01:25:16,349

they want to be reincarnated because

2114

01:25:21,709 --> 01:25:19,440

Buddhism is the main religion and so

2115

01:25:24,530 --> 01:25:21,719

they to reincarnate they need the person

2116

01:25:25,760 --> 01:25:24,540

and waking life to do these rituals for

2117

01:25:26,990 --> 01:25:25,770

them and so sometimes they have these

2118

01:25:29,780 --> 01:25:27,000

kind of dreams but so they want to

2119

01:25:31,310 --> 01:25:29,790

reincarnate sort of back and then do the

2120

01:25:33,439 --> 01:25:31,320

other ones with like dead dying or ill

2121

01:25:36,050 --> 01:25:33,449

so the ceases you know dead or dying

2122

01:25:39,380 --> 01:25:36,060

within the dream sometimes as they did

2123

01:25:41,120 --> 01:25:39,390

in waking life other times in more exact

2124

01:25:42,710 --> 01:25:41,130

fashion there's discomfort for the

2125

01:25:45,020 --> 01:25:42,720

deceases sometimes chasing the person

2126

01:25:46,550 --> 01:25:45,030

then there's the comfort ones a lot of

2127

01:25:47,870 --> 01:25:46,560

people have most people have these

2128

01:25:50,630 --> 01:25:47,880

comfort ones with its Easter who's

2129

01:25:52,760 --> 01:25:50,640

saying they love them they're okay they

2130

01:25:54,590 --> 01:25:52,770

providing forgiveness healthy and happy

2131

01:25:56,990 --> 01:25:54,600

so this is where the sea sometimes

2132

01:25:58,280 --> 01:25:57,000

usually in the background and it's just

2133

01:26:00,830 --> 01:25:58,290

you're seeing them and they're smiling

2134

01:26:03,200 --> 01:26:00,840

there okay and then lastly there's a

2135

01:26:05,030 --> 01:26:03,210

separation theme where the sea she

2136

01:26:06,800 --> 01:26:05,040

usually says if they have to go which i

2137

01:26:08,090 --> 01:26:06,810

think is really interesting so they say

2138

01:26:11,210 --> 01:26:08,100

they have to go they have to leave now

2139

01:26:13,610 --> 01:26:11,220

and that's how it usually ends and they

2140

01:26:15,530 --> 01:26:13,620

sort of fade away or there's a barrier

2141

01:26:17,120 --> 01:26:15,540

between the two so sometimes a fence and

2142

01:26:18,740 --> 01:26:17,130

the person says I know you can't come

2143

01:26:21,710 --> 01:26:18,750

this way and so they can't actually

2144

01:26:23,870 --> 01:26:21,720

cross that barrier so those are like the

2145

01:26:25,880 --> 01:26:23,880

seven themes that I found and there's

2146

01:26:27,980 --> 01:26:25,890

probably more the more you know data you

2147

01:26:29,840 --> 01:26:27,990

collect the more these themes could

2148

01:26:31,430 --> 01:26:29,850

change a little bit but for the most

2149

01:26:33,500 --> 01:26:31,440

part gives you a sort of variety of

2150

01:26:35,300 --> 01:26:33,510

experiences people are having this is

2151
01:26:36,950 --> 01:26:35,310
something you do during your daily work

2152
01:26:41,030 --> 01:26:36,960
life or something you do in the evening

2153
01:26:44,990 --> 01:26:41,040
I do at the PhD research I do this every

2154
01:26:46,900 --> 01:26:45,000
day all day just doing a quick google

2155
01:26:51,050 --> 01:26:46,910
search here I've run across several

2156
01:26:53,080 --> 01:26:51,060
instances where women say they've had

2157
01:26:57,590 --> 01:26:53,090
dreams about miscarriages that involve

2158
01:26:59,810 --> 01:26:57,600
aliens Oh interesting yeah and most

2159
01:27:02,780 --> 01:26:59,820
ufologist know about a couple of those

2160
01:27:04,190 --> 01:27:02,790
cases I am NOT I'm not a trivia expert

2161
01:27:06,260 --> 01:27:04,200
on it I always have to look things up

2162
01:27:08,960 --> 01:27:06,270
again to remind me but I know there are

2163
01:27:11,330 --> 01:27:08,970

a few cases and it's interesting to see

2164

01:27:14,060 --> 01:27:11,340

a couple of them here another one says

2165

01:27:17,570 --> 01:27:14,070

that they had a dream about alien

2166

01:27:23,060 --> 01:27:17,580

invasion involving people dying shortly

2167

01:27:25,210 --> 01:27:23,070

after losing their pet dogs out there

2168

01:27:27,560 --> 01:27:25,220

and it would be interesting to know

2169

01:27:28,910 --> 01:27:27,570

because these people who had these kinds

2170

01:27:31,010 --> 01:27:28,920

of dreams they think they're they're

2171

01:27:33,860 --> 01:27:31,020

real they think that they've been

2172

01:27:36,110 --> 01:27:33,870

abducted by aliens and that they have

2173

01:27:40,550 --> 01:27:36,120

been impregnated and that they've had

2174

01:27:42,680 --> 01:27:40,560

their fetus taken from them and in some

2175

01:27:45,050 --> 01:27:42,690

cases they've they say that they can out

2176
01:27:47,030 --> 01:27:45,060
they can actually be in communication

2177
01:27:49,640 --> 01:27:47,040
with them on some sort of telepathic

2178
01:27:52,350 --> 01:27:49,650
level that they feel takes place during

2179
01:27:54,990 --> 01:27:52,360
their dreams so

2180
01:27:57,630 --> 01:27:55,000
that's a thing yeah it is really

2181
01:28:00,150 --> 01:27:57,640
interesting yeah and yeah but is there

2182
01:28:03,270 --> 01:28:00,160
any truth to that are these as

2183
01:28:05,460 --> 01:28:03,280
subjective as religious dreams or our

2184
01:28:09,780 --> 01:28:05,470
religious dreams another reflection of a

2185
01:28:13,890 --> 01:28:09,790
type of alien intervention-- or presence

2186
01:28:15,240 --> 01:28:13,900
that's you who knows exactly no you're

2187
01:28:16,920 --> 01:28:15,250
right and there's a lot of a lot of

2188
01:28:18,630 --> 01:28:16,930

things that we still need to find out

2189

01:28:20,760 --> 01:28:18,640

but obviously we're talking about them I

2190

01:28:21,780 --> 01:28:20,770

think that's the most important thing to

2191

01:28:24,420 --> 01:28:21,790

actually get it out there so people

2192

01:28:26,940 --> 01:28:24,430

don't feel I think isolated or alone

2193

01:28:28,920 --> 01:28:26,950

with these experiences that other people

2194

01:28:30,630 --> 01:28:28,930

are having these end to normalize the

2195

01:28:32,340 --> 01:28:30,640

experience I think is you know one of

2196

01:28:34,230 --> 01:28:32,350

the big reasons to talk about subject

2197

01:28:36,450 --> 01:28:34,240

well I can actually appreciate what

2198

01:28:38,280 --> 01:28:36,460

you're saying when you you don't want to

2199

01:28:40,320 --> 01:28:38,290

start debating with the patient on what

2200

01:28:42,240 --> 01:28:40,330

they believe because that's not what as

2201

01:28:44,070 --> 01:28:42,250

you say that's going to produce some

2202

01:28:46,530 --> 01:28:44,080

sort of cognitive dissonance and sent

2203

01:28:48,060 --> 01:28:46,540

them into a sort of a defensive posture

2204

01:28:50,460 --> 01:28:48,070

and it's going to be harder for you to

2205

01:28:51,720 --> 01:28:50,470

help them so from that perspective I can

2206

01:28:53,670 --> 01:28:51,730

completely appreciate where you're

2207

01:28:57,500 --> 01:28:53,680

coming from from a therapeutic

2208

01:29:01,410 --> 01:28:57,510

perspective thank you I appreciate that

2209

01:29:04,320 --> 01:29:01,420

let me ask you also about dreams are

2210

01:29:06,000 --> 01:29:04,330

there ever dreams shared among two or

2211

01:29:10,710 --> 01:29:06,010

more people where they have the same

2212

01:29:13,290 --> 01:29:10,720

dream about the same person I've heard

2213

01:29:15,690 --> 01:29:13,300

of stories like that with living people

2214

01:29:17,910 --> 01:29:15,700

I haven't heard that when it comes to

2215

01:29:23,430 --> 01:29:17,920

the ceased the closest thing I can think

2216

01:29:26,580 --> 01:29:23,440

of was a woman so I lost her father and

2217

01:29:29,250 --> 01:29:26,590

so she had this dream where her father

2218

01:29:32,130 --> 01:29:29,260

and her talking and she said that she

2219

01:29:34,800 --> 01:29:32,140

had you know the father so you have to

2220

01:29:36,870 --> 01:29:34,810

come visit mom she really needs to know

2221

01:29:39,870 --> 01:29:36,880

that you love her and give her a hug and

2222

01:29:41,280 --> 01:29:39,880

then the dream ended anyways the next

2223

01:29:43,940 --> 01:29:41,290

morning she has a phone call from her

2224

01:29:46,620 --> 01:29:43,950

mom saying that the her deceased father

2225

01:29:49,140 --> 01:29:46,630

came to her I told her she loved them

2226
01:29:50,370 --> 01:29:49,150
and hugged her and then the daughter

2227
01:29:51,720 --> 01:29:50,380
says I told him to do that

2228
01:29:53,940 --> 01:29:51,730
so that was like the closest thing where

2229
01:29:55,800 --> 01:29:53,950
the deceased sort of showed up in two

2230
01:29:57,930 --> 01:29:55,810
dreams that are very similar in the

2231
01:29:59,340 --> 01:29:57,940
sense of what was going on but they

2232
01:30:01,259 --> 01:29:59,350
could tell it that the timeframe was

2233
01:30:02,579 --> 01:30:01,269
little maybe a little different

2234
01:30:04,829 --> 01:30:02,589
but I thought was just one of those

2235
01:30:06,149 --> 01:30:04,839
things that it makes you sort of just

2236
01:30:08,519 --> 01:30:06,159
like sit with that and you're like wow

2237
01:30:11,099 --> 01:30:08,529
interesting but it made her feel says

2238
01:30:12,479 --> 01:30:11,109

she cried after and she felt loves that

2239

01:30:15,359 --> 01:30:12,489

her father sort of listened to her so

2240

01:30:17,909 --> 01:30:15,369

you know I thought that was amazing that

2241

01:30:18,989 --> 01:30:17,919

it goes to another party I think puts

2242

01:30:22,019 --> 01:30:18,999

the whole thing in a different

2243

01:30:23,479 --> 01:30:22,029

perspective it's not just an individual

2244

01:30:25,589 --> 01:30:23,489

experience but something that is

2245

01:30:28,349 --> 01:30:25,599

extending to another person we've got

2246

01:30:39,469 --> 01:30:28,359

more to come with Joshua black and Jean

2247

01:30:47,960 --> 01:30:43,370

thank you for listening to GCN

2248

01:30:50,450 --> 01:30:47,970

be sure to visit [GCN live.com](http://GCN.live.com) today do

2249

01:30:52,910 --> 01:30:50,460

you need a website well you can get a

2250

01:30:55,640 --> 01:30:52,920

great deal on hosting services with

2251
01:30:57,740 --> 01:30:55,650
namecheap s-- legendary coupon code

2252
01:30:59,450 --> 01:30:57,750
they're offering substantial hosting

2253
01:31:02,750 --> 01:30:59,460
discounts on shared hosting business

2254
01:31:05,600 --> 01:31:02,760
hosting VPS hosting reseller hosting and

2255
01:31:07,790 --> 01:31:05,610
even dedicated servers Namecheap is

2256
01:31:11,050 --> 01:31:07,800
preferred by millions it's backed by a

2257
01:31:13,490 --> 01:31:11,060
money-back guarantee use the coupon code

2258
01:31:16,600 --> 01:31:13,500
legendary to cash in on this special

2259
01:31:19,190 --> 01:31:16,610
deal at namecheap.com namecheap.com

2260
01:31:20,930 --> 01:31:19,200
first game attack of the rockets and it

2261
01:31:22,490 --> 01:31:20,940
was a critically acclaimed success and

2262
01:31:24,050 --> 01:31:22,500
now there is the coming of the

2263
01:31:26,570 --> 01:31:24,060

protectors a former military

2264

01:31:28,790 --> 01:31:26,580

intelligence man is contacted by a space

2265

01:31:31,400 --> 01:31:28,800

woman in a dream a dream that turns out

2266

01:31:32,930 --> 01:31:31,410

to be a nightmare because evil forces on

2267

01:31:33,980 --> 01:31:32,940

our distant planet are planning to

2268

01:31:36,320 --> 01:31:33,990

conquer the earth

2269

01:31:38,780 --> 01:31:36,330

this is gripping science fiction of the

2270

01:31:40,850 --> 01:31:38,790

classic kind attack of the rock codes

2271

01:31:43,790 --> 01:31:40,860

and the coming of the protectors find

2272

01:31:49,520 --> 01:31:43,800

out more at Rocko is calm that's Rockets

2273

01:31:50,710 --> 01:31:49,530

are Ock oids calm want revenge on the

2274

01:31:53,690 --> 01:31:50,720

common housefly

2275

01:31:55,670 --> 01:31:53,700

well after 10,000 years someone has

2276

01:31:58,820 --> 01:31:55,680

finally come up with a better way the

2277

01:32:00,890 --> 01:31:58,830

bug assault a miniaturised shotgun which

2278

01:32:03,380 --> 01:32:00,900

utilizes ordinary table salt as

2279

01:32:03,920 --> 01:32:03,390

ammunition non-toxic and no batteries

2280

01:32:06,950 --> 01:32:03,930

required

2281

01:32:09,710 --> 01:32:06,960

3995 plus shipping and handling use

2282

01:32:12,650 --> 01:32:09,720

discount code GCN and receive 15% off

2283

01:32:14,630 --> 01:32:12,660

your purchase at bug-a-salt calm fire

2284

01:32:17,840 --> 01:32:14,640

your flyswatter and get your bug

2285

01:32:20,390 --> 01:32:17,850

assaulted a fully cooked ready-to-eat

2286

01:32:22,610 --> 01:32:20,400

bacon I'm talking thick meaty center-cut

2287

01:32:25,700 --> 01:32:22,620

presidential bacon savory and delicious

2288

01:32:28,460 --> 01:32:25,710

I buy some I use some I store some

2289

01:32:29,720 --> 01:32:28,470

awesome no refrigeration needed with a

2290

01:32:32,870 --> 01:32:29,730

10 year shelf-life

2291

01:32:35,270 --> 01:32:32,880

NASA pack technology bacon fully cooked

2292

01:32:37,570 --> 01:32:35,280

fully hydrated ready-to-eat right from

2293

01:32:40,400 --> 01:32:37,580

the pack bacon or warm and serve

2294

01:32:43,070 --> 01:32:40,410

life-saving ready to eat bacon 10 year

2295

01:32:45,350 --> 01:32:43,080

shelf-life bacon ships free at fully

2296

01:32:49,070 --> 01:32:45,360

cooked bacon calm fully cooked bacon

2297

01:32:53,160 --> 01:32:51,390

this is Dan pilla do you have the IRS

2298

01:32:55,140 --> 01:32:53,170

money you can't pay our tax debts

2299

01:32:57,420 --> 01:32:55,150

crippling you I've defended people from

2300

01:32:59,520 --> 01:32:57,430

the IRS for over 30 years I've helped

2301
01:33:00,870 --> 01:32:59,530
thousands and I can help you too I wrote

2302
01:33:02,640 --> 01:33:00,880
the book on IRS settlement and I'm

2303
01:33:06,390 --> 01:33:02,650
telling you there's no such thing as a

2304
01:33:08,520 --> 01:33:06,400
hopeless case call 834 no tax to finally

2305
01:33:10,020 --> 01:33:08,530
get free of IRS debt with the IRS as new

2306
01:33:11,340 --> 01:33:10,030
programs there's never been a better

2307
01:33:15,720 --> 01:33:11,350
time to solve your problem

2308
01:33:19,470 --> 01:33:15,730
call 834 no tax that's 803 for no tax or

2309
01:33:23,729 --> 01:33:19,480
my website Dan pillow comm how did you

2310
01:33:27,780 --> 01:33:23,739
become addicted a friend where you at a

2311
01:33:29,459 --> 01:33:27,790
party and someone said hey try this then

2312
01:33:33,000 --> 01:33:29,469
you got the cold sweats and started

2313
01:33:35,070 --> 01:33:33,010

shaking and the more you did it the more

2314

01:33:37,620 --> 01:33:35,080

it didn't work so you switch to the

2315

01:33:41,280 --> 01:33:37,630

needle now you're a trainwreck drinking

2316

01:33:44,070 --> 01:33:41,290

drugging broke your family hates you and

2317

01:33:46,709 --> 01:33:44,080

you hate you get out of your hell on

2318

01:33:48,900 --> 01:33:46,719

earth now call the detox and treatment

2319

01:33:51,150 --> 01:33:48,910

helpline today for immediate help in

2320

01:33:53,490 --> 01:33:51,160

many cases your insurance may cover the

2321

01:33:55,709 --> 01:33:53,500

costs we can't guarantee it but we can

2322

01:33:57,930 --> 01:33:55,719

guarantee we have what you need to

2323

01:34:00,510 --> 01:33:57,940

change your life for the better pick up

2324

01:34:03,720 --> 01:34:00,520

your cell phone and call right now eight

2325

01:34:07,200 --> 01:34:03,730

five five seven hundred two nine seven

2326
01:34:10,560 --> 01:34:07,210
nine eight five five seven hundred two

2327
01:34:13,650 --> 01:34:10,570
nine seven nine eight five five seven

2328
01:34:16,439 --> 01:34:13,660
hundred two nine seven nine that's eight

2329
01:34:19,320 --> 01:34:16,449
five five seven hundred twenty nine

2330
01:34:21,090 --> 01:34:19,330
seventy nine did you know children are

2331
01:34:22,500 --> 01:34:21,100
52 times more likely to suffer from

2332
01:34:24,660 --> 01:34:22,510
identity theft than adults

2333
01:34:27,150 --> 01:34:24,670
credit alerts will not fix the Fallout

2334
01:34:29,939 --> 01:34:27,160
Liberty ID does and here's an exciting

2335
01:34:32,189 --> 01:34:29,949
offer just for you go to Liberty ID calm

2336
01:34:34,610 --> 01:34:32,199
and cover your entire family your spouse

2337
01:34:37,800 --> 01:34:34,620
your children and your parents for only

2338
01:34:39,990 --> 01:34:37,810

129 dollars a year use promo code free

2339

01:34:40,920 --> 01:34:40,000

trial and we'll give you the first 60

2340

01:34:43,590 --> 01:34:40,930

days free

2341

01:34:46,709 --> 01:34:43,600

that's Liberty ID com promo code free

2342

01:34:53,830 --> 01:34:46,719

trial Liberty ID dot-com Liberty ID

2343

01:35:00,320 --> 01:34:56,930

okay this is Marie D Jones the author of

2344

01:35:02,870 --> 01:35:00,330

this book is from the future and you are

2345

01:35:14,270 --> 01:35:02,880

listening to the podcast the gold

2346

01:35:16,370 --> 01:35:14,280

standard of paranormal radio so as I

2347

01:35:20,990 --> 01:35:16,380

said in the previous segment with Joshua

2348

01:35:22,850 --> 01:35:21,000

black that the fact that the mother in a

2349

01:35:25,370 --> 01:35:22,860

sense is sharing the other end of this

2350

01:35:27,380 --> 01:35:25,380

experience that puts a completely

2351

01:35:30,500 --> 01:35:27,390

different complexion on this don't you

2352

01:35:32,360 --> 01:35:30,510

think yeah I honestly do I just said it

2353

01:35:34,910 --> 01:35:32,370

makes you sit and like just in the

2354

01:35:37,160 --> 01:35:34,920

mystery of life you're like what like

2355

01:35:39,050 --> 01:35:37,170

but you know like someone else could say

2356

01:35:40,580 --> 01:35:39,060

oh it's because of they both wanted to

2357

01:35:41,990 --> 01:35:40,590

dream and you know it's common to have

2358

01:35:44,780 --> 01:35:42,000

this you say they love you and hug you

2359

01:35:47,630 --> 01:35:44,790

so but with that woman it's just

2360

01:35:48,650 --> 01:35:47,640

accepting that reality for and asking

2361

01:35:50,660 --> 01:35:48,660

her what that felt like

2362

01:35:52,490 --> 01:35:50,670

sort of have that dream and for Mom they

2363

01:35:54,260 --> 01:35:52,500

have that dream and you know have they

2364

01:35:55,940 --> 01:35:54,270

had any dreams you know beyond that and

2365

01:35:57,230 --> 01:35:55,950

what that looked like so yeah I

2366

01:35:59,990 --> 01:35:57,240

definitely sort of changes how you see

2367

01:36:02,510 --> 01:36:00,000

these dreams and what's possible when it

2368

01:36:05,120 --> 01:36:02,520

comes to dreams itself well here on the

2369

01:36:08,990 --> 01:36:05,130

podcast we do try to connect things like

2370

01:36:11,660 --> 01:36:09,000

dreams to the paranormal and those kinds

2371

01:36:13,550 --> 01:36:11,670

of experiences because quite a few of us

2372

01:36:15,380 --> 01:36:13,560

here I would say the majority of us do

2373

01:36:17,780 --> 01:36:15,390

believe that strange things happen and

2374

01:36:20,330 --> 01:36:17,790

that strange things have happened to us

2375

01:36:24,290 --> 01:36:20,340

as well but we're really curious as to

2376

01:36:26,120 --> 01:36:24,300

why and how and not just simply sort of

2377

01:36:28,010 --> 01:36:26,130

describing the experience for ourselves

2378

01:36:29,990 --> 01:36:28,020

to make ourselves feel better so that's

2379

01:36:31,760 --> 01:36:30,000

where I was coming from with my previous

2380

01:36:34,940 --> 01:36:31,770

questions and we're not in a therapy

2381

01:36:37,880 --> 01:36:34,950

session here so I think it's fair for us

2382

01:36:40,340 --> 01:36:37,890

to explore some of the reasons why we

2383

01:36:42,920 --> 01:36:40,350

maybe think the things that we do and

2384

01:36:45,110 --> 01:36:42,930

you say you do believe in an afterlife

2385

01:36:47,060 --> 01:36:45,120

so if you don't mind me asking why do

2386

01:36:48,710 --> 01:36:47,070

you believe in an afterlife you know a

2387

01:36:50,930 --> 01:36:48,720

good question well the first one I

2388

01:36:52,850 --> 01:36:50,940

answer that even though it's just me and

2389

01:36:55,010 --> 01:36:52,860

you and we're talking I know other

2390

01:36:57,140 --> 01:36:55,020

listeners may have been dealing with

2391

01:36:58,760 --> 01:36:57,150

grief and so that's why I'm always when

2392

01:37:00,830 --> 01:36:58,770

it comes to this we were like in a bar

2393

01:37:02,090 --> 01:37:00,840

or something and maybe talking a little

2394

01:37:03,320 --> 01:37:02,100

bit differently but because I know other

2395

01:37:05,130 --> 01:37:03,330

people are listening and they may be

2396

01:37:06,660 --> 01:37:05,140

grieving I'm aware of that so we're

2397

01:37:08,880 --> 01:37:06,670

actually in the kind of a therapeutic

2398

01:37:11,250 --> 01:37:08,890

session with the outside world but when

2399

01:37:13,680 --> 01:37:11,260

it comes to sort of my own belief system

2400

01:37:16,080 --> 01:37:13,690

and why I believe that good question you

2401

01:37:18,060 --> 01:37:16,090

know like I was raised in a Christian

2402

01:37:20,850 --> 01:37:18,070

home most of my life so it was around me

2403

01:37:21,930 --> 01:37:20,860

but I never really believed in God you

2404

01:37:24,270 --> 01:37:21,940

know I was just more just doing it for

2405

01:37:27,600 --> 01:37:24,280

them to help them but it was one dream I

2406

01:37:30,060 --> 01:37:27,610

had that actually just changed the

2407

01:37:31,290 --> 01:37:30,070

direction of my life before I always

2408

01:37:33,390 --> 01:37:31,300

thought dreams were from the devil and

2409

01:37:35,280 --> 01:37:33,400

that's sort of my I had like nightmares

2410

01:37:37,140 --> 01:37:35,290

as a child and that's what my mom and

2411

01:37:38,670 --> 01:37:37,150

dad would say to me and so I never

2412

01:37:40,290 --> 01:37:38,680

really thought training for anything and

2413

01:37:42,510 --> 01:37:40,300

if they were there they're actually

2414

01:37:44,460 --> 01:37:42,520

negative in nature and from the devil so

2415

01:37:46,530 --> 01:37:44,470

what happened was I was dating this

2416

01:37:50,760 --> 01:37:46,540

woman and I was madly in love in high

2417

01:37:52,080 --> 01:37:50,770

school you know how that goes right of

2418

01:37:54,180 --> 01:37:52,090

course you know at the end of it she

2419

01:37:56,250 --> 01:37:54,190

cheated on me and it broke my heart

2420

01:37:58,110 --> 01:37:56,260

it really just tore it I haven't felt

2421

01:38:00,810 --> 01:37:58,120

that kind of suffering before I had an e

2422

01:38:03,600 --> 01:38:00,820

or sleep for three days and I was just

2423

01:38:05,760 --> 01:38:03,610

like I'm so out of it and I couldn't

2424

01:38:07,650 --> 01:38:05,770

understand why I was in so much pain and

2425

01:38:10,770 --> 01:38:07,660

it was the first time I said you know

2426

01:38:13,260 --> 01:38:10,780

God if you're even there please help me

2427

01:38:14,910 --> 01:38:13,270

understand why I feel like this and so I

2428

01:38:17,040 --> 01:38:14,920

said I'm just like out there like just

2429

01:38:18,570 --> 01:38:17,050

down and out just say okay this is my

2430

01:38:20,850 --> 01:38:18,580

call you know I haven't called you yeah

2431

01:38:23,760 --> 01:38:20,860

this is my call and so what happened was

2432

01:38:25,590 --> 01:38:23,770

I had a dream and I'll show the dream I

2433

01:38:27,540 --> 01:38:25,600

saw this dream I started running by this

2434

01:38:29,880 --> 01:38:27,550

stream I was frantically looking for

2435

01:38:31,680 --> 01:38:29,890

something and I was walking up and down

2436

01:38:33,450 --> 01:38:31,690

running up and down these hills going

2437

01:38:35,670 --> 01:38:33,460

under bridges and it felt like it was

2438

01:38:38,100 --> 01:38:35,680

just ours just doing this thing and it

2439

01:38:40,350 --> 01:38:38,110

finally opened up and and led to this

2440

01:38:42,930 --> 01:38:40,360

ocean and then in the distance there was

2441

01:38:45,540 --> 01:38:42,940

a pier and so I saw a person would

2442

01:38:47,610 --> 01:38:45,550

appear and so I went and ran over to the

2443

01:38:50,370 --> 01:38:47,620

person the pier and Francie looking like

2444

01:38:52,200 --> 01:38:50,380

where is it where is it I looked and he

2445

01:38:53,910 --> 01:38:52,210

looked at me and he said and pointed out

2446

01:38:55,950 --> 01:38:53,920

to the laughs and said it could be over

2447

01:38:57,960 --> 01:38:55,960

there they point to the right and could

2448

01:38:59,280 --> 01:38:57,970

be over there and then he said point of

2449

01:39:01,170 --> 01:38:59,290

the center is they could be over there

2450

01:39:04,650 --> 01:39:01,180

but then he looked at me with these like

2451

01:39:06,900 --> 01:39:04,660

very like stoic kind of eyes I just very

2452

01:39:09,750 --> 01:39:06,910

calm peaceful I said you know where it

2453

01:39:11,430 --> 01:39:09,760

truly is and he pointed to his mind then

2454

01:39:13,500 --> 01:39:11,440

I woke up with like a flash of lightning

2455

01:39:15,150 --> 01:39:13,510

that just like went through me and not

2456

01:39:16,500 --> 01:39:15,160

only it was the first time like this

2457

01:39:18,720 --> 01:39:16,510

dream was very different any other dream

2458

01:39:20,370 --> 01:39:18,730

ever had so it was so like I

2459

01:39:22,230 --> 01:39:20,380

my attention the other thing I knew it

2460

01:39:25,140 --> 01:39:22,240

meant for me it meant that my

2461

01:39:26,910 --> 01:39:25,150

perspective on the events so I was

2462

01:39:29,100 --> 01:39:26,920

blaming the girl for Chino me I ain't

2463

01:39:31,170 --> 01:39:29,110

blaming the guy for you know doing what

2464

01:39:33,510 --> 01:39:31,180

he did I wasn't actually focusing on

2465

01:39:36,690 --> 01:39:33,520

myself so I woke up I knew instantly

2466

01:39:38,430 --> 01:39:36,700

that the perspective was wrong and why I

2467

01:39:40,830 --> 01:39:38,440

was feeling so much pain was because I

2468

01:39:43,350 --> 01:39:40,840

didn't love myself and I always used her

2469

01:39:44,760 --> 01:39:43,360

as a way to feel loved and so because

2470

01:39:46,410 --> 01:39:44,770

she cheated and because even she just

2471

01:39:48,330 --> 01:39:46,420

laughed it was just bringing all that up

2472

01:39:51,480 --> 01:39:48,340

to the surface then my goal was how can

2473

01:39:53,280 --> 01:39:51,490

I learn to love myself more and that was

2474

01:39:55,650 --> 01:39:53,290

the first thing because I prayed and

2475

01:39:57,840 --> 01:39:55,660

this thing happened and as I move

2476

01:39:59,820 --> 01:39:57,850

forward I I start figuring out different

2477

01:40:01,560 --> 01:39:59,830

ways on you know how to love myself I

2478

01:40:05,160 --> 01:40:01,570

look at different saints and even Jesus

2479

01:40:06,930 --> 01:40:05,170

and their approach to teaching people to

2480

01:40:09,390 --> 01:40:06,940

love themselves and so that's how I got

2481

01:40:12,780 --> 01:40:09,400

into sort of there's something here for

2482

01:40:15,900 --> 01:40:12,790

me and so I'm saying like um and it led

2483

01:40:18,900 --> 01:40:15,910

me to love myself more and I think

2484

01:40:20,400 --> 01:40:18,910

that's why it's it's for me it led there

2485

01:40:22,770 --> 01:40:20,410

and when I when I believe there's

2486

01:40:25,410 --> 01:40:22,780

something more and then my dream with my

2487

01:40:26,370 --> 01:40:25,420

father was the big thing that helped me

2488

01:40:28,410 --> 01:40:26,380

believe that there was an afterlife

2489

01:40:31,260 --> 01:40:28,420

because that dream of my father was the

2490

01:40:33,960 --> 01:40:31,270

same kind of dream I had with that guy

2491

01:40:35,700 --> 01:40:33,970

on the pier same kind of feeling and I

2492

01:40:37,980 --> 01:40:35,710

hadn't had a dream like in that

2493

01:40:40,830 --> 01:40:37,990

timeframe that was different like I

2494

01:40:42,450 --> 01:40:40,840

think that why I is it the starting

2495

01:40:44,880 --> 01:40:42,460

point and then it's just like how do I

2496

01:40:48,170 --> 01:40:44,890

add their events in my life that just

2497

01:40:50,970 --> 01:40:48,180

sort of reinforced that belief in me and

2498

01:40:54,120 --> 01:40:50,980

that served the process on sort of how I

2499

01:40:58,710 --> 01:40:54,130

sort of began believing how old were you

2500

01:41:00,960 --> 01:40:58,720

at this time so when the girl was after

2501
01:41:02,910 --> 01:41:00,970
high school was when the oh how old I

2502
01:41:07,350 --> 01:41:02,920
was at 19 there's always see back then

2503
01:41:09,270 --> 01:41:07,360
so I'm dating myself so yeah it's

2504
01:41:11,070 --> 01:41:09,280
probably like 19 18 19 when I had that

2505
01:41:14,880 --> 01:41:11,080
first dream and then the dream of my

2506
01:41:16,620 --> 01:41:14,890
father I think it was around 23 25 until

2507
01:41:20,310 --> 01:41:16,630
then did you have a strong religious

2508
01:41:22,620 --> 01:41:20,320
commitment no like my family home wasn't

2509
01:41:25,260 --> 01:41:22,630
one that was the greatest and so here

2510
01:41:27,840 --> 01:41:25,270
these people searching my father was

2511
01:41:30,780 --> 01:41:27,850
very angry very judgmental very hateful

2512
01:41:32,360 --> 01:41:30,790
and abusive in different ways and he was

2513
01:41:34,360 --> 01:41:32,370

preaching religion to me

2514

01:41:36,800 --> 01:41:34,370

and how can I believe in something that

2515

01:41:38,780 --> 01:41:36,810

this person saying I need to believe in

2516

01:41:40,640 --> 01:41:38,790

when he's trying to use force and so I

2517

01:41:43,370 --> 01:41:40,650

never really if anything I disbelieved

2518

01:41:46,700 --> 01:41:43,380

because he believed it but these

2519

01:41:49,490 --> 01:41:46,710

experiences really changed that well

2520

01:41:52,130 --> 01:41:49,500

thanks for sharing that that's that's

2521

01:41:56,060 --> 01:41:52,140

really quite interesting and you know

2522

01:41:59,180 --> 01:41:56,070

how it reflects on me I mean you've got

2523

01:42:02,690 --> 01:41:59,190

you sort of your confirmation of your

2524

01:42:05,840 --> 01:42:02,700

beliefs coming from it in one way and I

2525

01:42:08,030 --> 01:42:05,850

kind of see envisioning this as you were

2526

01:42:10,550 --> 01:42:08,040

describing it it's a character that

2527

01:42:13,310 --> 01:42:10,560

pointed at is at his head as if it's you

2528

01:42:17,450 --> 01:42:13,320

know the answer is in your mind it's in

2529

01:42:20,030 --> 01:42:17,460

your intellect and you can manage it and

2530

01:42:24,200 --> 01:42:20,040

you related to that on a very intuitive

2531

01:42:27,560 --> 01:42:24,210

level and began to become retrospective

2532

01:42:29,600 --> 01:42:27,570

and to think about it and why you were

2533

01:42:31,820 --> 01:42:29,610

feeling that way and I think that's

2534

01:42:33,620 --> 01:42:31,830

really important and I think it's really

2535

01:42:37,190 --> 01:42:33,630

important that you don't let that

2536

01:42:40,460 --> 01:42:37,200

journey stop with your belief in an

2537

01:42:42,170 --> 01:42:40,470

afterlife I used to believe in after

2538

01:42:44,900 --> 01:42:42,180

lives I used to believe in God at one

2539

01:42:48,500 --> 01:42:44,910

time I went away from that I went back

2540

01:42:52,040 --> 01:42:48,510

to it and it that was some twenty years

2541

01:42:54,500 --> 01:42:52,050

ago when I left it again and have never

2542

01:42:56,180 --> 01:42:54,510

looked back I just moved past it but I

2543

01:42:59,210 --> 01:42:56,190

really think it's part of your journey

2544

01:43:01,160 --> 01:42:59,220

and that message to keep using your mind

2545

01:43:03,740 --> 01:43:01,170

and keep asking questions and see what

2546

01:43:05,480 --> 01:43:03,750

makes the most sense from a critical

2547

01:43:08,480 --> 01:43:05,490

thinking perspective whether we can

2548

01:43:10,910 --> 01:43:08,490

study it scientifically with material

2549

01:43:12,920 --> 01:43:10,920

evidence or not it that doesn't matter

2550

01:43:15,830 --> 01:43:12,930

so much use your mind it's really

2551

01:43:18,380 --> 01:43:15,840

powerful and it will really facilitate

2552

01:43:21,380 --> 01:43:18,390

this journey that you're on is you know

2553

01:43:24,050 --> 01:43:21,390

my two cents worth yeah and you know I I

2554

01:43:25,910 --> 01:43:24,060

think that's that's great and to see

2555

01:43:27,770 --> 01:43:25,920

that to see the positive of that and

2556

01:43:29,330 --> 01:43:27,780

said we're all on journey and it's like

2557

01:43:31,220 --> 01:43:29,340

you're in religion you're not religion

2558

01:43:33,530 --> 01:43:31,230

and at the end of day you could take the

2559

01:43:35,120 --> 01:43:33,540

dream and my own experiences that's what

2560

01:43:37,850 --> 01:43:35,130

you want it's just like what product is

2561

01:43:41,420 --> 01:43:37,860

that common if you're in a religion that

2562

01:43:43,280 --> 01:43:41,430

isn't conducive to you you know loving

2563

01:43:45,110 --> 01:43:43,290

yourself then my question is why are you

2564

01:43:46,250 --> 01:43:45,120

there you know a lot of people

2565

01:43:48,020 --> 01:43:46,260

unfortunately are

2566

01:43:49,279 --> 01:43:48,030

in religion because their parents we're

2567

01:43:50,930 --> 01:43:49,289

in religion and they just don't want to

2568

01:43:53,509 --> 01:43:50,940

make them upset by saying they're not

2569

01:43:54,680 --> 01:43:53,519

you know but yeah always sort of look at

2570

01:43:56,540 --> 01:43:54,690

why are you doing what you're doing

2571

01:44:00,109 --> 01:43:56,550

because it leads you down a rabbit hole

2572

01:44:02,509 --> 01:44:00,119

that can really I think help you learn

2573

01:44:05,660 --> 01:44:02,519

to appreciate yourself more to make your

2574

01:44:07,370 --> 01:44:05,670

own choices and to love people I think

2575

01:44:09,109 --> 01:44:07,380

in a new level because I always feel

2576

01:44:11,479 --> 01:44:09,119

that I've learned in my own life that

2577

01:44:13,129 --> 01:44:11,489

once I learned to love myself more I was

2578

01:44:16,220 --> 01:44:13,139

so much it was so much easier to love

2579

01:44:18,350 --> 01:44:16,230

other people oh that's it makes a

2580

01:44:20,529 --> 01:44:18,360

certain amount of sense I've never

2581

01:44:23,390 --> 01:44:20,539

really had that problem personally so

2582

01:44:25,640 --> 01:44:23,400

and you know I just look at but the rest

2583

01:44:27,589 --> 01:44:25,650

of it makes perfect sense in terms of

2584

01:44:29,810 --> 01:44:27,599

you know thinking about it and

2585

01:44:32,270 --> 01:44:29,820

reflecting and go well you know I'm not

2586

01:44:34,970 --> 01:44:32,280

a perfect person I don't know everything

2587

01:44:38,689 --> 01:44:34,980

I don't have all the answers but how can

2588

01:44:41,479 --> 01:44:38,699

I find them how can I learn more how can

2589

01:44:44,720 --> 01:44:41,489

I make myself a better person by

2590

01:44:46,129 --> 01:44:44,730

considering these issues and for me it

2591

01:44:47,890 --> 01:44:46,139

always comes down to trying to find the

2592

01:44:50,750 --> 01:44:47,900

truth about things which is why I get so

2593

01:44:52,520 --> 01:44:50,760

curious about why it is that these

2594

01:44:55,939 --> 01:44:52,530

things happen and what do they represent

2595

01:44:58,189 --> 01:44:55,949

you know yeah well it's a like it's it's

2596

01:45:02,689 --> 01:44:58,199

interesting again but being a critical

2597

01:45:04,129 --> 01:45:02,699

thinker is so influential in in finding

2598

01:45:05,899 --> 01:45:04,139

I think the answers you're looking for

2599

01:45:07,939 --> 01:45:05,909

so if you have an answer like go search

2600

01:45:10,459 --> 01:45:07,949

for it you know and if it's not out

2601
01:45:12,319 --> 01:45:10,469
there you know try to find a way to make

2602
01:45:14,509 --> 01:45:12,329
it so if that's the question you're

2603
01:45:16,910 --> 01:45:14,519
asking but still with your break and

2604
01:45:24,850 --> 01:45:16,920
they will have more Joshua black and

2605
01:45:24,860 --> 01:45:29,379
[Music]

2606
01:45:37,810 --> 01:45:33,280
thank you for listening to GCN

2607
01:45:40,060 --> 01:45:37,820
be sure to visit GCN live.com today we

2608
01:45:43,360 --> 01:45:40,070
also have swag you know we have all

2609
01:45:45,910 --> 01:45:43,370
these exclusive para cast things that

2610
01:45:48,940 --> 01:45:45,920
you can buy we've got like I guess 60 or

2611
01:45:52,540 --> 01:45:48,950
so different items and entails t-shirts

2612
01:45:55,840 --> 01:45:52,550
sleeves for notebook computers iPad

2613
01:45:58,180 --> 01:45:55,850

cases mouse pads the para cast jumbo

2614

01:46:00,010 --> 01:45:58,190

tote bag all sorts of t-shirts and

2615

01:46:03,250 --> 01:46:00,020

jackets and stuff like that for men and

2616

01:46:06,010 --> 01:46:03,260

women we have a para cast aluminum water

2617

01:46:09,640 --> 01:46:06,020

bottle all the stuff you go to store . ^

2618

01:46:12,580 --> 01:46:09,650

cast comm store doctor para cast comm

2619

01:46:14,830 --> 01:46:12,590

what makes special is that the items are

2620

01:46:17,410 --> 01:46:14,840

the best quality of great t-shirts

2621

01:46:18,790 --> 01:46:17,420

fabrics and they have our official logo

2622

01:46:21,430 --> 01:46:18,800

on them that's what makes them special

2623

01:46:24,070 --> 01:46:21,440

in multiple sizes and colors we even

2624

01:46:26,380 --> 01:46:24,080

have stuff for children stuff for

2625

01:46:29,140 --> 01:46:26,390

women's stuff for men we have all sorts

2626

01:46:31,360 --> 01:46:29,150

of sizes like small up 2x large a lot

2627

01:46:34,540 --> 01:46:31,370

good stuff that's the swag from the para

2628

01:46:39,910 --> 01:46:34,550

cast to go to steward dot ^ cast comm

2629

01:46:41,890 --> 01:46:39,920

stop by and take a shopping tour north

2630

01:46:43,510 --> 01:46:41,900

korea openly threatens the US and

2631

01:46:45,850 --> 01:46:43,520

launches a new missile every other week

2632

01:46:46,300 --> 01:46:45,860

their warhead of choice electromagnetic

2633

01:46:47,770 --> 01:46:46,310

pulse

2634

01:46:49,480 --> 01:46:47,780

such an event would the u.s.

2635

01:46:50,230 --> 01:46:49,490

power grid for years and leave millions

2636

01:46:52,300 --> 01:46:50,240

in the dark

2637

01:46:54,700 --> 01:46:52,310

are you ready you can be with a soul arc

2638

01:46:56,470 --> 01:46:54,710

EMP hardened solar generator soul arc

2639

01:46:58,270 --> 01:46:56,480

works day in and day out to keep your

2640

01:47:00,280 --> 01:46:58,280

essentials protected you can have peace

2641

01:47:01,990 --> 01:47:00,290

of mind knowing your power will be there

2642

01:47:04,900 --> 01:47:02,000

when you most needed visit portable

2643

01:47:07,660 --> 01:47:04,910

solar LLC comm to see EMP testing that's

2644

01:47:10,300 --> 01:47:07,670

portable solar LLC calm energy insurance

2645

01:47:12,970 --> 01:47:10,310

for your family you've heard the phrase

2646

01:47:14,890 --> 01:47:12,980

you are what you eat not true actually

2647

01:47:16,150 --> 01:47:14,900

you are what you can absorb so if the

2648

01:47:17,950 --> 01:47:16,160

vitamins and supplements you now take

2649

01:47:20,080 --> 01:47:17,960

are not being absorbed what good are

2650

01:47:21,700 --> 01:47:20,090

they introducing proto Veidt proprietary

2651
01:47:23,560 --> 01:47:21,710
liquid system that allows premium

2652
01:47:25,540 --> 01:47:23,570
quality nutrients to positively affect

2653
01:47:27,580 --> 01:47:25,550
the blood in an astonishing five minutes

2654
01:47:29,710 --> 01:47:27,590
watch our amazing 2-minute live blood

2655
01:47:31,990 --> 01:47:29,720
cell video at Tru health facts com

2656
01:47:35,020 --> 01:47:32,000
that's true health facts comm then call

2657
01:47:36,970 --> 01:47:35,030
502 for 10:30 411 proto bite is

2658
01:47:41,860 --> 01:47:36,980
nutrition you can feel proto bite is

2659
01:47:49,779 --> 01:47:46,080
[Applause]

2660
01:47:54,120 --> 01:47:49,789
welcome back to the para cast the gold

2661
01:48:02,919 --> 01:47:54,130
standard of paranormal radio and now

2662
01:48:07,089 --> 01:48:02,929
here's Jean Steinberg these sepulchral

2663
01:48:08,799 --> 01:48:07,099

sounds of Randall Murphy Jean Steinberg

2664

01:48:10,479 --> 01:48:08,809

Chris O'Brien's a special assignment

2665

01:48:14,049 --> 01:48:10,489

we're talking to Joshua black about

2666

01:48:16,270 --> 01:48:14,059

grief dreams and their implications let

2667

01:48:20,439 --> 01:48:16,280

me ask you quickly here you're a PhD

2668

01:48:22,149 --> 01:48:20,449

candidate you get the degree yes and you

2669

01:48:25,000 --> 01:48:22,159

continue the research that you're doing

2670

01:48:27,459 --> 01:48:25,010

now do you teach what do you do no I've

2671

01:48:29,229 --> 01:48:27,469

taught already and it's you know my you

2672

01:48:31,359 --> 01:48:29,239

know like I've done it and it was okay

2673

01:48:33,339 --> 01:48:31,369

but my heart just wasn't in it nice and

2674

01:48:36,729 --> 01:48:33,349

so I do want to continue the research

2675

01:48:38,859 --> 01:48:36,739

and so my plan is to actually fund a lab

2676

01:48:42,100 --> 01:48:38,869

after I'm done to actually continue the

2677

01:48:43,899 --> 01:48:42,110

research because no one's doing it or no

2678

01:48:45,399 --> 01:48:43,909

one's really doing it and so I really

2679

01:48:47,770 --> 01:48:45,409

wanted to continue and to not just stop

2680

01:48:51,100 --> 01:48:47,780

with me and then but I also want to

2681

01:48:52,660 --> 01:48:51,110

teach not in academia like as a

2682

01:48:54,040 --> 01:48:52,670

professor but I want to teach the

2683

01:48:56,319 --> 01:48:54,050

general public how to work with these

2684

01:48:58,540 --> 01:48:56,329

dreams how to talk about them and so

2685

01:49:00,640 --> 01:48:58,550

that's why I consciously do workshops

2686

01:49:03,129 --> 01:49:00,650

with people who work with the brave and

2687

01:49:04,629 --> 01:49:03,139

I do work and I do talks for the

2688

01:49:06,279 --> 01:49:04,639

bereaved themselves so I want to

2689

01:49:08,709 --> 01:49:06,289

continue doing that as I move forward

2690

01:49:11,259 --> 01:49:08,719

and you know I say like I've only really

2691

01:49:13,449 --> 01:49:11,269

done you know southern Ontario and some

2692

01:49:15,189 --> 01:49:13,459

other places but like once I'm done it'd

2693

01:49:16,839 --> 01:49:15,199

be so much easier since I don't have

2694

01:49:17,649 --> 01:49:16,849

this sort of thing I need to get done as

2695

01:49:19,569 --> 01:49:17,659

fast as I can

2696

01:49:21,189 --> 01:49:19,579

I can actually start touring the world

2697

01:49:22,629 --> 01:49:21,199

and start talking about this stuff and

2698

01:49:24,279 --> 01:49:22,639

hearing stories and all the different

2699

01:49:26,529 --> 01:49:24,289

stories are out there and normalizing

2700

01:49:28,569 --> 01:49:26,539

this experience so I'll probably write

2701
01:49:31,060 --> 01:49:28,579
in a book somewhere in there too and you

2702
01:49:33,310 --> 01:49:31,070
know who knows what but that's more my

2703
01:49:35,109 --> 01:49:33,320
main thing now it's like how can we how

2704
01:49:37,750 --> 01:49:35,119
can I help the brave moving forward the

2705
01:49:40,899 --> 01:49:37,760
best way I can that's certainly an

2706
01:49:43,179 --> 01:49:40,909
honorable calling I lost my life partner

2707
01:49:45,819 --> 01:49:43,189
back in 2015 and of course I was

2708
01:49:49,509 --> 01:49:45,829
referred to number of grief counseling

2709
01:49:53,000 --> 01:49:49,519
services and so on and I just I looked

2710
01:49:55,400 --> 01:49:53,010
at the syllabus and the outlines and

2711
01:49:57,650 --> 01:49:55,410
I just didn't feel that it was the right

2712
01:49:59,330 --> 01:49:57,660
thing for me to get involved with them

2713
01:50:02,960 --> 01:49:59,340

it didn't seem like it was going to help

2714

01:50:05,930 --> 01:50:02,970

me at all and so I can't say that I've

2715

01:50:08,710 --> 01:50:05,940

had personal experience there but there

2716

01:50:11,060 --> 01:50:08,720

are services out there that do provide

2717

01:50:15,020 --> 01:50:11,070

counseling for people who are grieving

2718

01:50:17,240 --> 01:50:15,030

and the you want to help those people I

2719

01:50:19,160 --> 01:50:17,250

think is very honorable and that it

2720

01:50:22,760 --> 01:50:19,170

sounds like you could possibly bring a

2721

01:50:24,410 --> 01:50:22,770

unique perspective to that process yeah

2722

01:50:27,140 --> 01:50:24,420

especially when it comes to those who

2723

01:50:29,270 --> 01:50:27,150

support the brief because in their

2724

01:50:31,520 --> 01:50:29,280

training in theology or in counseling

2725

01:50:32,630 --> 01:50:31,530

they're not trained on these dreams so

2726

01:50:34,190 --> 01:50:32,640

they don't know how to really work with

2727

01:50:37,220 --> 01:50:34,200

them and a lot of people actually don't

2728

01:50:39,170 --> 01:50:37,230

ask the question so I found along my way

2729

01:50:41,060 --> 01:50:39,180

and other people have told me is when

2730

01:50:42,770 --> 01:50:41,070

people ask them about their dreams

2731

01:50:44,330 --> 01:50:42,780

they're more than willing to share but

2732

01:50:47,060 --> 01:50:44,340

for the most part they don't share if

2733

01:50:50,120 --> 01:50:47,070

they're not asked and so a lot of like

2734

01:50:52,820 --> 01:50:50,130

to see some sort of dream therapy for

2735

01:50:54,950 --> 01:50:52,830

lack of a better term um put into some

2736

01:50:57,110 --> 01:50:54,960

of these grief counseling programs means

2737

01:51:00,590 --> 01:50:57,120

the one the couple that I looked at they

2738

01:51:03,080 --> 01:51:00,600

were I live here in Calgary and you were

2739

01:51:05,060 --> 01:51:03,090

supposed to attend several sessions and

2740

01:51:08,510 --> 01:51:05,070

promised that you'll show up and get

2741

01:51:10,790 --> 01:51:08,520

presentations and paperwork and and so

2742

01:51:13,490 --> 01:51:10,800

on for people to to basically do

2743

01:51:16,940 --> 01:51:13,500

homework on so I mean these are are

2744

01:51:18,770 --> 01:51:16,950

being paid for by the city and and he's

2745

01:51:21,440 --> 01:51:18,780

at your hope that you can become more

2746

01:51:23,980 --> 01:51:21,450

involved in those kinds of programs of

2747

01:51:25,790 --> 01:51:23,990

core to any program that works with the

2748

01:51:28,520 --> 01:51:25,800

people who work with the Buried of

2749

01:51:30,110 --> 01:51:28,530

course and you first have to legitimize

2750

01:51:31,130 --> 01:51:30,120

the subject and and that's what I'm

2751

01:51:32,450 --> 01:51:31,140

getting and that's why I'm doing the

2752

01:51:34,910 --> 01:51:32,460

research and I'm glad I'm doing the

2753

01:51:36,770 --> 01:51:34,920

research because when I talk to the

2754

01:51:39,110 --> 01:51:36,780

people like executive directors at

2755

01:51:40,550 --> 01:51:39,120

different places the you know they they

2756

01:51:42,710 --> 01:51:40,560

first look at the research and that once

2757

01:51:44,000 --> 01:51:42,720

they realize that science is actually

2758

01:51:45,830 --> 01:51:44,010

looking at this stuff it's actually

2759

01:51:47,420 --> 01:51:45,840

valid and these experiences people are

2760

01:51:51,170 --> 01:51:47,430

having and sharing then they're more

2761

01:51:52,730 --> 01:51:51,180

open to doing it but before before the

2762

01:51:56,570 --> 01:51:52,740

research was out there I was in my ma l

2763

01:51:59,600 --> 01:51:56,580

got a lot of negative comments on the

2764

01:52:01,880 --> 01:51:59,610

dreams or even doing a subject or wanted

2765

01:52:03,440 --> 01:52:01,890

me to do talks so it things have changed

2766

01:52:05,600 --> 01:52:03,450

just because research is getting out

2767

01:52:06,560 --> 01:52:05,610

there now and you know that's what I'd

2768

01:52:08,600 --> 01:52:06,570

like to

2769

01:52:10,069 --> 01:52:08,610

seeing that change in that progress as

2770

01:52:14,990 --> 01:52:10,079

you move forward and a lot of people who

2771

01:52:16,399 --> 01:52:15,000

do dream therapy it's it's not that

2772

01:52:19,760 --> 01:52:16,409

think that the dream stuff time I'm

2773

01:52:21,290 --> 01:52:19,770

really working on because the I don't

2774

01:52:23,359 --> 01:52:21,300

think they really know the research

2775

01:52:24,649 --> 01:52:23,369

itself when it comes to this topic so

2776

01:52:26,720 --> 01:52:24,659

they're going out in a specific way

2777

01:52:28,250 --> 01:52:26,730

maybe it's Jungian psychology or

2778

01:52:30,770 --> 01:52:28,260

Floridaian or some other way of

2779

01:52:33,050 --> 01:52:30,780

interpreting your dreams and I'm really

2780

01:52:34,760 --> 01:52:33,060

just peeling it right back to sort of

2781

01:52:36,589 --> 01:52:34,770

dreams represented waking life and how

2782

01:52:39,260 --> 01:52:36,599

can we talk about these dreams in a safe

2783

01:52:41,540 --> 01:52:39,270

environment where you're not devaluing

2784

01:52:42,740 --> 01:52:41,550

the person's experience but actually

2785

01:52:44,209 --> 01:52:42,750

helping them through their grief journey

2786

01:52:45,229 --> 01:52:44,219

and that takes a little bit more

2787

01:52:46,609 --> 01:52:45,239

training so I'll probably have a

2788

01:52:48,709 --> 01:52:46,619

training program that's what my

2789

01:52:51,470 --> 01:52:48,719

workshops are about is really focusing

2790

01:52:53,060 --> 01:52:51,480

on that aspect of it and who knows but

2791

01:52:55,850 --> 01:52:53,070

at the end of the day I'm just happy I

2792

01:52:57,379 --> 01:52:55,860

can I almost memorialized my dad by

2793

01:52:59,089 --> 01:52:57,389

doing this and it actually gives me a

2794

01:53:01,100 --> 01:52:59,099

lot of comfort by doing this work and

2795

01:53:03,709 --> 01:53:01,110

being around the bereaved and those who

2796

01:53:05,870 --> 01:53:03,719

are suffering and you know looking back

2797

01:53:08,689 --> 01:53:05,880

I wouldn't have chose this path but I'm

2798

01:53:10,189 --> 01:53:08,699

glad I'm on the path are you on this

2799

01:53:12,979 --> 01:53:10,199

path because of your father

2800

01:53:14,479 --> 01:53:12,989

I am yeah like I said he was the first

2801
01:53:16,069 --> 01:53:14,489
one that passed away and it's because of

2802
01:53:17,689 --> 01:53:16,079
the dreams I had with them that actually

2803
01:53:20,899 --> 01:53:17,699
made me think that this topic was I

2804
01:53:24,169 --> 01:53:20,909
should even look at because if that

2805
01:53:25,280 --> 01:53:24,179
person say I I don't and to volunteer

2806
01:53:27,020 --> 01:53:25,290
with the brave do you need to have lost

2807
01:53:28,609 --> 01:53:27,030
someone so I wouldn't have been able to

2808
01:53:30,350 --> 01:53:28,619
even volunteer at the brief to hear some

2809
01:53:34,069 --> 01:53:30,360
of their questions and concerns on the

2810
01:53:36,589 --> 01:53:34,079
topic so yeah that moment in time really

2811
01:53:40,010 --> 01:53:36,599
changed the direction of my life do you

2812
01:53:42,979 --> 01:53:40,020
have brothers and sisters I do I have

2813
01:53:44,660 --> 01:53:42,989

one brother and two sisters in that

2814

01:53:46,189 --> 01:53:44,670

experience so you know in your

2815

01:53:48,200 --> 01:53:46,199

experience with them do they talk about

2816

01:53:50,540 --> 01:53:48,210

it have they had any dreams have you had

2817

01:53:52,339 --> 01:53:50,550

some dreams that might be similar do you

2818

01:53:54,560 --> 01:53:52,349

get to share your experiences with them

2819

01:53:57,200 --> 01:53:54,570

and or can you share any of your

2820

01:53:58,879 --> 01:53:57,210

experiences with them safely here yeah

2821

01:54:00,290 --> 01:53:58,889

it's it's funny because you know

2822

01:54:02,060 --> 01:54:00,300

siblings they don't always have the same

2823

01:54:04,430 --> 01:54:02,070

perspective you do and I think because

2824

01:54:07,819 --> 01:54:04,440

of the environment we were raised in

2825

01:54:10,240 --> 01:54:07,829

they have their own their own beliefs

2826

01:54:13,300 --> 01:54:10,250

that really like shed them I guess like

2827

01:54:16,879 --> 01:54:13,310

close them up especially on this topic

2828

01:54:17,960 --> 01:54:16,889

and so I've asked and none of them

2829

01:54:20,480 --> 01:54:17,970

actually have

2830

01:54:22,760 --> 01:54:20,490

and it's interesting to sort of hear

2831

01:54:25,370 --> 01:54:22,770

about you know the reasons if they even

2832

01:54:27,110 --> 01:54:25,380

want one if they don't and I said my dad

2833

01:54:29,090 --> 01:54:27,120

wasn't the most pleasant person so it's

2834

01:54:32,150 --> 01:54:29,100

not like they're I think longing for

2835

01:54:34,040 --> 01:54:32,160

these dreams and the reason I should

2836

01:54:36,830 --> 01:54:34,050

share too the reason why I think my

2837

01:54:40,100 --> 01:54:36,840

dream was positive and quiet grief so

2838

01:54:42,710 --> 01:54:40,110

much is because after my mom my mom

2839

01:54:44,690 --> 01:54:42,720

separate from my father when I first

2840

01:54:46,550 --> 01:54:44,700

started University and so before then I

2841

01:54:49,040 --> 01:54:46,560

was angry at my dad and you know I

2842

01:54:51,500 --> 01:54:49,050

didn't care for him just because the way

2843

01:54:55,460 --> 01:54:51,510

he was approaching raising us and stuff

2844

01:54:58,460 --> 01:54:55,470

and so anyways there was a path and what

2845

01:55:01,850 --> 01:54:58,470

happened was after they separated I want

2846

01:55:04,480 --> 01:55:01,860

to understand more of his behavior and

2847

01:55:08,000 --> 01:55:04,490

why he treated us the way he did and

2848

01:55:09,950 --> 01:55:08,010

from there on out we actually he started

2849

01:55:13,400 --> 01:55:09,960

opening up to me a lot about his past

2850

01:55:15,320 --> 01:55:13,410

and and it made sense to me on you know

2851
01:55:18,470 --> 01:55:15,330
why he was the way he was because of the

2852
01:55:20,780 --> 01:55:18,480
way he was brought up and this was well

2853
01:55:22,550 --> 01:55:20,790
he was alive you were yeah when he was

2854
01:55:23,780 --> 01:55:22,560
alive so I started developing a bond

2855
01:55:25,430 --> 01:55:23,790
without me and then we started going out

2856
01:55:26,990 --> 01:55:25,440
for dinners and talking going to the

2857
01:55:29,360 --> 01:55:27,000
movies and you know taking the hockey

2858
01:55:30,830 --> 01:55:29,370
games and stuff and so I started

2859
01:55:33,410 --> 01:55:30,840
developing a friendship with them that I

2860
01:55:35,420 --> 01:55:33,420
never had as a child so just so I

2861
01:55:37,820 --> 01:55:35,430
started actually bonding with my father

2862
01:55:40,280 --> 01:55:37,830
and like at a time and then he passed

2863
01:55:43,160 --> 01:55:40,290

away about two years later and so that's

2864

01:55:44,510 --> 01:55:43,170

why it hurt but if we didn't reconnect I

2865

01:55:46,220 --> 01:55:44,520

probably wouldn't had a dream because I

2866

01:55:49,430 --> 01:55:46,230

wouldn't have wanted one right that's

2867

01:55:52,430 --> 01:55:49,440

very positive I know my parents they

2868

01:55:54,050 --> 01:55:52,440

split up as well and I'd heard more

2869

01:55:58,060 --> 01:55:54,060

negative things about him than positive

2870

01:56:00,380 --> 01:55:58,070

things and as I grew up and got into my

2871

01:56:01,880 --> 01:56:00,390

20s and moved back here to Calgary where

2872

01:56:04,100 --> 01:56:01,890

he lived I started visiting him on a

2873

01:56:06,740 --> 01:56:04,110

regular basis and really learning the

2874

01:56:11,660 --> 01:56:06,750

real person he was and I feel so

2875

01:56:13,910 --> 01:56:11,670

fortunate for that and so I think my own

2876

01:56:16,970 --> 01:56:13,920

dream about him that made me feel so

2877

01:56:20,690 --> 01:56:16,980

much better because it was like going to

2878

01:56:21,860 --> 01:56:20,700

visit him is reflective of that so I'm

2879

01:56:24,050 --> 01:56:21,870

really glad that you did that

2880

01:56:27,010 --> 01:56:24,060

I'm glad you you also did that and I

2881

01:56:29,060 --> 01:56:27,020

think it takes a lot of courage to to

2882

01:56:31,370 --> 01:56:29,070

stretch your mind and who people are

2883

01:56:33,410 --> 01:56:31,380

because a lot of we get set sometimes in

2884

01:56:36,230 --> 01:56:33,420

our ways and to open your mind sort of

2885

01:56:37,640 --> 01:56:36,240

who are they really and it's good if

2886

01:56:38,870 --> 01:56:37,650

like my father which was nice that he

2887

01:56:40,760 --> 01:56:38,880

really dropped the role of being a

2888

01:56:42,290 --> 01:56:40,770

father he's just started talking as I

2889

01:56:42,530 --> 01:56:42,300

was if it was like a real person you

2890

01:56:44,600 --> 01:56:42,540

know

2891

01:56:45,950 --> 01:56:44,610

and I think that's actually was really

2892

01:56:47,630 --> 01:56:45,960

beneficial for me to I don't know if

2893

01:56:49,310 --> 01:56:47,640

you're fathered the same thing where he

2894

01:56:51,650 --> 01:56:49,320

saw you as like an adult and he had like

2895

01:56:52,820 --> 01:56:51,660

adult conversations with you he wasn't

2896

01:56:54,800 --> 01:56:52,830

trying to like shed you from the world

2897

01:56:57,620 --> 01:56:54,810

and stuff so I think it took you you

2898

01:56:59,990 --> 01:56:57,630

great courage to also go there and take

2899

01:57:02,360 --> 01:57:00,000

those steps because a lot of times we

2900

01:57:03,560 --> 01:57:02,370

can harden my heart to people and we

2901
01:57:05,420 --> 01:57:03,570
when we have this belief that maybe

2902
01:57:06,950 --> 01:57:05,430
people can't change and so what happens

2903
01:57:08,840 --> 01:57:06,960
we just we distance ourselves and we

2904
01:57:11,030 --> 01:57:08,850
leave them and then they die and we just

2905
01:57:13,040 --> 01:57:11,040
never know who they truly were don't

2906
01:57:14,720 --> 01:57:13,050
forget to check out the power cast Plus

2907
01:57:17,300 --> 01:57:14,730
for the best way to listen to the show

2908
01:57:20,000 --> 01:57:17,310
you also get the exclusive after the

2909
01:57:23,150 --> 01:57:20,010
power cast podcast for more information

2910
01:57:24,710 --> 01:57:23,160
check + stop the power cast com+ stop

2911
01:57:26,830 --> 01:57:24,720
the power cast com

2912
01:57:30,170 --> 01:57:26,840
we got more to come with Joshua black

2913
01:57:37,060 --> 01:57:30,180

Eugene and Randall you're in the para

2914

01:57:42,200 --> 01:57:39,590

neighbors I want to tell you about my

2915

01:57:44,600 --> 01:57:42,210

favorite graphics app it's the

2916

01:57:46,580 --> 01:57:44,610

award-winning graphic converter you know

2917

01:57:48,500 --> 01:57:46,590

graphic converter is the universal

2918

01:57:51,470 --> 01:57:48,510

genius for photo editing on your Mac

2919

01:57:54,230 --> 01:57:51,480

join over one-and-a-half million loyal

2920

01:57:57,050 --> 01:57:54,240

users for this Swiss Army knife photo

2921

01:57:59,390 --> 01:57:57,060

editing app it gives you all you expect

2922

01:58:02,360 --> 01:57:59,400

from a top-flight image editing app with

2923

01:58:05,570 --> 01:58:02,370

tons of features and most important it's

2924

01:58:08,360 --> 01:58:05,580

easy to use it's also far less expensive

2925

01:58:10,790 --> 01:58:08,370

than that other app that you can only

2926

01:58:13,100 --> 01:58:10,800

get by a subscription you know the one

2927

01:58:17,330 --> 01:58:13,110

I'm talking about what's more you can

2928

01:58:19,580 --> 01:58:17,340

get 20% off with your order right now so

2929

01:58:38,510 --> 01:58:19,590

write this down to learn about graphic

2930

01:58:40,700 --> 01:58:38,520

converter go to www.qcnet.com businesses

2931

01:58:42,320 --> 01:58:40,710

with tax problems listen carefully do

2932

01:58:45,530 --> 01:58:42,330

you feel like you're losing control over

2933

01:58:47,300 --> 01:58:45,540

your finances if you owe over \$10,000 in

2934

01:58:49,610 --> 01:58:47,310

back taxes or have unfiled tax returns

2935

01:58:51,470 --> 01:58:49,620

we can help you take back control the

2936

01:58:53,420 --> 01:58:51,480

IRS is the largest and most aggressive

2937

01:58:55,190 --> 01:58:53,430

collection agency in the world and they

2938

01:58:57,320 --> 01:58:55,200

can seize your bank account garnish your

2939

01:58:59,360 --> 01:58:57,330

paycheck close your business and file

2940

01:59:01,400 --> 01:58:59,370

criminal charges take control of your

2941

01:59:03,590 --> 01:59:01,410

tax problems now by calling the experts

2942

01:59:05,630 --> 01:59:03,600

at tax mediation services and take

2943

01:59:07,640 --> 01:59:05,640

advantage of the Fresh Start program and

2944

01:59:09,320 --> 01:59:07,650

new laws that may allow us to negotiate

2945

01:59:11,480 --> 01:59:09,330

a settlement for the lowest amount

2946

01:59:13,340 --> 01:59:11,490

possible our team of tax attorneys and

2947

01:59:15,170 --> 01:59:13,350

enrolled agents can stop collections and

2948

01:59:17,180 --> 01:59:15,180

get you protected so you can take

2949

01:59:19,370 --> 01:59:17,190

control of your financial future tax

2950

01:59:21,200 --> 01:59:19,380

mediation services is accredited by the

2951

01:59:23,090 --> 01:59:21,210

Better Business Bureau call now for a

2952

01:59:25,640 --> 01:59:23,100

free case review and a price protection

2953

01:59:27,860 --> 01:59:25,650

guaranteed quote call tax mediation

2954

01:59:30,290 --> 01:59:27,870

services now at eight hundred six one

2955

01:59:32,780 --> 01:59:30,300

zero seventy seven forty that's eight

2956

01:59:35,750 --> 01:59:32,790

hundred six one zero seventy seven forty

2957

01:59:42,080 --> 01:59:35,760

eight hundred six one zero seventy seven

2958

01:59:42,910 --> 01:59:42,090

forty want revenge on the common

2959

01:59:45,740 --> 01:59:42,920

housefly

2960

01:59:47,669 --> 01:59:45,750

well after ten thousand years someone

2961

01:59:50,280 --> 01:59:47,679

has finally come up with a better way

2962

01:59:53,100 --> 01:59:50,290

the bug-a-salt a miniaturised shotgun

2963

01:59:55,590 --> 01:59:53,110

which utilizes ordinary table salt as

2964

01:59:57,930 --> 01:59:55,600

ammunition non-toxic and no batteries

2965

02:00:00,810 --> 01:59:57,940

required 39.95 plus shipping and

2966

02:00:02,820 --> 02:00:00,820

handling use discount code gcn and

2967

02:00:06,240 --> 02:00:02,830

receive 15% off your purchase at

2968

02:00:10,020 --> 02:00:06,250

bug-a-salt calm fire your flyswatter and

2969

02:00:12,330 --> 02:00:10,030

get your bug assault today hello

2970

02:00:14,490 --> 02:00:12,340

congratulations for what you're losing

2971

02:00:17,550 --> 02:00:14,500

all that weight how'd you do it so fast

2972

02:00:19,560 --> 02:00:17,560

a.s.a.p what what's that mean are you

2973

02:00:21,840 --> 02:00:19,570

ready to get as skinny as possible as

2974

02:00:23,850 --> 02:00:21,850

soon as possible as simple as possible

2975

02:00:26,399 --> 02:00:23,860

and as sexy as possible I'm listening

2976

02:00:27,390 --> 02:00:26,409

then get with the ASAP program it's real

2977

02:00:29,729 --> 02:00:27,400

and it works

2978

02:00:32,490 --> 02:00:29,739

no smooth talk no slick advertising and

2979

02:00:35,520 --> 02:00:32,500

no exaggerated claims of success I got

2980

02:00:38,220 --> 02:00:35,530

it no more welcome to ASAP as slim as

2981

02:00:40,590 --> 02:00:38,230

possible whether you have 10 20 or 50

2982

02:00:43,380 --> 02:00:40,600

pounds to lose ASAP is your weight loss

2983

02:00:45,060 --> 02:00:43,390

answer ASAP targets the abnormal fat

2984

02:00:47,040 --> 02:00:45,070

reserves and makes them available to be

2985

02:00:49,709 --> 02:00:47,050

burned as fuel and contains no caffeine

2986

02:00:51,689 --> 02:00:49,719

or hormones order ASAP at wholesale

2987

02:00:53,700 --> 02:00:51,699

prices or join the team to share the

2988

02:00:54,600 --> 02:00:53,710

business with others visit GC and

2989

02:00:57,300 --> 02:00:54,610

team.com

2990

02:01:00,780 --> 02:00:57,310

or call 877 eight seven eight four two

2991

02:01:02,700 --> 02:01:00,790

zero three GCM team comm or call eight

2992

02:01:05,340 --> 02:01:02,710

seven seven eight seven eight four two

2993

02:01:08,880 --> 02:01:05,350

zero three lose weight and look great

2994

02:01:10,590 --> 02:01:08,890

with ASAP as slim as possible looking

2995

02:01:13,169 --> 02:01:10,600

for that edge during those intimate

2996

02:01:15,149 --> 02:01:13,179

moments we see many ads for enhancement

2997

02:01:17,550 --> 02:01:15,159

but the side effects include death at

2998

02:01:19,470 --> 02:01:17,560

GCN team we should change the healthy

2999

02:01:21,450 --> 02:01:19,480

body brain and heart pack to the healthy

3000

02:01:23,310 --> 02:01:21,460

libido pack the brain and heart are not

3001
02:01:25,890 --> 02:01:23,320
the only organs that require a healthy

3002
02:01:26,850 --> 02:01:25,900
vascular system for proper blood flow at

3003
02:01:29,310 --> 02:01:26,860
the right moment

3004
02:01:31,620 --> 02:01:29,320
go to GCN team.com or call eight seven

3005
02:01:33,630 --> 02:01:31,630
seven eight seven eight 4203

3006
02:01:35,910 --> 02:01:33,640
that's eight seven seven eight seven

3007
02:01:41,729 --> 02:01:35,920
eight 4203 that's eight seven seven

3008
02:01:43,770 --> 02:01:41,739
eight seven eight 4203 we'd like to hear

3009
02:01:46,110 --> 02:01:43,780
from you if you have a comment or

3010
02:01:49,980 --> 02:01:46,120
question about the power cast

3011
02:01:53,280 --> 02:01:49,990
2news at the para caste calm that's news

3012
02:01:55,500 --> 02:01:53,290
at the para caste calm and don't forget

3013
02:02:00,980 --> 02:01:55,510

to visit our famous para caste community

3014

02:02:03,930 --> 02:02:00,990

forums at forum dot the para cast calm

3015

02:02:06,600 --> 02:02:03,940

Sadashiva black I guess we can relate

3016

02:02:09,600 --> 02:02:06,610

that to my experience with my father he

3017

02:02:12,270 --> 02:02:09,610

and I you know for different reasons

3018

02:02:14,100 --> 02:02:12,280

which were complicated weren't very

3019

02:02:16,230 --> 02:02:14,110

friendly for a while and then we kind of

3020

02:02:18,870 --> 02:02:16,240

hooked up again and when my wife and I

3021

02:02:22,350 --> 02:02:18,880

had a son we would visit him and his

3022

02:02:24,360 --> 02:02:22,360

second wife my stepmother and we had

3023

02:02:27,930 --> 02:02:24,370

pleasant times he'd buy us dinner all

3024

02:02:30,300 --> 02:02:27,940

the time and then one evening the day

3025

02:02:31,980 --> 02:02:30,310

before my birthday he calls me on the

3026

02:02:35,190 --> 02:02:31,990

phone and usually our phone

3027

02:02:37,800 --> 02:02:35,200

conversations 4/32 affairs and this time

3028

02:02:40,050 --> 02:02:37,810

he went on for five or ten minutes as if

3029

02:02:42,750 --> 02:02:40,060

he really needed to say things to me the

3030

02:02:45,990 --> 02:02:42,760

next day probably 24 hours on my

3031

02:02:47,550 --> 02:02:46,000

birthday he died and it was not

3032

02:02:49,200 --> 02:02:47,560

something like he suffered from some

3033

02:02:51,690 --> 02:02:49,210

kind of illness or something he was just

3034

02:02:54,330 --> 02:02:51,700

shy of a 79th birthday he was playing

3035

02:02:55,710 --> 02:02:54,340

cards with his friends and he had a

3036

02:02:57,210 --> 02:02:55,720

heart attack and that was it

3037

02:03:00,240 --> 02:02:57,220

of course I guess if you're going to die

3038

02:03:02,580 --> 02:03:00,250

do it fast and he did it fast it's just

3039

02:03:04,770 --> 02:03:02,590

a strange coincidence that the day

3040

02:03:08,570 --> 02:03:04,780

before he's calling me as if maybe he

3041

02:03:13,260 --> 02:03:08,580

knew and then he dies on my birthday

3042

02:03:15,450 --> 02:03:13,270

Wow Wow how was that for you like like

3043

02:03:16,800 --> 02:03:15,460

does it like now that you're grown up

3044

02:03:18,810 --> 02:03:16,810

and you have these birthdays does it

3045

02:03:20,490 --> 02:03:18,820

does it actually was it monumental

3046

02:03:21,810 --> 02:03:20,500

anyway to trigger like when you have a

3047

02:03:25,560 --> 02:03:21,820

birthday's coming up now does it trigger

3048

02:03:28,260 --> 02:03:25,570

stop I was an adult yeah he was just I

3049

02:03:31,890 --> 02:03:28,270

have a 79th birthday so you know we

3050

02:03:34,590 --> 02:03:31,900

already had a son and therefore it

3051

02:03:37,320 --> 02:03:34,600

wasn't something where I'm experiencing

3052

02:03:41,760 --> 02:03:37,330

this as a child I'm experiencing this as

3053

02:03:44,280 --> 02:03:41,770

an adult and seeing him in his final

3054

02:03:46,800 --> 02:03:44,290

years it just it all sort of came

3055

02:03:51,230 --> 02:03:46,810

together there that happened that way of

3056

02:03:55,670 --> 02:03:51,240

all the days that one can choose to die

3057

02:03:58,320 --> 02:03:55,680

unexpectedly and that was a day well

3058

02:03:59,969 --> 02:03:58,330

yeah like that's another topic gray like

3059

02:04:02,489 --> 02:03:59,979

when people die

3060

02:04:04,859 --> 02:04:02,499

and you hear stories and it's just it's

3061

02:04:06,270 --> 02:04:04,869

someone just passed away Louise hey if

3062

02:04:08,699 --> 02:04:06,280

you know or not

3063

02:04:10,739 --> 02:04:08,709

she's big in the spiritual work anyway

3064

02:04:13,140 --> 02:04:10,749

she had a good friend dr. Wayne Dyer and

3065

02:04:15,000 --> 02:04:13,150

they both passed away so Wayne Dyer

3066

02:04:17,939 --> 02:04:15,010

passed thing two years ago and then she

3067

02:04:19,979 --> 02:04:17,949

passed away just this year but on the

3068

02:04:21,330 --> 02:04:19,989

same day and like they're good friends

3069

02:04:23,969 --> 02:04:21,340

and so you're just like it's just very

3070

02:04:25,680 --> 02:04:23,979

interesting when people die if people

3071

02:04:28,229 --> 02:04:25,690

can control that you know that's

3072

02:04:31,589 --> 02:04:28,239

something I I soon you know one day

3073

02:04:34,290 --> 02:04:31,599

we'll find out as I get up there or as

3074

02:04:36,390 --> 02:04:34,300

it happens to me so are you the oldest

3075

02:04:39,750 --> 02:04:36,400

amongst your siblings or where do you

3076

02:04:42,709 --> 02:04:39,760

fit I am in I guess the the middle so

3077

02:04:45,779 --> 02:04:42,719

I'm the so yes I'll get a third child

3078

02:04:48,870 --> 02:04:45,789

okay so it's interesting doing this and

3079

02:04:50,399 --> 02:04:48,880

doing the post education stuff because

3080

02:04:51,899 --> 02:04:50,409

they haven't really done that aspect

3081

02:04:54,540 --> 02:04:51,909

either so it's just it's a learning

3082

02:04:56,279 --> 02:04:54,550

curve moving forward but you know like I

3083

02:04:58,620 --> 02:04:56,289

get a lot of support maybe not too much

3084

02:05:01,319 --> 02:04:58,630

from them my mom's very supportive which

3085

02:05:02,819 --> 02:05:01,329

is really nice in this area but just to

3086

02:05:05,100 --> 02:05:02,829

see the support for other people really

3087

02:05:07,080 --> 02:05:05,110

gives me the motivation to continue and

3088

02:05:09,870 --> 02:05:07,090

do this because it's a it's a tough

3089

02:05:12,270 --> 02:05:09,880

journey like going through I know all

3090

02:05:13,949 --> 02:05:12,280

this all the hoops and all the struggles

3091

02:05:16,109 --> 02:05:13,959

and you know financial sort of stress

3092

02:05:18,449 --> 02:05:16,119

and stuff to really do what you need to

3093

02:05:20,279 --> 02:05:18,459

do and what you feel desire to do so I'm

3094

02:05:21,839 --> 02:05:20,289

just glad for you say even you guys to

3095

02:05:23,609 --> 02:05:21,849

have me on to sort of talk about the

3096

02:05:25,709 --> 02:05:23,619

subject and and share some of this

3097

02:05:28,589 --> 02:05:25,719

information because without you know you

3098

02:05:31,620 --> 02:05:28,599

guys my research and the topic were just

3099

02:05:33,660 --> 02:05:31,630

like sitting in a drawer somewhere what

3100

02:05:36,060 --> 02:05:33,670

does your family think of what you do so

3101

02:05:39,479 --> 02:05:36,070

my mom was very supportive she hasn't

3102

02:05:42,270 --> 02:05:39,489

had her dream any dreams of my dad but

3103

02:05:43,770 --> 02:05:42,280

she has had a dream of someone else that

3104

02:05:46,290 --> 02:05:43,780

passed away and she thought was

3105

02:05:48,540 --> 02:05:46,300

comforting but other not like you know

3106

02:05:49,919 --> 02:05:48,550

like we're just you know people you know

3107

02:05:52,620 --> 02:05:49,929

like you don't get to choose your family

3108

02:05:54,600 --> 02:05:52,630

yes so they're not like you know we

3109

02:05:55,709 --> 02:05:54,610

don't I don't see them all the time but

3110

02:05:57,509 --> 02:05:55,719

they are you know in their own way

3111

02:05:59,399 --> 02:05:57,519

they're very loving and have kids why I

3112

02:06:02,310 --> 02:05:59,409

go I go see them but we don't really

3113

02:06:04,379 --> 02:06:02,320

talk about this subject we'll just talk

3114

02:06:07,529 --> 02:06:04,389

about you know you know everyday life

3115

02:06:09,839 --> 02:06:07,539

what's going on surface stuff but

3116

02:06:11,729 --> 02:06:09,849

nothing like too deep that we're talking

3117

02:06:14,190 --> 02:06:11,739

about now having those in-depth

3118

02:06:15,840 --> 02:06:14,200

conversations so I'll ah

3119

02:06:18,420 --> 02:06:15,850

but you know like they're not you have

3120

02:06:20,459 --> 02:06:18,430

to like know when when your topics want

3121

02:06:21,840 --> 02:06:20,469

it and when it's not and so at the end

3122

02:06:23,700 --> 02:06:21,850

of it that's why I say I'm just glad for

3123

02:06:26,010 --> 02:06:23,710

other people to really value a what I'm

3124

02:06:29,010 --> 02:06:26,020

doing is what about the colleagues you

3125

02:06:30,690 --> 02:06:29,020

work with they do it's like they've some

3126

02:06:33,930 --> 02:06:30,700

of them had their own their own dream so

3127

02:06:34,530 --> 02:06:33,940

they they like what I'm doing and my

3128

02:06:36,209 --> 02:06:34,540

supervisor

3129

02:06:38,490 --> 02:06:36,219

loves I'm doing and and she really

3130

02:06:39,720 --> 02:06:38,500

brought me on which is I think so

3131

02:06:41,430 --> 02:06:39,730

amazing because without her and without

3132

02:06:43,080 --> 02:06:41,440

Brock University I wouldn't be able to

3133

02:06:44,580 --> 02:06:43,090

do this and so it's not just me it's

3134

02:06:46,680 --> 02:06:44,590

like I needed people to say yeah let's

3135

02:06:50,880 --> 02:06:46,690

let's actually test it scientifically

3136

02:06:52,890 --> 02:06:50,890

and give me a chance and they have I

3137

02:06:55,020 --> 02:06:52,900

think that's amazing so people in the

3138

02:06:58,560 --> 02:06:55,030

department they seem to actually enjoy

3139

02:07:00,240 --> 02:06:58,570

and I think first it was they didn't

3140

02:07:02,520 --> 02:07:00,250

really know but the more I talk about it

3141

02:07:03,780 --> 02:07:02,530

the more I do this media stuff they

3142

02:07:06,180 --> 02:07:03,790

really see the benefit of it especially

3143

02:07:08,640 --> 02:07:06,190

the media stuff and you're most people

3144

02:07:11,190 --> 02:07:08,650

in the ph.d program don't ever go on

3145

02:07:13,740 --> 02:07:11,200

radio or try to like promote the

3146

02:07:14,790 --> 02:07:13,750

research in different ways but I really

3147

02:07:16,200 --> 02:07:14,800

tried it because I'm trying to normalize

3148

02:07:18,240 --> 02:07:16,210

his experience and get the information

3149

02:07:20,790 --> 02:07:18,250

out and that's why I started like at the

3150

02:07:23,040 --> 02:07:20,800

website group 3 MCA just as a way to

3151
02:07:24,750 --> 02:07:23,050
bring people together to ask questions

3152
02:07:27,540 --> 02:07:24,760
to find the research that's on there and

3153
02:07:29,670 --> 02:07:27,550
to be able to contact me and if they

3154
02:07:31,890 --> 02:07:29,680
have any questions and so I feel like

3155
02:07:33,360 --> 02:07:31,900
that really pushes them I think it's not

3156
02:07:35,070 --> 02:07:33,370
really more about the topic but I think

3157
02:07:37,920 --> 02:07:35,080
that social media is really stretching

3158
02:07:39,570 --> 02:07:37,930
the academic community at Brock to do

3159
02:07:41,100 --> 02:07:39,580
more with their research yeah that's a

3160
02:07:45,030 --> 02:07:41,110
pretty good looking website it's well

3161
02:07:49,110 --> 02:07:45,040
put together it's so yeah I did it

3162
02:07:50,729 --> 02:07:49,120
myself I just like playing around but

3163
02:07:53,400 --> 02:07:50,739

yeah that's the the first draft I guess

3164

02:07:55,890 --> 02:07:53,410

yeah very good is this done in WordPress

3165

02:07:58,860 --> 02:07:55,900

or what it's done in Squarespace Oh

3166

02:08:01,470 --> 02:07:58,870

so use a template it's a CMS thing I'm

3167

02:08:05,120 --> 02:08:01,480

assuming but it looks good thank you

3168

02:08:08,640 --> 02:08:05,130

I'm gonna get this question and yet okay

3169

02:08:11,459 --> 02:08:08,650

what is your thesis about so it's

3170

02:08:13,520 --> 02:08:11,469

exactly can you exactly okay so I'm

3171

02:08:15,660 --> 02:08:13,530

looking at a couple questions but it's

3172

02:08:18,360 --> 02:08:15,670

specifically on dreaming of the deceased

3173

02:08:19,470 --> 02:08:18,370

so my first two studies was looking at

3174

02:08:21,810 --> 02:08:19,480

what factors predict

3175

02:08:24,540 --> 02:08:21,820

dreaming of the deceased and then my

3176

02:08:26,430 --> 02:08:24,550

next one's will be also on what factors

3177

02:08:27,100 --> 02:08:26,440

protect a positive being works is a

3178

02:08:29,680 --> 02:08:27,110

negative

3179

02:08:32,650 --> 02:08:29,690

and within that I'm also looking at what

3180

02:08:34,420 --> 02:08:32,660

themes people are having and the

3181

02:08:36,100 --> 02:08:34,430

frequency of those themes and so as I

3182

02:08:38,050 --> 02:08:36,110

was saying for the most part people

3183

02:08:39,760 --> 02:08:38,060

having these positive themes over these

3184

02:08:41,020 --> 02:08:39,770

negative dreams and that was interesting

3185

02:08:43,210 --> 02:08:41,030

this first time I actually looked at

3186

02:08:45,280 --> 02:08:43,220

that to say okay yes these are these

3187

02:08:47,650 --> 02:08:45,290

common themes but how many people are

3188

02:08:48,640 --> 02:08:47,660

actually having these versus not and so

3189

02:08:50,830 --> 02:08:48,650

most people have needs comfort

3190

02:08:52,450 --> 02:08:50,840

comforting themes over and above these

3191

02:08:55,120 --> 02:08:52,460

negatives saying things like 90% of

3192

02:08:58,450 --> 02:08:55,130

people who have reported reinstated they

3193

02:09:00,790 --> 02:08:58,460

had a comfort theme and people who and a

3194

02:09:01,990 --> 02:09:00,800

negative theme was around 40% I think

3195

02:09:04,150 --> 02:09:02,000

that's really interesting and those

3196

02:09:05,620 --> 02:09:04,160

forty percent of people most of people I

3197

02:09:07,360 --> 02:09:05,630

think thirty eight percent or thirty

3198

02:09:09,250 --> 02:09:07,370

five percent had also a positive dream

3199

02:09:10,570 --> 02:09:09,260

and so now it's really like fine

3200

02:09:12,160 --> 02:09:10,580

tweeting and say okay why is someone

3201

02:09:14,440 --> 02:09:12,170

having a negative dream does it really

3202

02:09:16,660 --> 02:09:14,450

to their grief and it was really - maybe

3203

02:09:18,520 --> 02:09:16,670

trauma symptoms like maybe they saw you

3204

02:09:19,960 --> 02:09:18,530

know it was a traumatic loss or maybe

3205

02:09:21,370 --> 02:09:19,970

they have guilt you know so really

3206

02:09:24,190 --> 02:09:21,380

trying to understand the dream imagery

3207

02:09:25,630 --> 02:09:24,200

is also a part so that's sort of the the

3208

02:09:27,400 --> 02:09:25,640

dissertation is a bunch of these studies

3209

02:09:29,860 --> 02:09:27,410

I think the five studies in total on

3210

02:09:33,310 --> 02:09:29,870

different samples of braved individuals

3211

02:09:35,680 --> 02:09:33,320

from disposal to pet loss and the

3212

02:09:37,930 --> 02:09:35,690

miscarriage do you personally talk to

3213

02:09:41,710 --> 02:09:37,940

these people or do you pick up research

3214

02:09:43,630 --> 02:09:41,720

papers so I'll mostly the it's just you

3215

02:09:45,490 --> 02:09:43,640

do the study I don't have any contact

3216

02:09:48,520 --> 02:09:45,500

with them so it's not what I want

3217

02:09:50,470 --> 02:09:48,530

interviews so it'd be through a program

3218

02:09:53,500 --> 02:09:50,480

that we have that collects data through

3219

02:09:55,690 --> 02:09:53,510

the internet in my MA it was people had

3220

02:09:57,730 --> 02:09:55,700

actually contact me and I gave them sort

3221

02:09:59,440 --> 02:09:57,740

of the not the questionnaires to fill

3222

02:10:01,210 --> 02:09:59,450

out and that's when they put in their

3223

02:10:03,490 --> 02:10:01,220

dreams and stuff like that but it's when

3224

02:10:04,900 --> 02:10:03,500

I do the workshops people tell me about

3225

02:10:08,050 --> 02:10:04,910

their dreams and be able to talk to them

3226

02:10:10,480 --> 02:10:08,060

in more detail when I do that or people

3227

02:10:13,030 --> 02:10:10,490

email me I am able to talk to them and

3228

02:10:15,310 --> 02:10:13,040

get more detail about you know what

3229

02:10:17,410 --> 02:10:15,320

these dreams mean to them we got more to

3230

02:10:19,930 --> 02:10:17,420

come with Joshua black I'm Jean

3231

02:10:27,640 --> 02:10:19,940

Steinberg he's Randall Murphy you're in

3232

02:10:27,650 --> 02:10:32,729

thank you for listening to GCN

3233

02:10:41,330 --> 02:10:39,689

visit GP and live.com today want revenge

3234

02:10:44,339 --> 02:10:41,340

on the common housefly

3235

02:10:46,290 --> 02:10:44,349

well after 10000 years someone has

3236

02:10:49,470 --> 02:10:46,300

finally come up with a better way the

3237

02:10:51,509 --> 02:10:49,480

bug assault a miniaturised shotgun which

3238

02:10:54,000 --> 02:10:51,519

utilizes ordinary table salt as

3239

02:10:56,339 --> 02:10:54,010

ammunition non-toxic and no batteries

3240

02:10:59,220 --> 02:10:56,349

required 39.95 plus shipping and

3241

02:11:01,229 --> 02:10:59,230

handling use discount code GCN and

3242

02:11:04,649 --> 02:11:01,239

receive 15% off your purchase at

3243

02:11:08,100 --> 02:11:04,659

bug-a-salt calm fire your flyswatter and

3244

02:11:10,229 --> 02:11:08,110

get your bug assault today the answer to

3245

02:11:13,259 --> 02:11:10,239

being in control of your own health care

3246

02:11:15,270 --> 02:11:13,269

is freedom from insurance become part of

3247

02:11:16,799 --> 02:11:15,280

a group of self-pay patients that come

3248

02:11:18,930 --> 02:11:16,809

together to share in each other's

3249

02:11:21,470 --> 02:11:18,940

medical expenses individual share

3250

02:11:24,060 --> 02:11:21,480

amounts begin at 107 dollars a month and

3251

02:11:25,770 --> 02:11:24,070

347 for families choose from three

3252

02:11:27,419 --> 02:11:25,780

health sharing programs who istic

3253

02:11:29,399 --> 02:11:27,429

treatments may be eligible for sharing

3254

02:11:31,709 --> 02:11:29,409

see guidelines discount programs

3255

02:11:34,739 --> 02:11:31,719

available for dental vision and pharmacy

3256

02:11:38,720 --> 02:11:34,749

go to Liberty on-call org that Liberty

3257

02:11:43,740 --> 02:11:41,670

attention type 2 diabetics if you or a

3258

02:11:45,959 --> 02:11:43,750

loved one has taken invokana invoke

3259

02:11:47,850 --> 02:11:45,969

comet or invoke comet XR or other

3260

02:11:50,130 --> 02:11:47,860

inhibitors for type 2 diabetes and

3261

02:11:51,990 --> 02:11:50,140

suffered amputation of the toes feet or

3262

02:11:53,880 --> 02:11:52,000

legs you may be entitled to substantial

3263

02:11:56,310 --> 02:11:53,890

financial compensation

3264

02:11:58,440 --> 02:11:56,320

the FDA has warned that invokana invoke

3265

02:12:00,750 --> 02:11:58,450

comment or invoke comet XR and other

3266

02:12:02,700 --> 02:12:00,760

inhibitors for type 2 diabetes cause an

3267

02:12:05,010 --> 02:12:02,710

increased role in amputations of the

3268

02:12:07,050 --> 02:12:05,020

toes feet and legs if you or a loved one

3269

02:12:08,880 --> 02:12:07,060

has taken invokana invoke comet or

3270

02:12:11,040 --> 02:12:08,890

invoke a medics are or other inhibitors

3271

02:12:13,080 --> 02:12:11,050

for type 2 diabetes and suffered

3272

02:12:15,180 --> 02:12:13,090

amputation of the toes feet or legs you

3273

02:12:17,880 --> 02:12:15,190

may be entitled to substantial financial

3274

02:12:20,220 --> 02:12:17,890

compensation act now time is limited to

3275

02:12:27,650 --> 02:12:20,230

file a claim for a free consultation and

3276

02:12:34,110 --> 02:12:32,550

847-537-7000 again 847 576 a seven call

3277

02:12:36,720 --> 02:12:34,120

now this is an every type of paint

3278

02:12:37,860 --> 02:12:36,730

non-attorney spokesperson www.hs console

3279

02:12:38,520 --> 02:12:37,870

for this advertisement principal office

3280

02:12:40,229 --> 02:12:38,530

Las Vegas Nevada

3281

02:12:42,060 --> 02:12:40,239

what do you call charging thousands of

3282

02:12:43,979 --> 02:12:42,070

dollars for hearing aids I call it

3283

02:12:45,900 --> 02:12:43,989

outrageous because hearing should not be

3284

02:12:48,570 --> 02:12:45,910

a privilege for the rich it's a basic

3285

02:12:50,400 --> 02:12:48,580

right everyone deserves hi I'm dr. Jared

3286

02:12:52,170 --> 02:12:50,410

curry board-certified ear nose and

3287

02:12:53,850 --> 02:12:52,180

throat physician if you or a loved one

3288

02:12:55,500 --> 02:12:53,860

suffer from hearing loss but can't

3289

02:12:57,750 --> 02:12:55,510

afford thousands for a hearing aid I

3290

02:12:59,700 --> 02:12:57,760

created MD hearing aid for you a

3291

02:13:02,010 --> 02:12:59,710

high-quality medical grade hearing aid

3292

02:13:04,410 --> 02:13:02,020

for a fraction of that price try MD

3293

02:13:04,920 --> 02:13:04,420

hearing aid at home risk-free for 45

3294

02:13:06,690 --> 02:13:04,930

days

3295

02:13:09,270 --> 02:13:06,700

call one eight hundred four two two one

3296

02:13:11,520 --> 02:13:09,280

two seven one no costly doctor's visit

3297

02:13:13,920 --> 02:13:11,530

no expensive and time-consuming fittings

3298

02:13:15,959 --> 02:13:13,930

or appointments no ugly old fashioned

3299

02:13:17,570 --> 02:13:15,969

hearing aid that cost thousands MD

3300

02:13:19,530 --> 02:13:17,580

hearing aid is an FDA registered

3301

02:13:21,240 --> 02:13:19,540

audiologist tested hearing aid that's

3302

02:13:22,890 --> 02:13:21,250

discreet and lets you hear what you've

3303

02:13:25,050 --> 02:13:22,900

been missing at a savings of more than

3304

02:13:27,570 --> 02:13:25,060

80% off the average price of a

3305

02:13:30,660 --> 02:13:27,580

traditional hearing aid try MD hearing

3306

02:13:33,240 --> 02:13:30,670

aid risk-free for 45 days call 1-800 for

3307

02:13:35,220 --> 02:13:33,250

2 to 1 to 71 plus you'll get free

3308

02:13:37,229 --> 02:13:35,230

shipping and free batteries for a year

3309

02:13:40,170 --> 02:13:37,239

one eight hundred four two two one two

3310

02:13:42,420 --> 02:13:40,180

seventy one heart disease is on the rise

3311

02:13:44,610 --> 02:13:42,430

clogged arteries high blood pressure and

3312

02:13:46,800 --> 02:13:44,620

high cholesterol levels may not be fully

3313

02:13:48,350 --> 02:13:46,810

detected by you but the symptoms are

3314

02:13:50,210 --> 02:13:48,360

there loss of energy

3315

02:13:52,400 --> 02:13:50,220

blood sugar spikes and drops poor

3316

02:13:54,290 --> 02:13:52,410

circulation and irregular heartbeat are

3317

02:13:56,510 --> 02:13:54,300

just a few of these that can alert you

3318

02:13:58,760 --> 02:13:56,520

that something is wrong here how heart

3319

02:14:00,860 --> 02:13:58,770

and body extract is making a difference

3320

02:14:02,690 --> 02:14:00,870

in thousands of people's lives across

3321

02:14:04,970 --> 02:14:02,700

America I am blood pressure has

3322

02:14:06,830 --> 02:14:04,980

normalized my diabetes has totally

3323

02:14:08,450 --> 02:14:06,840

improved if you want to tell me now how

3324

02:14:10,100 --> 02:14:08,460

much healthier I look and I'm showing

3325

02:14:11,720 --> 02:14:10,110

everyone how much healthier I feel I

3326

02:14:12,320 --> 02:14:11,730

recommend heartened by the extracts with

3327

02:14:14,030 --> 02:14:12,330

everyone

3328

02:14:16,640 --> 02:14:14,040

anybody over 40 and the North American

3329

02:14:18,380 --> 02:14:16,650

continent should be using this product

3330

02:14:20,240 --> 02:14:18,390

as a preventative to keep their

3331

02:14:22,160 --> 02:14:20,250

cardiovascular system healthy

3332

02:14:23,990 --> 02:14:22,170

order your two months supply today by

3333

02:14:26,360 --> 02:14:24,000

calling a six six two nine five five

3334

02:14:28,610 --> 02:14:26,370

three zero five that's eight six six two

3335

02:14:31,880 --> 02:14:28,620

nine five five three zero five or order

3336

02:14:34,040 --> 02:14:31,890

online HP extract calm heart and body

3337

02:14:40,040 --> 02:14:34,050

extract eight six six two nine five five

3338

02:14:40,050 --> 02:14:44,050

[Music]

3339

02:14:48,050 --> 02:14:46,190

this is Micah Hanks to the graylien

3340

02:14:50,120 --> 02:14:48,060

report and you're listening to the Peres

3341

02:14:54,890 --> 02:14:50,130

cast the gold standard of paranormal

3342

02:14:54,900 --> 02:14:58,830

[Music]

3343

02:15:05,020 --> 02:15:02,709

okay so just a question here that occurs

3344

02:15:08,439 --> 02:15:05,030

from this that your research is coming

3345

02:15:10,600 --> 02:15:08,449

from mostly third party sources you're

3346

02:15:13,089 --> 02:15:10,610

not personally validating this

3347

02:15:16,239 --> 02:15:13,099

information before you put it in your

3348

02:15:17,739 --> 02:15:16,249

study well it's coming from them and

3349

02:15:19,870 --> 02:15:17,749

that's the best we can do with

3350

02:15:22,540 --> 02:15:19,880

questionnaire data right like they're

3351

02:15:23,890 --> 02:15:22,550

telling me their best that they're

3352

02:15:25,719 --> 02:15:23,900

telling me what they think when it comes

3353

02:15:28,270 --> 02:15:25,729

to this questionnaire we always serve

3354

02:15:29,919 --> 02:15:28,280

it's hard to sort of get the truth I

3355

02:15:31,299 --> 02:15:29,929

guess you could say because what they

3356

02:15:33,129 --> 02:15:31,309

like people ask would they be lying

3357

02:15:35,049 --> 02:15:33,139

would they not be this is the best we

3358

02:15:37,149 --> 02:15:35,059

got unless we can actually see these

3359

02:15:39,129 --> 02:15:37,159

dreams in a lab and then we can actually

3360

02:15:40,689 --> 02:15:39,139

know for sure what they're having how

3361

02:15:42,669 --> 02:15:40,699

long they are what kind of theme they

3362

02:15:45,489 --> 02:15:42,679

are but until then this is sort of the

3363

02:15:48,339 --> 02:15:45,499

best we can do with what we got but

3364

02:15:50,589 --> 02:15:48,349

wouldn't it be better to spend more time

3365

02:15:52,449 --> 02:15:50,599

talking to people get a sense of what

3366

02:15:54,160 --> 02:15:52,459

they're saying because it's very

3367

02:15:57,279 --> 02:15:54,170

impersonal to fill out a questionnaire

3368

02:15:59,080 --> 02:15:57,289

or a reason buddies report it is but

3369

02:16:01,629 --> 02:15:59,090

it's the best we can you know I for me

3370

02:16:03,549 --> 02:16:01,639

that's a way to gather a large amount of

3371

02:16:05,640 --> 02:16:03,559

data and you need large amount of data

3372

02:16:08,949 --> 02:16:05,650

to do the analyses that we're doing and

3373

02:16:11,770 --> 02:16:08,959

more than one on one type of interviews

3374

02:16:13,540 --> 02:16:11,780

even though the questionnaire it says

3375

02:16:14,799 --> 02:16:13,550

you know your dream and all that other

3376

02:16:16,870 --> 02:16:14,809

sort of stuff there's also a feedback

3377

02:16:18,189 --> 02:16:16,880

thing so people can write about if they

3378

02:16:19,779 --> 02:16:18,199

want to write about they're the loved

3379

02:16:22,029 --> 02:16:19,789

ones more and a lot of people actually

3380

02:16:24,640 --> 02:16:22,039

after taking the questionnaire actually

3381

02:16:26,290 --> 02:16:24,650

thanked us which is unheard of when it

3382

02:16:28,839 --> 02:16:26,300

comes to doing scientific research

3383

02:16:30,910 --> 02:16:28,849

people aren't really thanking you that

3384

02:16:32,320 --> 02:16:30,920

much but these people are so actually I

3385

02:16:34,929 --> 02:16:32,330

think the way we're asking the questions

3386

02:16:37,689 --> 02:16:34,939

the way we set up our consent form and

3387

02:16:39,160 --> 02:16:37,699

also the debriefing form really validate

3388

02:16:40,360 --> 02:16:39,170

this off Nate I think it normalizes

3389

02:16:42,400 --> 02:16:40,370

experience for them and give an

3390

02:16:44,410 --> 02:16:42,410

understanding of why we're doing what

3391

02:16:45,790 --> 02:16:44,420

we're doing and it can help them out and

3392

02:16:47,919 --> 02:16:45,800

say if they ever have any questions they

3393

02:16:50,200 --> 02:16:47,929

always contact us and we can talk that

3394

02:16:51,910 --> 02:16:50,210

way after I sort of like the data is in

3395

02:16:52,990 --> 02:16:51,920

but that's why I like doing these

3396

02:16:54,729 --> 02:16:53,000

workshops and talking to people

3397

02:16:57,280 --> 02:16:54,739

one-on-one like you get a different

3398

02:16:58,750 --> 02:16:57,290

sense of the data and this is a

3399

02:17:00,700 --> 02:16:58,760

difference between like quantitative and

3400

02:17:02,679 --> 02:17:00,710

qualitative research you know and here

3401

02:17:04,629 --> 02:17:02,689

we are right so this I you gotta have

3402

02:17:06,099 --> 02:17:04,639

both and that's what I love by talking

3403

02:17:07,000 --> 02:17:06,109

these people even though I mean I'll be

3404

02:17:08,559 --> 02:17:07,010

able to publish it

3405

02:17:10,689 --> 02:17:08,569

I can still understand what their

3406

02:17:12,580 --> 02:17:10,699

concerns are what benefits them what

3407

02:17:14,889 --> 02:17:12,590

doesn't and I can actually put that in

3408

02:17:17,440 --> 02:17:14,899

- some of my studies in some way and in

3409

02:17:19,150 --> 02:17:17,450

the context of these studies just to be

3410

02:17:21,820 --> 02:17:19,160

clear again here when you're talking

3411

02:17:26,679 --> 02:17:21,830

about positive versus negative you're

3412

02:17:29,830 --> 02:17:26,689

talking about what is in the mind of the

3413

02:17:31,570 --> 02:17:29,840

experience or something that is positive

3414

02:17:33,219 --> 02:17:31,580

in other words that it makes them feel

3415

02:17:36,969 --> 02:17:33,229

better or gives them some sense of

3416

02:17:39,400 --> 02:17:36,979

comfort or relief from the negative or

3417

02:17:41,740 --> 02:17:39,410

uncomfortable emotional feelings that

3418

02:17:42,520 --> 02:17:41,750

they experience during grief is have I

3419

02:17:44,589 --> 02:17:42,530

got that right

3420

02:17:46,959 --> 02:17:44,599

it's part of it it's it's more of the

3421

02:17:48,879 --> 02:17:46,969

theme so remember the dead dying and ill

3422

02:17:51,520 --> 02:17:48,889

theme and the discomfort theme that I

3423

02:17:53,410 --> 02:17:51,530

shared well I asked those questions in

3424

02:17:55,570 --> 02:17:53,420

the questionnaire and so putting those

3425

02:17:57,610 --> 02:17:55,580

two frequencies together that's a

3426

02:17:59,860 --> 02:17:57,620

negative theme and then similarly for

3427

02:18:03,009 --> 02:17:59,870

the comfort and the healthy and happy

3428

02:18:04,660 --> 02:18:03,019

those are positive images and themes and

3429

02:18:07,839 --> 02:18:04,670

so I put those together so that's how I

3430

02:18:11,020 --> 02:18:07,849

made up the negative is positive so it's

3431

02:18:13,389 --> 02:18:11,030

some people can have a negative or

3432

02:18:15,490 --> 02:18:13,399

positive theme and think it's negative

3433

02:18:17,740 --> 02:18:15,500

in nature but it's more about the what's

3434

02:18:20,620 --> 02:18:17,750

going on in the dream then what occurs

3435

02:18:22,570 --> 02:18:20,630

to me here is do you take a lot of

3436

02:18:24,759 --> 02:18:22,580

demographic information about a person's

3437

02:18:27,370 --> 02:18:24,769

background when you collect these

3438

02:18:29,500 --> 02:18:27,380

experiences okay so do you find that

3439

02:18:33,400 --> 02:18:29,510

particular religions or lack of

3440

02:18:36,790 --> 02:18:33,410

religious belief has any impact whatever

3441

02:18:39,099 --> 02:18:36,800

specific age groups male/female where

3442

02:18:41,410 --> 02:18:39,109

they come from originally yeah and this

3443

02:18:43,690 --> 02:18:41,420

is interesting and the answer's no so

3444

02:18:46,419 --> 02:18:43,700

for what factors uniquely predict

3445

02:18:48,280 --> 02:18:46,429

dreaming of deceased the age has nothing

3446

02:18:50,020 --> 02:18:48,290

to do with a gender we looked at

3447

02:18:52,509 --> 02:18:50,030

intrinsic Willa's religiosity has

3448

02:18:55,719 --> 02:18:52,519

nothing to do with it and so it's very

3449

02:18:58,870 --> 02:18:55,729

interesting how people from all ages all

3450

02:19:00,370 --> 02:18:58,880

cultures all religions are more or less

3451

02:19:02,709 --> 02:19:00,380

having these experiences and in a

3452

02:19:04,480 --> 02:19:02,719

similar fashion I think that's really

3453

02:19:07,060 --> 02:19:04,490

interesting it'd be cool to get more

3454

02:19:08,200 --> 02:19:07,070

data on this to validate the the

3455

02:19:10,570 --> 02:19:08,210

research because it's like one of the

3456

02:19:12,310 --> 02:19:10,580

first studies that are out but yeah it

3457

02:19:13,959 --> 02:19:12,320

seems like that is everyone's happening

3458

02:19:15,310 --> 02:19:13,969

I think the types of dreams these people

3459

02:19:18,700 --> 02:19:15,320

have are probably different based on

3460

02:19:22,660 --> 02:19:18,710

their loss and so just for example if a

3461

02:19:25,540 --> 02:19:22,670

a mother loses a child their dreams

3462

02:19:28,030 --> 02:19:25,550

would be a little different than if a

3463

02:19:30,309 --> 02:19:28,040

you lose a spouse and I just want to

3464

02:19:31,389 --> 02:19:30,319

like get this in there quick just

3465

02:19:34,719 --> 02:19:31,399

because it's I think it's very

3466

02:19:36,400 --> 02:19:34,729

interesting so usually when we dream or

3467

02:19:37,900 --> 02:19:36,410

reduce loved ones they tend to be the

3468

02:19:40,480 --> 02:19:37,910

same age when they passed away like an

3469

02:19:43,270 --> 02:19:40,490

adult sometimes if they die when they're

3470

02:19:46,509 --> 02:19:43,280

older they'll will have dreams where the

3471

02:19:49,690 --> 02:19:46,519

deceased is younger but healthier but

3472

02:19:52,330 --> 02:19:49,700

when it comes to children a lot of

3473

02:19:53,950 --> 02:19:52,340

people say if when they dream of their

3474

02:19:57,250 --> 02:19:53,960

children they dream as though they're

3475

02:19:59,080 --> 02:19:57,260

aged so if they die at two in two years

3476

02:20:00,910 --> 02:19:59,090

or dreaming about them the dream of them

3477

02:20:03,130 --> 02:20:00,920

as if there were four and so I think

3478

02:20:05,410 --> 02:20:03,140

it's very interesting just like so the

3479

02:20:07,830 --> 02:20:05,420

type of loss has an impact in the themes

3480

02:20:10,050 --> 02:20:07,840

that occur but yeah all the other

3481

02:20:14,349 --> 02:20:10,060

demographics don't really have any

3482

02:20:16,150 --> 02:20:14,359

influence right now interesting oh is

3483

02:20:18,280 --> 02:20:16,160

this going to ask okay there does seem

3484

02:20:20,830 --> 02:20:18,290

to be a correlation between how well a

3485

02:20:23,080 --> 02:20:20,840

person knows the person that they're

3486

02:20:24,760 --> 02:20:23,090

dreaming about or the type of the

3487

02:20:27,250 --> 02:20:24,770

strength of the relationship that they'd

3488

02:20:29,610 --> 02:20:27,260

had but you know I've heard a few

3489

02:20:33,219 --> 02:20:29,620

stories from people who say they've

3490

02:20:36,550 --> 02:20:33,229

dreamt about somebody who they didn't

3491

02:20:39,760 --> 02:20:36,560

know who they were and they woke up and

3492

02:20:42,160 --> 02:20:39,770

they go down to the kitchen and all of a

3493

02:20:43,900 --> 02:20:42,170

sudden you know they're seeing their

3494

02:20:46,120 --> 02:20:43,910

parent you know that was looking very

3495

02:20:48,610 --> 02:20:46,130

sad at the coffee table and asked him

3496

02:20:50,980 --> 02:20:48,620

what happened and and you know it's

3497

02:20:52,450 --> 02:20:50,990

somebody that they didn't know that was

3498

02:20:56,050 --> 02:20:52,460

part of the family and extended family

3499

02:20:58,719 --> 02:20:56,060

that has had passed away so I mean how

3500

02:21:00,610 --> 02:20:58,729

do we how do we reconcile those kinds of

3501
02:21:02,380 --> 02:21:00,620
things I mean the person that had this

3502
02:21:04,450 --> 02:21:02,390
one dream that I was I've described a

3503
02:21:06,429 --> 02:21:04,460
person to a tee had never met them

3504
02:21:08,710 --> 02:21:06,439
before and their parent just looked at

3505
02:21:11,320 --> 02:21:08,720
them and said you know that's that's

3506
02:21:14,920 --> 02:21:11,330
your granddad so-and-so

3507
02:21:17,170 --> 02:21:14,930
Wow that's why I like that I said oh you

3508
02:21:19,750 --> 02:21:17,180
just like those dreams really you don't

3509
02:21:21,400 --> 02:21:19,760
know like it could be that I could be

3510
02:21:23,679 --> 02:21:21,410
like the memory thing maybe they talked

3511
02:21:26,290 --> 02:21:23,689
about her sob picture it could be that

3512
02:21:28,090 --> 02:21:26,300
it was an actual visitation or it could

3513
02:21:30,790 --> 02:21:28,100

be their picking up some type of

3514

02:21:32,679 --> 02:21:30,800

telepathy from the parent so the parent

3515

02:21:34,330 --> 02:21:32,689

would have known and so maybe they're

3516

02:21:36,219 --> 02:21:34,340

picking up that kind of imagery from the

3517

02:21:38,020 --> 02:21:36,229

parent you know I don't I don't know but

3518

02:21:38,881 --> 02:21:38,030

it's just very interesting to even talk

3519

02:21:41,251 --> 02:21:38,891

about

3520

02:21:43,350 --> 02:21:41,261

yeah well with telepathy of course now

3521

02:21:46,591 --> 02:21:43,360

we're getting out into that sort of woo

3522

02:21:49,950 --> 02:21:46,601

space but you know I think that we have

3523

02:21:54,060 --> 02:21:49,960

to accept no matter what we look at it

3524

02:21:54,660 --> 02:21:54,070

some sort of information is it is taking

3525

02:21:56,310 --> 02:21:54,670

place

3526
02:21:59,011 --> 02:21:56,320
these people are acquiring information

3527
02:22:01,711 --> 02:21:59,021
in their mind that corresponds

3528
02:22:04,591 --> 02:22:01,721
accurately to some situation that

3529
02:22:08,520 --> 02:22:04,601
they're not normally familiar with so

3530
02:22:11,190 --> 02:22:08,530
the question is what becomes the method

3531
02:22:13,350 --> 02:22:11,200
of information transfer and of course

3532
02:22:16,381 --> 02:22:13,360
something like telepathy actually

3533
02:22:17,700 --> 02:22:16,391
doesn't seem all that unreasonable when

3534
02:22:19,910 --> 02:22:17,710
we consider that our minds are

3535
02:22:25,171 --> 02:22:19,920
transmitters and receivers of various

3536
02:22:26,430 --> 02:22:25,181
frequencies of measurable AM radiation I

3537
02:22:28,410 --> 02:22:26,440
don't know how to explain it

3538
02:22:30,410 --> 02:22:28,420

scientifically but I mean I don't think

3539

02:22:35,041 --> 02:22:30,420

that's beyond the realm of some sort of

3540

02:22:37,261 --> 02:22:35,051

rational questioning no I like telepathy

3541

02:22:39,841 --> 02:22:37,271

you should be able to I think

3542

02:22:40,860 --> 02:22:39,851

investigate that a little bit better but

3543

02:22:42,450 --> 02:22:40,870

when it comes to dreams it's hard to

3544

02:22:44,850 --> 02:22:42,460

catch them right like if you could if

3545

02:22:48,030 --> 02:22:44,860

you could have the experience of that

3546

02:22:50,430 --> 02:22:48,040

and catch it in a lab setting well then

3547

02:22:53,520 --> 02:22:50,440

it'd be easy the problem is they don't

3548

02:22:55,440 --> 02:22:53,530

happen we want them to right and so it's

3549

02:22:58,291 --> 02:22:55,450

because they're you could say random

3550

02:23:01,791 --> 02:22:58,301

that it'd be very difficult to study the

3551

02:23:04,980 --> 02:23:01,801

topic itself but if somebody has

3552

02:23:07,560 --> 02:23:04,990

frequent dreams of this nature can you

3553

02:23:08,940 --> 02:23:07,570

SAP a lab study where you observe them

3554

02:23:11,640 --> 02:23:08,950

when they're sleeping to see what kind

3555

02:23:12,990 --> 02:23:11,650

of measurements you can take oh yeah you

3556

02:23:15,631 --> 02:23:13,000

definitely could I would love to

3557

02:23:17,700 --> 02:23:15,641

actually be a part of that study but

3558

02:23:18,631 --> 02:23:17,710

when it comes to what I've been finding

3559

02:23:20,761 --> 02:23:18,641

out when it comes to these dreams

3560

02:23:22,770 --> 02:23:20,771

they're very very like some people will

3561

02:23:25,410 --> 02:23:22,780

have one dream their entire life other

3562

02:23:28,350 --> 02:23:25,420

people will be more frequent but it's

3563

02:23:31,740 --> 02:23:28,360

not every night and so you know it costs

3564

02:23:33,120 --> 02:23:31,750

a lot to run a lab I said sleep lab and

3565

02:23:35,461 --> 02:23:33,130

then to have them come in and try to

3566

02:23:37,200 --> 02:23:35,471

catch it and say it'll be tough but I

3567

02:23:40,020 --> 02:23:37,210

think for those people who dream of them

3568

02:23:41,551 --> 02:23:40,030

very frequently it could be done and to

3569

02:23:43,110 --> 02:23:41,561

sort of see what's going on but then

3570

02:23:44,850 --> 02:23:43,120

again when it comes to these dreams

3571

02:23:46,650 --> 02:23:44,860

these dreams are different not all

3572

02:23:49,200 --> 02:23:46,660

dreams are the seats of the same some

3573

02:23:51,001 --> 02:23:49,210

are more vivid more real and have a

3574

02:23:52,531 --> 02:23:51,011

different quality to them

3575

02:23:54,031 --> 02:23:52,541

and some of them are just you know there

3576

02:23:55,441 --> 02:23:54,041

in the background and it is part of the

3577

02:23:58,441 --> 02:23:55,451

dream imagery and they don't have that

3578

02:24:00,180 --> 02:23:58,451

sort of emotional appeal or emotional

3579

02:24:01,981 --> 02:24:00,190

sort of arousal that they get when they

3580

02:24:04,881 --> 02:24:01,991

wake up and so it's like trying to

3581

02:24:07,770 --> 02:24:04,891

really differentiate those two types or

3582

02:24:10,140 --> 02:24:07,780

main dreams that people report when it

3583

02:24:12,631 --> 02:24:10,150

comes to this so it's definitely it can

3584

02:24:14,640 --> 02:24:12,641

be done it's just we need money and you

3585

02:24:17,100 --> 02:24:14,650

need time and need someone to be able to

3586

02:24:19,680 --> 02:24:17,110

do it in a sleep lab we've got more with

3587

02:24:28,530 --> 02:24:19,690

Joshua black and gene and Randall you're

3588

02:24:35,969 --> 02:24:31,849

thank you for listening to GCS

3589

02:24:39,849 --> 02:24:35,979

visit GC and live.com today

3590

02:24:42,670 --> 02:24:39,859

as you know neighbors web-hosting can be

3591

02:24:46,210 --> 02:24:42,680

pretty cheap but not all hosting is the

3592

02:24:49,050 --> 02:24:46,220

same dream host wins best of awards year

3593

02:24:51,790 --> 02:24:49,060

after year you get unlimited disk space

3594

02:24:53,880 --> 02:24:51,800

unlimited bandwidth and even the low

3595

02:24:56,980 --> 02:24:53,890

cost plans put your sights on

3596

02:24:59,469 --> 02:24:56,990

high-performance SSDs well I know more

3597

02:25:02,769 --> 02:24:59,479

about what dream host has to offer go to

3598

02:25:07,599 --> 02:25:02,779

tech night outcome slash host once again

3599

02:25:09,309 --> 02:25:07,609

that's tech nikon comm slash host first

3600

02:25:11,349 --> 02:25:09,319

game attack of the rockets and it was a

3601
02:25:13,300 --> 02:25:11,359
critically acclaimed success and now

3602
02:25:15,429 --> 02:25:13,310
there is the coming of the protectors a

3603
02:25:17,710 --> 02:25:15,439
former military intelligence man is

3604
02:25:19,540 --> 02:25:17,720
contacted by a space woman in a dream a

3605
02:25:21,940 --> 02:25:19,550
dream that turns out to be a nightmare

3606
02:25:23,980 --> 02:25:21,950
because evil forces on our distant

3607
02:25:26,320 --> 02:25:23,990
planet are planning to conquer the earth

3608
02:25:28,780 --> 02:25:26,330
this is gripping science fiction of the

3609
02:25:30,519 --> 02:25:28,790
classic kind attack of the rock codes

3610
02:25:32,889 --> 02:25:30,529
and the coming of the protectors

3611
02:25:38,590 --> 02:25:32,899
find out more at Rocko is calm that's

3612
02:25:40,710 --> 02:25:38,600
rock codes are Ock oids calm want

3613
02:25:43,690 --> 02:25:40,720

revenge on the common housefly

3614

02:25:45,639 --> 02:25:43,700

well after 10,000 years someone has

3615

02:25:48,820 --> 02:25:45,649

finally come up with a better way the

3616

02:25:50,889 --> 02:25:48,830

bug assault a miniaturized shotgun which

3617

02:25:53,349 --> 02:25:50,899

utilizes ordinary table salt as

3618

02:25:55,690 --> 02:25:53,359

ammunition non-toxic and no batteries

3619

02:25:58,599 --> 02:25:55,700

required 39.95 plus shipping and

3620

02:26:00,580 --> 02:25:58,609

handling use discount code GCN and

3621

02:26:04,030 --> 02:26:00,590

receive 15% off your purchase at

3622

02:26:07,090 --> 02:26:04,040

bug-a-salt calm fire your flyswatter and

3623

02:26:08,920 --> 02:26:07,100

get your bug assault today it's a no

3624

02:26:10,540 --> 02:26:08,930

brainer a big berkey water filter is the

3625

02:26:12,240 --> 02:26:10,550

one you need period you need a water

3626

02:26:14,559 --> 02:26:12,250

filter that removes chlorine fluoride

3627

02:26:16,870 --> 02:26:14,569

pharmaceuticals BPA and other endocrine

3628

02:26:18,700 --> 02:26:16,880

disrupters pesticides bacteria viruses

3629

02:26:20,679 --> 02:26:18,710

and much more right and does it all at

3630

02:26:22,179 --> 02:26:20,689

only 2 cents per gallon get the original

3631

02:26:24,370 --> 02:26:22,189

and most trusted name in gravity water

3632

02:26:26,590 --> 02:26:24,380

filtration big berkey and now GCM

3633

02:26:29,080 --> 02:26:26,600

listeners receive 5% off ceramic filter

3634

02:26:31,240 --> 02:26:29,090

systems using code GCN call or click one

3635

02:26:33,130 --> 02:26:31,250

a seven seven nine nine Berkey or big

3636

02:26:38,690 --> 02:26:33,140

berkey water filters calm that's one

3637

02:26:43,410 --> 02:26:41,490

actual testimonials from real new mana

3638

02:26:45,961 --> 02:26:43,420

customers I've tried all kinds of food

3639

02:26:47,820 --> 02:26:45,971

storage and new mana is by far the best

3640

02:26:49,500 --> 02:26:47,830

I'm a single mom with two teenage boys

3641

02:26:51,330 --> 02:26:49,510

and a full-time job I don't always have

3642

02:26:52,950 --> 02:26:51,340

time to cook a four-course meal that's

3643

02:26:54,360 --> 02:26:52,960

where no man has been such a blessing I

3644

02:26:56,280 --> 02:26:54,370

can spend less time in the kitchen and

3645

02:26:57,990 --> 02:26:56,290

more time on what matters most like

3646

02:26:58,530 --> 02:26:58,000

helping with homework find out for

3647

02:27:00,660 --> 02:26:58,540

yourself

3648

02:27:05,360 --> 02:27:00,670

order online at the power mall calm

3649

02:27:09,600 --> 02:27:05,370

that's the power mall calm nu mana is

3650

02:27:12,120 --> 02:27:09,610

the Powerball calm investing is a

3651
02:27:13,680 --> 02:27:12,130
long-term process how many times can you

3652
02:27:15,511 --> 02:27:13,690
think of in the last decade that the

3653
02:27:17,220 --> 02:27:15,521
stock market has destroyed retirement

3654
02:27:19,620 --> 02:27:17,230
funds for people just like you and me

3655
02:27:21,511 --> 02:27:19,630
for your existing IRA you need the

3656
02:27:22,110 --> 02:27:21,521
security that gold has provided for

3657
02:27:24,421 --> 02:27:22,120
centuries

3658
02:27:26,761 --> 02:27:24,431
remember gold has never been worth zero

3659
02:27:28,740 --> 02:27:26,771
capital gold would like to introduce you

3660
02:27:31,290 --> 02:27:28,750
to the home storage gold IRA

3661
02:27:33,120 --> 02:27:31,300
it's a self-directed IRA setup with all

3662
02:27:36,000 --> 02:27:33,130
the protection and tax benefits of an

3663
02:27:38,040 --> 02:27:36,010

LLC but the big difference in this IRA

3664

02:27:39,810 --> 02:27:38,050

is you invest in gold and you hold it in

3665

02:27:42,421 --> 02:27:39,820

your possession you can't do that with

3666

02:27:45,120 --> 02:27:42,431

stocks that's security you can transfer

3667

02:27:47,131 --> 02:27:45,130

any type of IRA hassle-free in days

3668

02:27:49,980 --> 02:27:47,141

please call right now I learn more and

3669

02:27:52,261 --> 02:27:49,990

will waive the \$500 setup fee and give

3670

02:27:54,660 --> 02:27:52,271

you a free safe to store your gold eight

3671

02:27:57,660 --> 02:27:54,670

hundred five three five seven seven

3672

02:28:00,631 --> 02:27:57,670

eight nine eight hundred five three five

3673

02:28:03,030 --> 02:28:00,641

seven seven eight nine eight hundred

3674

02:28:05,310 --> 02:28:03,040

five three five seven seven eight nine

3675

02:28:08,881 --> 02:28:05,320

that's eight hundred five thirty five

3676
02:28:11,520 --> 02:28:08,891
seventy seven eighty nine cancer

3677
02:28:14,280 --> 02:28:11,530
categorizes over 100 diseases though we

3678
02:28:15,690 --> 02:28:14,290
do not diagnose treat or cure cancer GCN

3679
02:28:18,150 --> 02:28:15,700
team is offering the Clemson University

3680
02:28:19,740 --> 02:28:18,160
study where there was up to a ninety

3681
02:28:21,900 --> 02:28:19,750
five percent reduction in cancerous

3682
02:28:24,450 --> 02:28:21,910
cells when exposed to a plant derived

3683
02:28:26,131 --> 02:28:24,460
mineral supplement if you or a loved one

3684
02:28:28,801 --> 02:28:26,141
are searching for answers to this

3685
02:28:31,020 --> 02:28:28,811
horrifying disease come to GCN team.com

3686
02:28:33,421 --> 02:28:31,030
or call eight seven seven eight seven

3687
02:28:35,761 --> 02:28:33,431
eight forty 203 will email you a copy

3688
02:28:39,870 --> 02:28:35,771

for free that's eight seven seven eight

3689

02:28:47,581 --> 02:28:44,930

[Music]

3690

02:28:49,560 --> 02:28:47,591

hi this is Bryce label I'm the producer

3691

02:28:51,480 --> 02:28:49,570

of dark skies the co-author of AD after

3692

02:28:53,631 --> 02:28:51,490

disclosure and you are listening to the

3693

02:28:55,990 --> 02:28:53,641

para cast the gold standard of

3694

02:29:03,069 --> 02:28:56,000

paranormal radio

3695

02:29:06,409 --> 02:29:03,079

[Music]

3696

02:29:07,670 --> 02:29:06,419

so Joshua black is with us and we were

3697

02:29:10,460 --> 02:29:07,680

talking about the possibilities of a

3698

02:29:14,630 --> 02:29:10,470

dream lab there's yeah there's sleep

3699

02:29:16,579 --> 02:29:14,640

labs around most dream research is uses

3700

02:29:18,949 --> 02:29:16,589

questionnaires just because it's easier

3701

02:29:19,489 --> 02:29:18,959

and it's more cost efficient but yeah

3702

02:29:21,710 --> 02:29:19,499

there is

3703

02:29:23,899 --> 02:29:21,720

you know I guess people who run dream

3704

02:29:27,199 --> 02:29:23,909

studies and they look at you know

3705

02:29:29,269 --> 02:29:27,209

different aspects of the dreams but they

3706

02:29:31,069 --> 02:29:29,279

haven't looked at this area and so you

3707

02:29:33,559 --> 02:29:31,079

know maybe they want to look at this

3708

02:29:35,569 --> 02:29:33,569

area that'd be cool I'd be more than

3709

02:29:36,590 --> 02:29:35,579

happy to see that happen as I say like I

3710

02:29:38,239 --> 02:29:36,600

don't want to be the only one in this

3711

02:29:40,219 --> 02:29:38,249

field I want this to actually start a

3712

02:29:42,619 --> 02:29:40,229

movement in some way to try to get

3713

02:29:43,760 --> 02:29:42,629

answers and try to find more of what's

3714

02:29:46,309 --> 02:29:43,770

what's going on because I'm really

3715

02:29:48,019 --> 02:29:46,319

curious just what's going on in the

3716

02:29:50,090 --> 02:29:48,029

brain when it happens to these there's

3717

02:29:51,739 --> 02:29:50,100

two different types of Dreams that makes

3718

02:29:53,449 --> 02:29:51,749

me interested in that something I would

3719

02:29:55,429 --> 02:29:53,459

love to figure out if we could catch

3720

02:29:58,609 --> 02:29:55,439

those two things but as I said like

3721

02:30:01,219 --> 02:29:58,619

they're not that easy to track the

3722

02:30:02,779 --> 02:30:01,229

research is very minimal for what we

3723

02:30:05,239 --> 02:30:02,789

need to know to know when these dreams

3724

02:30:07,909 --> 02:30:05,249

may be occur has anyone thought to

3725

02:30:10,550 --> 02:30:07,919

consider whether the people who have

3726

02:30:12,559 --> 02:30:10,560

these dreams more frequently have other

3727

02:30:15,739 --> 02:30:12,569

experiences paranormal experiences

3728

02:30:17,840 --> 02:30:15,749

seeing strange things in the sky ghosts

3729

02:30:19,760 --> 02:30:17,850

things like that oh great question

3730

02:30:21,260 --> 02:30:19,770

there's a good question no I think

3731

02:30:24,290 --> 02:30:21,270

you're the first one to ask me that so

3732

02:30:27,439 --> 02:30:24,300

congratulations and so if only we could

3733

02:30:29,869 --> 02:30:27,449

fund you to do some research life would

3734

02:30:31,309 --> 02:30:29,879

be easier but no I said like when I say

3735

02:30:33,710 --> 02:30:31,319

there's not a lot of research there's

3736

02:30:35,929 --> 02:30:33,720

really not a lot of research and so I'm

3737

02:30:38,540 --> 02:30:35,939

really starting at the bare minimum like

3738

02:30:40,130 --> 02:30:38,550

are there themes that are common like or

3739

02:30:41,960 --> 02:30:40,140

is it even common to have these dreams

3740

02:30:43,969 --> 02:30:41,970

for the breed like this is very like

3741

02:30:45,619 --> 02:30:43,979

simple stuff like why are some dreams

3742

02:30:48,260 --> 02:30:45,629

pause in a like this should have been

3743

02:30:49,880 --> 02:30:48,270

asked you know 40 years ago but like for

3744

02:30:51,889 --> 02:30:49,890

whatever reason we're just starting to

3745

02:30:54,170 --> 02:30:51,899

sort of get that information out now so

3746

02:30:55,849 --> 02:30:54,180

I think after this comes out then we

3747

02:30:57,949 --> 02:30:55,859

start looking at more of those other

3748

02:31:00,349 --> 02:30:57,959

connections and okay like who else is

3749

02:31:02,869 --> 02:31:00,359

having these experiences and does that

3750

02:31:05,540 --> 02:31:02,879

maybe predict true me of the deceased

3751

02:31:08,119 --> 02:31:05,550

I don't know bye no dream recall is a

3752

02:31:11,479 --> 02:31:08,129

big predictor of that have you heard of

3753

02:31:12,649 --> 02:31:11,489

Michael Persinger no oh well this is

3754

02:31:16,001 --> 02:31:12,659

something that you should definitely

3755

02:31:19,451 --> 02:31:16,011

check into he's neuroscientist loss

3756

02:31:21,400 --> 02:31:19,461

he thinks that all phenomena including

3757

02:31:23,230 --> 02:31:21,410

consciousness and spiritual experiences

3758

02:31:25,841 --> 02:31:23,240

and paranormal events can be explained

3759

02:31:28,001 --> 02:31:25,851

by universal physical mechanisms that

3760

02:31:31,240 --> 02:31:28,011

can be studied using the scientific

3761

02:31:32,860 --> 02:31:31,250

method he created something that sort of

3762

02:31:36,461 --> 02:31:32,870

loosely referred to as the god helmet

3763

02:31:39,131 --> 02:31:36,471

that actually puts e/m waves through

3764

02:31:42,131 --> 02:31:39,141

people's brains in his experiments

3765

02:31:44,591 --> 02:31:42,141

people actually can see in some cases

3766

02:31:46,961 --> 02:31:44,601

their dead relatives standing before

3767

02:31:50,081 --> 02:31:46,971

them as clearly as if they were really

3768

02:31:51,730 --> 02:31:50,091

there interesting it is set up yes you

3769

02:31:53,831 --> 02:31:51,740

should definitely look into some of his

3770

02:31:57,280 --> 02:31:53,841

work because he's fairly controversial

3771

02:32:00,121 --> 02:31:57,290

but he's a genuine scientist somebody I

3772

02:32:02,501 --> 02:32:00,131

believe I think he's Canadian as well

3773

02:32:04,600 --> 02:32:02,511

okay yeah I'll definitely look into him

3774

02:32:07,121 --> 02:32:04,610

I haven't heard of him before but yeah

3775

02:32:09,100 --> 02:32:07,131

if he's doing some research and I'll

3776

02:32:12,041 --> 02:32:09,110

look into it and and see what he's doing

3777

02:32:13,180 --> 02:32:12,051

and and his approach to it and be very

3778

02:32:16,180 --> 02:32:13,190

interesting to see if I can learn

3779

02:32:17,770 --> 02:32:16,190

something if not that's okay but at

3780

02:32:19,001 --> 02:32:17,780

least I can sort of understand more of

3781

02:32:21,310 --> 02:32:19,011

what he's doing what he's trying to

3782

02:32:22,631 --> 02:32:21,320

attempt to do and what he's finding we

3783

02:32:24,011 --> 02:32:22,641

need to go sort of look at the results

3784

02:32:26,470 --> 02:32:24,021

and as I said like I don't know about

3785

02:32:28,990 --> 02:32:26,480

them and probably one way be I don't

3786

02:32:31,541 --> 02:32:29,000

know about because I haven't seen them

3787

02:32:33,581 --> 02:32:31,551

in my social media yet right so we live

3788

02:32:35,440 --> 02:32:33,591

in a different world that you know we

3789

02:32:37,421 --> 02:32:35,450

need to get the information out there to

3790

02:32:39,161 --> 02:32:37,431

really start you know talking about this

3791

02:32:42,430 --> 02:32:39,171

stuff in a new way even when it comes to

3792

02:32:44,350 --> 02:32:42,440

dreams or save religious experiences and

3793

02:32:46,211 --> 02:32:44,360

what the findings are but the sad thing

3794

02:32:47,591 --> 02:32:46,221

is a lot of researchers they they don't

3795

02:32:48,881 --> 02:32:47,601

right cuz it's not really their concern

3796

02:32:50,530 --> 02:32:48,891

the concern is to do the research and

3797

02:32:52,001 --> 02:32:50,540

that's what they spend a lot of time and

3798

02:32:54,310 --> 02:32:52,011

money on and it's a lot of work to do

3799

02:32:56,860 --> 02:32:54,320

this the social media aspect Oh No

3800

02:32:58,451 --> 02:32:56,870

kidding very time-consuming do you think

3801

02:33:00,671 --> 02:32:58,461

that you could your studies could

3802

02:33:04,810 --> 02:33:00,681

benefit from something like a number of

3803

02:33:06,671 --> 02:33:04,820

MRI readouts and so on have you consider

3804

02:33:09,850 --> 02:33:06,681

looking at that approach to compare the

3805

02:33:13,091 --> 02:33:09,860

actual brain conditions of people who

3806

02:33:16,511 --> 02:33:13,101

are experiencing grief no night not yet

3807

02:33:19,511 --> 02:33:16,521

as I said like it's very expensive to do

3808

02:33:21,690 --> 02:33:19,521

studies when it comes to MRIs or sleep

3809

02:33:24,131 --> 02:33:21,700

labs and you need this specific question

3810

02:33:26,440 --> 02:33:24,141

involved with dreaming of the sea so

3811

02:33:28,211 --> 02:33:26,450

it'd be like the problem is 80 most

3812

02:33:29,229 --> 02:33:28,221

people will have a dream at some point

3813

02:33:30,849 --> 02:33:29,239

of life and as

3814

02:33:33,880 --> 02:33:30,859

time goes on they tend to that number

3815

02:33:35,439 --> 02:33:33,890

sort of increases so I have to basically

3816

02:33:37,149 --> 02:33:35,449

find a question I don't know much about

3817

02:33:39,779 --> 02:33:37,159

MRIs so I have to understand sort of

3818

02:33:42,099 --> 02:33:39,789

what it does and how it can relate to

3819

02:33:43,359 --> 02:33:42,109

dreaming of the ceased but yeah like

3820

02:33:44,979 --> 02:33:43,369

it's not out of the question to use

3821

02:33:47,409 --> 02:33:44,989

different technologies to study this

3822

02:33:50,139 --> 02:33:47,419

subject they're very useful and they're

3823

02:33:52,899 --> 02:33:50,149

being used by people to try and answer

3824

02:33:54,399 --> 02:33:52,909

some of these kinds of questions you

3825

02:33:56,380 --> 02:33:54,409

could probably include that in your

3826

02:33:59,739 --> 02:33:56,390

questionnaire as a question have you had

3827

02:34:02,170 --> 02:33:59,749

any reason to have an MRI lately or you

3828

02:34:05,529 --> 02:34:02,180

know have you had any type of other

3829

02:34:06,880 --> 02:34:05,539

psychological evaluation done and if you

3830

02:34:09,399 --> 02:34:06,890

could get their permission then if

3831

02:34:11,889 --> 02:34:09,409

you've got people who have had those

3832

02:34:13,269 --> 02:34:11,899

kind of tests done to get hold of those

3833

02:34:15,399 --> 02:34:13,279

tests and that could reduce a lot of

3834

02:34:18,579 --> 02:34:15,409

your expenses and provide you with some

3835

02:34:21,929 --> 02:34:18,589

actual hard scientific data to compare

3836

02:34:24,699 --> 02:34:21,939

against us you know a so-called baseline

3837

02:34:26,139 --> 02:34:24,709

control group yeah you have to catch it

3838

02:34:29,050 --> 02:34:26,149

to like it has to be after they've lost

3839

02:34:31,929 --> 02:34:29,060

their loved one and yeah like tom is a

3840

02:34:33,760 --> 02:34:31,939

huge factor I like when it's done and if

3841

02:34:35,739 --> 02:34:33,770

it's more in a controlled setting it's

3842

02:34:37,389 --> 02:34:35,749

hard to just collect the dad that day

3843

02:34:38,859 --> 02:34:37,399

give you know you'd have to actually I

3844

02:34:40,749 --> 02:34:38,869

think put them yourself get the

3845

02:34:41,319 --> 02:34:40,759

questionnaires done and run them like

3846

02:34:43,389 --> 02:34:41,329

together

3847

02:34:44,889 --> 02:34:43,399

so at the time as you know time is a big

3848

02:34:47,079 --> 02:34:44,899

like it's important when it comes to

3849

02:34:49,179 --> 02:34:47,089

sort of collecting scientific data but

3850

02:34:52,029 --> 02:34:49,189

yeah I think there is something there

3851
02:34:54,340 --> 02:34:52,039
and the more we technology grows rightly

3852
02:34:56,800 --> 02:34:54,350
just continues to grow hopefully we can

3853
02:34:58,989 --> 02:34:56,810
use that as a way to understand this

3854
02:35:00,969 --> 02:34:58,999
phenomena and understanding all sorts of

3855
02:35:02,979 --> 02:35:00,979
sort of paranormal experiences to a new

3856
02:35:04,300 --> 02:35:02,989
degree and that's what I'm exciting with

3857
02:35:06,130 --> 02:35:04,310
what's you know it's all coming out

3858
02:35:08,920 --> 02:35:06,140
because it's allowing us to research

3859
02:35:10,899 --> 02:35:08,930
different areas more effectively so you

3860
02:35:13,539 --> 02:35:10,909
don't dismiss obviously the possibility

3861
02:35:16,139 --> 02:35:13,549
that all these dreams are genuine that

3862
02:35:18,819 --> 02:35:16,149
people are having some kind of encounter

3863
02:35:21,760 --> 02:35:18,829

subconsciously with the dead loved one

3864

02:35:24,369 --> 02:35:21,770

or whoever is there again that these

3865

02:35:27,670 --> 02:35:24,379

experiences these dreams represent a

3866

02:35:30,639 --> 02:35:27,680

reality of some sort it's not just your

3867

02:35:32,499 --> 02:35:30,649

subconscious making up something you're

3868

02:35:34,989 --> 02:35:32,509

really interacting with some outside

3869

02:35:37,719 --> 02:35:34,999

force possibly as I said the dead

3870

02:35:40,381 --> 02:35:37,729

relative possibly just an external force

3871

02:35:42,631 --> 02:35:40,391

something that I kind of brought up at

3872

02:35:44,761 --> 02:35:42,641

the early part of the show yeah I'm not

3873

02:35:47,190 --> 02:35:44,771

against that approach and said we can't

3874

02:35:49,140 --> 02:35:47,200

test it and people always asked people

3875

02:35:51,690 --> 02:35:49,150

is code to ask is this a visitation

3876

02:35:53,551 --> 02:35:51,700

dream I'm like I can't tell you that

3877

02:35:55,951 --> 02:35:53,561

I go what does it feel like to you and

3878

02:35:57,871 --> 02:35:55,961

then we can go with that but I said

3879

02:36:00,810 --> 02:35:57,881

unless I can talk to the deceased to let

3880

02:36:02,251 --> 02:36:00,820

them to ask them and and say hey were

3881

02:36:04,770 --> 02:36:02,261

you in this dream at this time with this

3882

02:36:06,751 --> 02:36:04,780

day we can't do that yet all we have is

3883

02:36:08,491 --> 02:36:06,761

a person sort of personal experience

3884

02:36:10,381 --> 02:36:08,501

with the dream so I can't deny the

3885

02:36:11,821 --> 02:36:10,391

experience but we just can't test it

3886

02:36:14,581 --> 02:36:11,831

scientifically so I'm not against it

3887

02:36:17,371 --> 02:36:14,591

though what you can obviously test is

3888

02:36:19,741 --> 02:36:17,381

whether someone has a dream and somebody

3889

02:36:21,140 --> 02:36:19,751

dies the next day of course you can't do

3890

02:36:24,600 --> 02:36:21,150

it when they tell you 10 years later

3891

02:36:26,071 --> 02:36:24,610

right yeah but once it happens mm-hmm

3892

02:36:27,781 --> 02:36:26,081

but you'd have to be like you have to

3893

02:36:29,310 --> 02:36:27,791

catch that I guess once the information

3894

02:36:30,781 --> 02:36:29,320

gets out there more people have these

3895

02:36:33,511 --> 02:36:30,791

experiences they can give it to you

3896

02:36:35,821 --> 02:36:33,521

right away like if I had like a study

3897

02:36:37,230 --> 02:36:35,831

and going on collecting people's

3898

02:36:39,571 --> 02:36:37,240

premonition dreams that you're talking

3899

02:36:41,100 --> 02:36:39,581

about of you know when the deceased died

3900

02:36:43,201 --> 02:36:41,110

soon after is to get those right away

3901

02:36:45,961 --> 02:36:43,211

and people send those to me that's

3902

02:36:47,430 --> 02:36:45,971

probably the easiest way to do that but

3903

02:36:49,020 --> 02:36:47,440

then you just need funding and you know

3904

02:36:50,881 --> 02:36:49,030

all that sort of set up ahead of time

3905

02:36:52,680 --> 02:36:50,891

but yeah it's not out of the question

3906

02:36:54,991 --> 02:36:52,690

you need the the time and you need

3907

02:36:57,541 --> 02:36:55,001

people to know that you're doing the

3908

02:36:59,730 --> 02:36:57,551

work can you tell our listeners if they

3909

02:37:01,980 --> 02:36:59,740

have more interest in what you're

3910

02:37:03,810 --> 02:37:01,990

studying where can they check out your

3911

02:37:05,190 --> 02:37:03,820

site and how do they get in touch with

3912

02:37:07,801 --> 02:37:05,200

you okay

3913

02:37:10,650 --> 02:37:07,811

hey so yeah you can go to grief dreams

3914

02:37:12,720 --> 02:37:10,660

dot CA and on there you can find links

3915

02:37:14,821 --> 02:37:12,730

all sorts of stuff I have you know my

3916

02:37:16,411 --> 02:37:14,831

contact is on there different research

3917

02:37:18,241 --> 02:37:16,421

articles different things that we talked

3918

02:37:20,761 --> 02:37:18,251

about today on the show different themes

3919

02:37:22,921 --> 02:37:20,771

and content is also on there if the in

3920

02:37:25,020 --> 02:37:22,931

my Instagram page at grief dreams same

3921

02:37:26,791 --> 02:37:25,030

things about Twitter at grief dreams you

3922

02:37:28,951 --> 02:37:26,801

have the grief Dreams Facebook group and

3923

02:37:30,480 --> 02:37:28,961

there there's hundreds of dreams people

3924

02:37:32,821 --> 02:37:30,490

have shared and so feel free to go on

3925

02:37:34,621 --> 02:37:32,831

there read about them even post your own

3926

02:37:36,091 --> 02:37:34,631

we always love having that then also

3927

02:37:37,711 --> 02:37:36,101

have the grief Dreams podcast so if you

3928

02:37:40,161 --> 02:37:37,721

like hearing more about the subject you

3929

02:37:42,810 --> 02:37:40,171

know come listen to to me try to

3930

02:37:44,551 --> 02:37:42,820

interview people on the other end of

3931

02:37:45,751 --> 02:37:44,561

this and they have their own dream some

3932

02:37:47,071 --> 02:37:45,761

people have positive ones and other

3933

02:37:48,600 --> 02:37:47,081

people have negative one so but

3934

02:37:51,390 --> 02:37:48,610

everything can be found at grief dreams

3935

02:37:53,040 --> 02:37:51,400

CA you can find us on Twitter look for

3936

02:37:55,649 --> 02:37:53,050

the power cast on Twitter

3937

02:37:57,420 --> 02:37:55,659

we also want you to check out our second

3938

02:37:59,189 --> 02:37:57,430

radio show after the power cast what

3939

02:38:01,380 --> 02:37:59,199

we'll talk about this maybe have a

3940

02:38:03,899 --> 02:38:01,390

surprise guest or two after the power

3941

02:38:06,029 --> 02:38:03,909

cast is only available if you subscribe

3942

02:38:09,210 --> 02:38:06,039

to the power cast plus you have to go to

3943

02:38:10,710 --> 02:38:09,220

plus stop the power cast com PL us stop

3944

02:38:13,069 --> 02:38:10,720

the power cast com

3945

02:38:15,000 --> 02:38:13,079

remember also that you get the

3946

02:38:17,639 --> 02:38:15,010

commercial-free version of this show

3947

02:38:21,510 --> 02:38:17,649

with better quality audio some videos

3948

02:38:24,420 --> 02:38:21,520

and other stuff more content coming plus

3949

02:38:25,139 --> 02:38:24,430

dot the para cast com we want you to

3950

02:38:27,330 --> 02:38:25,149

sign up

3951

02:38:29,910 --> 02:38:27,340

Joshua black thank you so much for

3952

02:38:31,139 --> 02:38:29,920

joining us on the power cast thank you

3953

02:38:33,359 --> 02:38:31,149

James so much for having me on

3954

02:38:36,090 --> 02:38:33,369

I appreciate you taking the time which

3955

02:38:37,559 --> 02:38:36,100

is the longest any of you have done and

3956

02:38:39,149 --> 02:38:37,569

I appreciate all the work that you're

3957

02:38:53,630 --> 02:38:39,159

doing and talking about this stuff and

3958

02:39:00,059 --> 02:38:57,149

the para cast featuring gene Steinberg

3959

02:39:03,050 --> 02:39:00,069

and Christopher O'Brien is a copyrighted

3960

02:39:04,229 --> 02:39:03,060

presentation of making the impossible

3961

02:39:08,269 --> 02:39:04,239

Incorporated